



ZONTA CLUB OF BRISBANE NORTH INC
NEWSLETTER **March 2008**
 PO Box 368, Spring Hill, Qld, 4004

Remember ZONTA on the WEB!!!! www.zontadistrict24.org OR www.zonta.org

Dates to Remember	
Zonta Club of Brisbane North Inc	
Dinner Meeting United Service Club	Monday 10th March 2008 6.30pm for 7.00pm start
Board Meeting – 20 Millwood Street Bardon.	Monday 31 st March, 2008 at 5.30 pm
Thurs March 6 th : <i>UNIFEM International Women's Day Breakfast.</i> 6.45 for 7.00am, Brisbane Convention Centre.	
Sun March 16 th . <i>Area 3 & 5 Workshop.</i> Noosa. Registration materials emailed to all.	
Sat. March 8 th . <i>International Women's Day</i>	
Fri June 27- Wed July 2. <i>ZI International Convention in Rotterdam.</i>	

<i>The Board</i>	
President:	Pauline Guthrie
Vice President:	Narelle Fraser
Corres. Sec:	Jenni Jolly
Minutes Sec:	Pam Beavis
Treasurer:	Margaret Marshall
Directors:	Ann Jones
	Glenda Gobe
	Karen Peterson
	Jennie Watt

<i>Committees</i>	<i>Meetings</i>
Status of Women Service Awards Sub-Committee Chair: – Gina Brosnan Ph: 07 3878 9645 brosnan@brigidine.qld.gov.au	Meets prior to Dinner Meeting at USC 6.00 pm.
Service and LAA Sub-Committee Chair: Glenda Gobe Ph: 3355 9256 (w) 3365 5301 g.gobe@uq.edu.au	
Organisation, Membership and Classification Chair: Linda Fletcher Ph (H)3376 5690 (W)3240 2779 Lin_Fletcher@health.qld.gov.au	Meets prior to Dinner Meeting at USC 6.00 pm.
United Nations Chair: Patricia Rego Ph 3870 0935 (w) 3346 4683 p.rego@uq.edu.au	Meets prior to Dinner Meeting at USC 6.00 pm.
Public Relations and Communications Chair: Maggie Williams Ph 3392 3310 (w) 3217 4977 weswill@piskp.com.au	
Newsletter Editor (Interim) Pauline Guthrie Ph: 07 33609 4232 rgpil@gil.com.au	Copy for the Club Newsletter to be sent no less than 10 days before the Dinner Meeting.
Parliamentarian	Barbara Newton

Reminder!!!!

Apologies for Dinner Meeting are to be made to Noreen Gorman by 9.00 AM on Friday 9th November, 2007.
Without an apology, payment for the meal is obligatory.

Are you bringing a guest to the Dinner Meeting – does Noreen know?
 Any special dietary requirements – does Noreen know?

Please Note:

It is important that Noreen is informed of the precise number of guests who will be coming to the April dinner meeting as we have booked the larger dining (Glasgow) room. As this is our first important fundraiser for the year, we are aiming to fill the room to capacity! (120)

Don't forget to wear your **Name Badge**

Remember to put your money in an envelope with the amount (cash or cheque) including the date of the Dinner Meeting.

From the President

It has been a **gratifying start to the year with our first busy meeting successful on a number of levels.** Our Grant Application recipients were warmly welcomed and very happy to receive our contributions to their enterprises. We shall hear more of their work as the year progresses and have invited them to speak to update us on their work at a later date. Jillian Dray and Mary Jane Lawson also received their Advancement Grants, encouraging us with their passion and vision.

Our guest speaker for the night, Judith Charnaud, an ex-teacher working for OzGreen in Oecusse, gave us an excellent overview of her work there with the people of East Timor. Women there do it very tough, ageing quickly due to malnutrition, child-bearing (starting at approx. 16 yrs of age), and the heavy physical demands placed on them. 40% of the entire population lives in grinding poverty, on less than \$1.00/day and 2 litres of water. They survive by weaving cloth. 60% of people do not have safe drinking water. Health, nutrition, literacy, numeracy and the provision of safe water are the imperatives of life. Sand filtration units are the most efficient and cost-effective way of providing the latter, a project the Chair of our UN Committee is suggesting we support. It was both an instructive and encouraging evening, especially in hearing that in spite of the basic struggle to survive, these women are always smiling, never complaining and just get on with it!

You will by now have received the latest Board minutes with our decision on our exciting **new fundraising venture on the April 14th dinner meeting.** **And because it is a fundraiser, we have decided to charge \$60.00 per person for the dinner, \$25.00 of which will be each person's contribution to helping accommodate/upskill homeless women of Brisbane.** Dale Spender, an author and new technology consultant, along with other local business women, started up the Second Chance Programme for homeless women in 2000. She has agreed to be our guest speaker – very exciting as she will tell us how her organization has helped provide aid and facilities for 80 + young women who are now off the streets and living new lives in the community!

This initiative is one of many we could have chosen, but as speakers such as Lisa Newman and others come to tell us of their efforts and raise our awareness of various needs, it seems reasonable for us to respond proactively to an obvious need, if members agree, as indeed we have. Zonta Clubs have always been encouraged to meet local needs as we discovered in chatting with Bonnie Schumacher, ZI International President at the District meeting last year, and indeed clubs all over the world respond in this way. Certainly, through this venture, I hope that we can broaden our sphere of influence, raise the profile of Zonta and our club in Brisbane, and discover how easy and enjoyable it can be to raise money in this way!

So, my personal thanks, as well as that of the Board, to all of you for your support. **Please use all personal and corporate networks to gain as much public support as possible.** Could I ask for a strong commitment from each of us to do our best to fill the room? It would be a shame not to have every table filled. We are working on a flyer as I write, and aim to have some wonderful musical accompaniments to the evening as well. Vicki Lomax and I will attend to the seating arrangements. It is probably important that we have a good idea of numbers by our March dinner meeting. We will get the flyer to you asap.

Looking forward to seeing you all on Monday evening,
Pauline Guthrie

Editor's Message

Our March dinner meeting promises to be relaxing and cheerful. **Kate Chambers**, School Captain of Ferny Grove State High School, will receive her **YWPA 2008** award. Our Status of Women Service Awards Sub-Committee (Gina, (Chair), June, Rita, Jocelyn and Jenni Jolly), unanimously agreed that Kate had a clear edge because of her international experience with World Vision and their youth arm Vision Generation. She has been one of their Youth Ambassadors and hopes to complete an MBBS program. So we can look forward to hearing from her.

Noreen Gorman will also delight us with a "Profile talk" about her life and work. Noreen has been a long-term supporter of our club and works very hard alongside Maggie throughout the past years to procure good items for our clothing stall at the Fair and other fundraising venues. She has had an interesting and eventful journey and it will be wonderful to get to know her better!

We will also be inducting a **new member, Ann Vinning**, to our club. Thanks to Linda and her Committee for making all the arrangements.

Is anyone planning to join me at the **Area 3 & 5 workshop at Noosa on Sunday 16th April??** Registration costs \$45.00 and I have sent you the forms. One could also take in the National Park, the Farmer's Market, a visit to the Eumundi Markets or the Ginger factory. These are great once-a-year opportunities to make new friends and shore up relationships with other clubs. For any queries, ring Janet Mitchell, (07) 5448 2768.

For those who have booked, there is the **UNIFEM International Women's Day Breakfast** this Thursday morning (March 6th), at the Brisbane Convention Centre: 6.45 for 7.00am. Thank you very much Margaret for organizing this for us.

Did you see our lovely **Jane Prentice** featured in the 'Books' section of *The Courier Mail* last weekend (p. 23, March 1-2)? Glad to see that in her very busy schedule there is some time for a light read. Well done, Jane!

Joan is still soldering on, although there has not been much progress in her ability to communicate. **Mercia** is doing well having had surgery in the Wesley. We will see her next Monday evening. **Barbara** is recovering from her bout with shingles. We have sent our best wishes to all three and look forward to hearing good news.

That's all for now.....

See you Monday,

Pauline.

Some snippets...

Interesting Reading

Explaining, and preventing, intimate partner violence is the title of a paper presented by Dr Michael Flood, Nov 2007.

In his paper Dr Flood focuses on working with men to prevent violence against women. He offers a framework of six key levels of intervention in violence prevention.

- Level 1: Strengthening Individual Knowledge and Skills
- Level 2: Promoting Community Education
- Level 3: Educating Providers
- Level 4: Engaging, Strengthening and Mobilising Communities
- Level 5: Changing Organisational Practices
- Level 6: Influencing Policies and Legislation

He writes about the challenges and in an earlier paper concluded with "While some men are part of the problem, all men are part of the solution." April 2007

In the Name of Honour.

Author: Mukhtar Maj

Mukhtar Maj turned a harrowing experience into a book and is now helping women around the world.
www.mukhtarmaiww.com

2006-2008 SoWS Goals

- To improve the legal, political, economic, educational, health and professional status of women
- To provide service at the local and global level
- To increase our commitment to service by the wise use of our time, talent and money

Stephanie Peters
Chair, SOWS District 24

Email:
stephaniepeters@optusnet.com.au

International Women's Day is being celebrated by many of the clubs in our district (District 24).

Rockhampton: working bee for breast cushions, high tea being planned. **Bowen:** In the Zone-Healthy Bones' health forum for Years 10 and 11 students at Bowen State High School. **Gold Coast:** are planning to inspire women to look into themselves rather than at themselves at their IWD event. **Port Macquarie:** Art and Craft Fair, Art Show. **Moree:** Parenting Room. **Townsville:** Health Seminar. **Mackay and Bundaberg:** Birthing kit Assembly Days. **Caloundra:** Health Seminar

The above snippets come by courtesy of the *Status of Women Service Newsletter*, No 6 Feb 2008. They are included for your information and interest.



-ADVANCING THE STATUS OF WOMEN WORLDWIDE

ZONTA CLUB OF BRISBANE NORTH INC
NEWSLETTER MAY 2008
 PO Box 368, Spring Hill, Qld, 4004

Remember ZONTA on the WEB!!!! www.zontadistrict24.org or www.zonta.org

Dates to Remember	
Zonta Club of Brisbane North Inc	
Dinner Meeting United Service Club	Monday 12th May 2008 6.30pm for 7.00pm start - AGM will be held
Board Meeting – 20 Millwood Street Bardon.	Monday 26 th May, 2008 at 5.30 pm
May 15 th : International Day of Families	
May 29 th : International Day of UN Peacekeepers	
June 4 th : International Day of Innocent Children Victims of Aggression	
June 5 th : World Environment Day	
June 1978 – first dinner meeting held for our Club	
NB: your notice could appear here!	
Fri June 27- Wed July 2. <i>Zonta International</i> <i>Convention in Rotterdam.</i>	
Sat 19 th July: Zonta Fair being held this year on our 1 st baby's birthday! 30 - just like our club!	
Nov 8 th : Zonta's birthday – 89 and still going strong!	

The Board

President: Watch this
Vice President: space!
Corres. Sec:
Minutes Sec:
Treasurer:
Directors:

<i>Committees</i>	<i>Meetings</i>
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Public Relations and Communications Chair: Maggie Williams Ph 3392 3310 (w) 3217 4977 Updated email address?	

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From the President

(As you know, from reading her emails, our President, Pauline, is companioning her mother at a difficult time. I am sure all club members send best wishes (and prayers?) to Pauline at this time and fully understand why her usual "column" is missing.)

From the Editor – That conjures up my sitting in a smoke-filled room with a pencil behind my ear! The reality is that it's Jimmy Olsen with nothing to write about. Consequently there has been a lot of time devoted to little things – see how many you can spot! Also please don't bring any mistakes to my attention (unless they are glaring) as some will be made from time to time to ensure you are all reading this missive!

Congratulations to everyone involved in our Club's **fantastic fundraising dinner** last month. I will ensure I have all the details to put in the June newsletter.

Lastly at our dinner meeting we need to toast the new Zonta Club of Sandgate. Welcome!

Regards Barbara N



-ADVANCING THE STATUS OF WOMEN WORLDWIDE

ZONTA CLUB OF BRISBANE NORTH INC
NEWSLETTER *June 2008*
 PO Box 368, Spring Hill, Qld, 4004

Remember ZONTA on the WEB!!!! www.zontadistrict24.org or www.zonta.org

Dates to Remember	
Zonta Club of Brisbane North Inc	
Dinner Meeting	Monday 16 th June 2008
United Service Club	6.30pm for 7.00pm start
Board Meeting – 20	Monday 30 th June, 2008 at
Millwood Street	5.30 pm
Bardon.	
May 12 th : International Nurses' Day	
June 17 th : World Day to Combat Desertification and Drought	
June 20 th : World Refugee Day	
June 26 th : International Days (a) against Drug Abuse and Illicit Trafficking (b) supporting Victims of Torture	
June 27- July 2. <i>Zonta International Convention in Rotterdam.</i>	
Sat 19 th July: Zonta Fair being held this year on our 1 st baby's birthday! 30 - just like our club!	
Nov 8 th : Zonta's birthday – 89 and still going strong!	

The Board

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Newsletter Editor Barbara Newton Ph: 07 3376 1186 bigred_bln@hotmail.com	Copy for the Club Newsletter to be sent no less than 10 days before the Dinner Meeting.
Parliamentarian	Barbara Newton

From The President

Firstly, **let me thank each of you** for your cards, emails and messages of condolences on the recent passing of my mother, as well as the lovely bunch of flowers which graced our dining room. I was greatly comforted by your compassion and support at this time, a time which we must all face; but each journey is a singular one, made easier by friends such as each one of you. It has been a trying time, during which I have found other responsibilities difficult to meet, but I have been very grateful for everyone's help. I also have a fresh appreciation of the value of the real 'fellowship' we enjoy in our club, and what it means to belong to such a wonderful group of ladies. Thank you all.

We have also had the pleasure of a very successful fundraiser for the Second Chance Programme for homeless girls in Brisbane, and I am pleased to report that we raised over \$4000 on the night, with over 100 attendees. **The money has been placed in the Service Fund, which will make a donation of \$4000 to the Second Chance Programme.** That is an excellent result for our club, and raises expectations around possibilities for other creative local projects under the Zonta banner in the future. You may have noted the photo and informative text in the *Brisbane Circle* (May 2008, Vol 20, No 9, p 8), taken by Editor Di Watson on the night. It puts our evening, our cause and our Club on the map! Well done Brisbane North!

Our **May dinner meeting and AGM** allowed for a very fruitful discussion of the Rotterdam motions, the outcome of which we will pass on to Judith Beal as our proxy at the ZI Conference at the end of this month. My personal thanks to Narelle for chairing the meeting and to Barbara Newton for chairing the discussion of proposals. Barbara and

Narelle will be organizing a committee to review our club's bylaws. The aim will be to gain some greater measure of executive freedom, as well as to refresh us all in the matter of what our bylaws do and do not allow.

Last Monday evening our old Board and our two new members (Claire and Linda), met for a **changeover dinner at The Coffee Club in Milton**. We had a good time with some fruitful discussion in a relaxed atmosphere. **Our new Board will be inducted by Vicki Varthas at our next Dinner meeting (June 16th)** and we look forward to having her, as Governor-Elect of District 22, as our guest speaker that evening. I would like to thank Ann and Jennie Watt very much for their informed contributions to the work of the Board, as well as their loyal service to whatever was needed at the time. It has been great to have you "on Board!" And so we welcome Linda and Claire to our monthly wine and nibbles as well of course to more serious business.

Speaking of which, our next major task is to prepare for the **Fair on Saturday, July 19th**. Fair Convener Narelle chaired a meeting this morning at Claire's 'Crema' in St Lucia where everyone is on task with the running of her stall. We have been asked to contribute in whatever way we can with such things as the following: (urgent) trash and treasure (Jocelyn and Ann); cakes, slices etc (Lorna); jewellery, toys and jigsaws (June and Linda); small gifts (both genders, for children and adults) for Mercia's lucky dip; books (Chieko), muffins (Vicki) and plants and vegetables (Margaret and Pam). We can begin to bring some of these things to the respective stall holders at the June and July meetings.

Hope you had a good long weekend. With best wishes,

Pauline

Jane M. Klausman Women in Business Scholarship

The nominee chosen by our sub-committee is Rebecca Van Moolenbroek who is in her second year at The University of Queensland, studying the Bachelor of Business Management degree program. She completed one year at Central Queensland University, Mackay campus, in 2007.

Rebecca is achieving excellent academic results: her GPA is nearly 6.4 on a 1-7 scale, with five HDs (7s) and a Dean's Commendation. She wants to use her skills in the Mining Industry and to increase the participation of women in this traditionally male area.

And with all of this, Rebecca maintains an active and balanced life beyond her academics. During Year 12, she took part in an ANZAC tour where she joined others in commemorating the soldiers whose relatives had never had the chance to visit the graves of their loved ones.

We are nominating an applicant who is clearly keen to succeed in business, whose results are very strong, and who is positioning herself well to have an active role in an area of major importance to Australia's future. We therefore feel that, once again, we are proposing a nomination that should rank well at District level. She is a keen student from a regional centre and she has our enthusiastic support. Rebecca will attend our June meeting to collect her award.

Gina Brosnan

Status of Women Awards Task Group

-oOo-

Thirty years ago...

Editor Barbara has suggested that I contribute to this month's Newsletter by recalling the club's very first meeting.

That was 30 years ago on 13th June, 1978 and held at the United Service Club. It was summoned by **Dr. Helen Row** of the Zonta Club

of Brisbane Club. Helen was chairman of the Organization and Extension Committee of her club.

For some time I had tried to resist Helen's attempts to recruit me but no one could ever say "NO" to Helen for any length of time. Once I was recruited I was charged with enlisting others. So I picked my close friend **Helen Lahey** who in turn recruited **Chris Christensen**.

Helen Row finally had the numbers to form a club and the first meeting got under way. And what a strange experience that was for me at least. As a journalist, engaging VIPs and other newsworthy persons in chit chat had been a piece of cake (except perhaps for Victor Borge whose skilled evasion of anything like normal conversation is an outstanding memory). But confronted by a roomful of erstwhile strangers had me quite tongue-tied. I made a secret resolve to resign in a year or two when Helen Row wasn't looking. Not a hope. I found myself appointed Secretary, which entailed also bringing out a Newsletter.

I started keeping a scrap book which begins with material related to that initial meeting. That is now in the hands of our current Archivist, Glenda Gobe. It includes the menu for the dinner. In those times the United Service Club served up a very hearty masculine-type dinners of mostly roast beef, if memory serves me correctly.

Perhaps one night we could have a Nostalgia night; Glenda might bring along some appropriate bits and pieces, including that initial scrap book and members might like to marvel at how, like Topsy we have "grewed".

Jean Sinclair

Ed – From those erstwhile strangers, who became friends, we still retain as members – Jean Sinclair, Mercia Ferrier, Jocelyn Grant-Taylor, June Halliday, Mary Mahoney, Joan Sheridan and yours truly, Barbara Newton.



-ADVANCING THE STATUS OF WOMEN WORLDWIDE

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NEWSLETTER August 2008
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United Service Club	6.30pm for 7.00pm start
Board Meeting – 20	Monday 25 th August 2008 at
Millwood Street	5.30 pm
Bardon.	
August 12 th : International Youth Day	
Aug 16-24 National Science Week	
Aug 25-31 Keep Australia Beautiful Week	
August 31 st Refugee and Migrant Sunday	
Sept 1 st Wattle Day	
Sept 1-7 Landcare Week	
Sept 8 th International Literacy Day	
Nov 8 th : Zonta's birthday – 89 and still going strong!	

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Organisation, Membership and Classification Chair: Lois McCowan Ph (H)32638193 (m)041 4757081 mccowan@home.gnl.com.au	Meets prior to Dinner Meeting at USC 6.00 pm.
United Nations Chair: Has no one volunteered ??????	Meets prior to Dinner Meeting at USC 6.00 pm.
Public Relations and Communications Chair: Maggie Williams Ph 3392 3310 (w) 3217 4977 maggie.will1@bigpond.com	

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Newsletter Editor Barbara Newton Ph: 07 3376 1186 bigred_bln@hotmail.com	Copy for the Club Newsletter to be sent anytime!
Parliamentarian	Barbara Newton

PRESIDENT'S MESSAGE

3/8/08

Congratulations everyone on our successful Fair for 2008! It was a lovely day for all – stallholders, workers, Hon Zons and the public. By all reports, everyone enjoyed the day, and the outcomes were well worth while. On behalf of the Club, a very big thank you to all who worked so hard, and to Narelle for coordinating it all. It was good to again have the Honourable Lord Mayor open the Fair supported by so many local Councillors. And it was lovely to have Joan visiting with us. She looked so well and was as always, vitally interested in all the goings on. In no time at all we will be preparing for the Fair in 2009....

Our last dinner meeting was very successful, made with our guest speakers, Steve Warwick, Julia Chidgey and Hannah Radke, from Youth Enterprise Trust. Julia shared something of her past history which had led her to join the YET Program and ultimately to take on a leadership role. She described how the trek through Carnarvon Gorge was a watershed experience for many marginalised girls between 16 and 22yrs of age, during which they faced up to bedrock issues about themselves, their choices and their goals. Genuine change always requires some sacrifice and it was evident that Julia has put her comfort and security on the line for the sake of change and growth in other women. Her presentation was very moving. Hannah gave a heart-warming account of her own experience with goal setting as a result of the 3-day trek, the physical labour and the reflection time at Mt Tamborine. Her self-confidence gained an enormous boost, and she is now determined to help the organization by working on the Board. It was gratifying to see that our past support for YET had such outcomes.

Maggie's Program Committee has organized Elisabeth Fraser, about her role as the Commissioner for Children and Young People, to speak to us at the August meeting on Monday, 11th. This will be of great interest and relevance and I hope we can all be there. Judith Beal, who represented us at Rotterdam and has recently stepped down as District Treasurer, will also present a brief report (for the UN Committee) about the results of the voting and the main ideas presented by the guest speakers. We do thank her sincerely for carrying our votes and for bringing us the results personally.

In October we will have the outcomes of Glenda's Status of Women/Service Committee's deliberations as to how to allocate the Fair funds in response to Grant Applications received. At that meeting, we will all have the opportunity to discuss and vote on the suggestions made by the Committee. As well as this, we are fortunate to have Denise Conroy, the new International Chair for Legislative Awareness and Advocacy, coming to speak to us about how clubs can engage in local service projects and advocacy. She will present her template for looking at these based on their alignment with Zonta mission, objects and priorities for the biennium. This will be another important meeting (October 13th), so do plan to be there.

This is our 30th year as Zonta Club of Brisbane North and we now look forward to celebrating that anniversary in November. Let's all put on our thinking caps as to particular guests and Charter members whom we can invite. May I invite any members with interesting stories, histories and photos to share to begin to collate them for public presentation in some way?

Best wishes till next Monday,
Pauline

FROM THE EDITOR

Cara, our first Zonta baby and my first born, had a wonderful birthday with breakfast at the Fair between her netball coaching commitments.

The birth of our club, also in 1978, was preceded by a series of social events bringing together prospective members. These were held at Helen Row's place at Toowong where I first met members of the "Castile St gang" – there were more than 2 of them in those days. (...so who are they?).

I was wondering which would arrive first – my first born or the Club. Had Cara, arrived first I may never have joined but Helen row was a formidable lady and a dedicated "club organiser" for Zonta District 16 - as it was then – and the first dinner meeting was held in June 1978.

Starting a service club is a lot of hard work. (I know as I've done it twice.) As Zonta is a classified service club there needs to be a good mix of classifications and the membership bylaws must be observed. The classification system was one of the attractions for me as it meant I could meet women from professions and business outside the legal circles in which I worked. The classification system is also the reason any member cannot invite a woman to join our club. We must ask her if she is interested in joining and then pass on her details to our Organisation, Membership and Classification Committee. I believe I've held 3 classifications since 1978. Even though, as a charter member, I could retain my first one, by moving on I've opened up our classification "spread".

I also joined Zonta as I believed in the objects - all of them – and I believed Zonta would be a driving force for change in the world where it mattered to women – and it is!

Ed – Barbara N



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Sept 8 International Literacy Day	
Sept 14 YET Bush Fair	
Sept 14 National Bilby Day	
Sept 16 Intl Day for Preservation of Ozone Layer	
Sept 16 INTERNATIONAL DAY OF PEACE	
Sept 22 World Car Free Day	
October is Energy Awareness Month	
Oct 4- 10 World Space Week	
Nov 8 th : Zonta's birthday – 89 and still advancing the Status of Woman worldwide!	

THE BOARD

President: Pauline Guthrie
Vice President: Narelle Sommerfeld
Corres. Sec: Jenni Jolly
Minutes Sec: Pam Beavis
Treasurer: Margaret Marshall
Directors: Glenda Gobe
 Karen Peterson
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<i>Committees</i>	<i>Meetings</i>
Status of Women Service Awards Sub-Committee Chair: – Gina Brosnan Ph: 07 3878 9645 brosnan@brigidine.qld.gov.au	Meets prior to Dinner Meeting at USC 6.00 pm.
Service and LAA Sub-Committee Chair: Glenda Gobe Ph: 3355 9256 (w) 3365 5301 g.gobe@uq.edu.au	Meeting as arranged to consider applications
Organisation, Membership and Classification Chair: Lois McCowan Ph (H)32638193 (m)0414757081 mccowan@home.gnl.com.au	Meets prior to Dinner Meeting at USC 6.00 pm.
United Nations Chair: Narelle ?????	Meets prior to Dinner Meeting at USC 6.00 pm.
Public Relations and Communications Chair: Maggie Williams Ph 3392 3310 (w) 3217 4977 maggie.will1@bigpond.com	
Newsletter Editor Barbara Newton Ph: 07 3376 1186 bigred_bln@hotmail.com	Copy for the Club Newsletter to be sent anytime!
Parliamentarian	Barbara Newton

Reminder!!!!
 Apologies for Dinner Meeting to **Noreen Gorman** by 9.00 am on **Friday 5th September, 2008** please.
Without an apology, payment for the meal is obligatory.

Are you bringing a guest to our Dinner Meeting – does Noreen know?
 Any special dietary requirements – does Noreen know?

Please Note:

Please wear your *Name Badge!*

Please put your payment in an envelope with your name, the amount, “cash” or “cheque” plus the Dinner Meeting date on the front – and add the extra this month if you wish to help the with International Dues situation.

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 For all good things in which we share,
 We give thanks for the good Zonta stands for everywhere.*

PRESIDENT'S MESSAGE

Warm greetings to you all. As a club we are arriving at an important highlight in our journey – our 30th anniversary which we will celebrate along with Zonta's birthday at our November 10th dinner meeting. It will be a time to remember the story of our beginnings and our growth to date as well as to set the stage for the next few decades. We are planning to invite as many of our Charter members as possible, as well as any past members who would like share our celebrations and stories. We can all make a start with this by inviting as many past members and friends as we can. There will be some time to reminisce and share stories, so I would like those of us with long memories and histories to begin to set them down. Former Governor of QLD, Leneen Ford, a friend to many in our club, has agreed to come along and say a few words.

Our last dinner meeting was a great success with Elizabeth Fraser, Commissioner for Children and Young People, as guest speaker, who told us of her life work with children, born out of a passion for improving conditions for children in care. Accurate collation and reporting on the realities children experience in care is vital for good policy making, with a focus on prevention and early intervention strategies. Our community needs to be aware of the needs of children living in alternative care and act on their behalf. She has gained much personal satisfaction from the knowledge that 99% of children feel safe in care.

Our guest speaker in September will be Andrea Staines, a consultant entrepreneur with an accounting background, and in October we hope to hear from Denise Conroy on her 'template' for local service projects and advocacy. We are really looking forward to both these speakers.

Margaret, Karen and Narelle attended an Area workshop for club officers last Sunday (run by new Area Director Vicki Williams), and picked up quite a few ideas re process and procedures. We will hear from them at the next meeting as they share new ideas and insights. Thank you for taking the time to attend this meeting for our club's participation and benefit.

The 2008-2010 Biennium ZI Programs funded by the ZI Foundation include:

1. Prevention of Mother-to-child transmission of HIV in Rwanda (US\$600,000)
2. Safe Cities for Women in Central America (US\$600,000)
3. Reduction of Obstetric Fistula in Liberia within the context of maternal and newborn health(US\$450,000)

The ZISVAW Fund will work through UNIFEM to administer a UN Trust Fund to end violence against women with a total funding of US\$600,000).

These are very exciting projects and I hope to have a handout on these at our next meeting.

With my best wishes,

Pauline.

FROM THE EDITOR

This month Ed Barbara defers to the following:

This is a story of **Julia Chidgey's** personal history and progression into working for Youth Enterprise Trust (YET or Trust) and experiences in doing so.

“I have been working for Trust for 18 months, and in that time have been part of 2 female programs. We head off for number 3 at the crack of dawn in the morning.

I was born and raised in Sydney. When leaving school and deciding what I was going to do “for the rest of my life” it was quite overwhelming. I was interested in dietetics and nutrition, got into Uni to do graphic design, then two weeks after finishing school I took on a 4 year chef's apprenticeship. Seems relatively logical for an 18 year old mind!

I had a relatively standard upbringing, fortunate with not being exposed to any real trauma, yet where my struggles lay were in being overwhelmed by the options of life. Thankfully I had the support of my parents who trusted I would make the decisions I would need to make.

I worked and travelled and that was life for 7 years. All and all not too shabby – other than the fact that I was becoming more unhappy with life. Travel was great but I even lost the reasons and understanding of why I was doing it. One place blended into the next for a while. As long as I wasn't in Sydney, life was OK. So I worked and travelled with little passion nor joy nor reason or drive for what I was doing. When I worked, they were long unsociable hours – I guess that's where travel was the balance. I had no sense of purpose, no inner drive, no sense of achievement.

I hit rock bottom in New Zealand and realised how much I disliked myself. The good thing about hitting rock bottom is that you know it can only get better from there. Well, at least I had the insight to see that. It was time to come home and do something I was passionate about. What that was, I wasn't sure, but I was adamant I was going to find out.

So I followed my gut (feeling) and ended up in Brisbane. Having never been here before, I put myself through college to study counselling. “Counselling” – what on earth was I thinking; my idea of a counsellor was a rather square, dull individual who wore beige. Studying counselling at a natural therapies college, you soon learn counsellors – or soon-to-be-counsellors – were anything but.

I studied holistic counselling for two years full time and, as you would imagine, underwent my own therapy as a by-product of simply being involved. By the end I was exhausted. Having to reflect on and observe myself, where my challenges lay, what my thought patterns were, what needed work, what needed more appreciation you can

only imagine. If I never write another essay on self reflection it will be too soon. In saying that, my biggest struggles now with people are the lack of self awareness and personal responsibility – how the tables turn!

So, by a series of events, I found out about YET and knew that was where I wanted to work. At the end of my course, I still knew I did not want to be sitting in a little white room with no windows listening to people's problems each day. I guess that is why YET and I fit well. I was still able to fulfil my desire for travel and adventure – and let me tell you there is no shortage of adventure. We are working with very real, raw, young people in a very raw and confronting program in a very natural setting. The majority of the programs I've been part of have been male. In the 18 months of working for YET, we have only run 2 female programs. Last year we had staff problems, and to be honest the demand for male programs is higher (ED: A question on this point was answered later – Julia thought it was perhaps due to the style of wilderness program that was more attractive to males). That said, the programs are just as effective for females.

Occasionally I have been the only female staff member out there and I can say it can be confronting at times. There have been some occasions where some of the young men have been intimidating and to be honest have scared me. Generally though, my major struggle is the outpouring of testosterone and male ego in the endeavour to establish who is top dog. A natural process, nevertheless arduous to watch.

That's not to say the young females are any less confronting. Trust and manipulation are some of the stand out issues for me. On our last female program, we had one young girl who was so highly skilled in manipulating that it frightened me. Not to mention the effect she had on the other girls on the program. Manipulation was her coping mechanism and she would and did manipulate the other girls to no end. This compounded with other behaviour issues that we could no longer manage, and they were evidently having a negative impact on the progress the others were making. I decided it was best she was not to finish the program.

Even when this occurs, I still believe it has a positive impact in terms of action and consequence. Another girl I had to exit from the program, when I was talking to her some time later, said "you know you did the right thing". Strange coming from the young person herself, however only two weeks after she left the program, she had moved to Sydney and booked herself into a TAFE to do her mechanics apprenticeship – her passion!

We work from the perspective that we have rules – and we don't budge from the rules. It's about learning to have respect for others and the immediate environment, and more importantly respect for yourself. We don't want to be viewed as just another authority figure in their lives, who doesn't listen to them. We try to give them as much responsibility as possible, along with giving them a chance to experience things that may be outside their world. Through this, there is the hope that they start to see their value and their strengths. Even with the young girl with the skill of manipulation, you have to give

her credit for the incredibly creative and strategic mind she must have. Unfortunately, it wasn't being directed in a positive way.

The last female program – during May this year – I have to say was an event in itself. Among the field staff who were on that program, stress now has a new definition. It is no longer “post traumatic disorder”, it is “2F08”. In all seriousness, I can say that it was the most stressful event of my life to date, due to several serious emergency situations that arose, some extreme behaviour, and the fact that it was my first time in the role of team leader – so I was anxious before the program had begun. One big lesson was the reality of our remoteness and isolation, and if anything goes wrong out there, it goes wrong. Aside from this, these are people's lives we are dealing with, and I am responsible.

I'd like to share a story of that program, of a young woman named Rhiannon. Rhiannon struggled physically from the beginning, so much so that within 20 minutes of starting the hike, she and a few others dropped behind and got lost. Reiterating the need to make sure we all look out for each other, Rhiannon pushed on without complaint. She was a quiet and reserved girl, evidently with little self confidence. It was a slow day, but not due to Rhiannon. Another girl was determined to walk as slow as possible – “you can't make me do this walk”.

We started our climb up the range and a little way up, Rhiannon stopped. I assumed she was having an asthma attack, but was told it was a panic attack. Meanwhile another girl stopped on the other side of me clutching her chest with a sheer look of panic on her face this was the asthma attack. All recovered, however Rhiannon was still pale and clearly not coping very well. She pushed so hard that day and went to bed early and slept through the night. Next morning we had a big climb to get to the top of the range, and despite still not feeling 100%, a pain in her stomach, and without complaint, she made it to the top of the range in good time with little assistance. About an hour later, however, she could go no further. She was continuing to have panic attacks, the pain in her stomach was, by the look on her face, excruciating, and it was now very evident she was going into shock. Geographically, we were in a position that was the least desirable. It was decided we needed to call in a chopper to rescue Rhiannon – the first in 15 years of the Trust.

Despite her current situation, Rhiannon did not want to leave the program, although she understood she needed to. She wanted to prove to herself and her family that she could do this, that she had the strength. She wasn't as fortunate as I was in having a supportive family who thought I could achieve whatever I set my mind to. Having the chopper arrive was exciting I have to say, it's just unfortunate that it was needed at all. Rhiannon was taken to Rocky Hospital and thankfully she had a mother and sister up there she hadn't seen in a while.

Rhiannon joined us for a day back at Woodstock, Tamborine, and the girls who had remained on the program were eager to present her with a bush stool that they had made for her as well as a notebook of encouraging messages they had written. Rhiannon was visibly shocked that people would take the time to do that for her. The response from the

family she lived with in Brisbane when she arrived back home, however, was anything but supportive and encouraging. She was told all she had done was waste good money and that her portion could have gone to someone more deserving. She had proved nothing to herself or her family.

A quiet young lady scared of life with a body full of scars because the only way she knew how to deal with and express her frustrations, was literally to bleed. She had arrived back to Woodstock a little wary, a little cautious, but within a short while comfortable with the girls she had known only two days. I think the support those girls gave her will stick with her for a long while to come. Rhiannon has now moved out from living with her family and is doing well.

The reason I told you this story is that, despite the fact Rhiannon was not able to finish this program, it still had an impact on her, and despite what her family thought, I couldn't think of anyone more deserving of the funds that Zonta contributes to support our young women.

Thank you for your ongoing support and having us in tonight to share our stories. I'd like to invite you all to the annual Bush Fair on the 14th September, in which you can experience first hand more of what the Trust is about and perhaps meet some of our young graduates you have helped support. Thank you."

Next is **Hannah Radke's** contribution:

"Good evening. My name is Hannah Radke and I am a former graduate of the Youth Enterprise Trust wilderness program and a newly affiliated board member.

I entered the program four years ago during my final year of high school, when I was seeking an opportunity to take a break from the pressures of year 12 and re-evaluate my goals and life choices. YET offered me this opportunity, through a wilderness program designed for young people. Promoting self-esteem, spiritual enlightenment and a strong sense of self, this program provided me with a once in a lifetime experience.

On the program, my fellow participants consisted of a diverse range of young women, ranging from 16-22 years of age, most of which came from a disadvantaged background. Having been raised in a loving and traditional family setting, one of the greatest life lessons the program immediately taught me was an appreciation for the happy and healthy life that I led.

Beginning with an intense three day trekking adventure, the first phase of the program took my group on an uphill journey that proved to be more challenging than I ever imagined. Testing my physical fitness, emotional wellbeing and level of tolerance, this element of my wilderness journey was the most fulfilling and provided me with an overwhelming sense of accomplishment.

Following this momentous hike, my group delved into two days of hard, physical labour in which we engaged in various team building tasks designed not only to shape our attitudes but also to help develop and maintain the land around us.

Living in such a pure and remote environment during the first phase of the program, for me, provided the perfect setting for the beginning of my self-reflection journey. Starting with a moving trip to nearby Mt Moffet, my group was introduced to the Indigenous history of the area which proved to be a more spiritual experience than I expected. This journey continued throughout the second phase of the program which was based in the Gold Coast hinterland. It was at this scenic stage of my journey that I was presented with the resources needed to build an action plan, based on my experiences throughout my program, and my hopes and dreams.

Reflecting on my life, attitudes and dreams prior to the program, I was able to create my action plan and create steps to achieve my goals and improve various areas of my life. This activity enabled me to develop goal setting skills that would prove to continue to be the most valuable in my years following the program.

Upon completion of the program, I felt re-energised, confident, and at peace with myself. I had a sincere gratitude for the strong relationship I held with my family, and the self-confidence to complete my final year of schooling.

Since the program, although I have not yet discovered my passion in life, I am confident in my career and feel truly blessed to be a part of the Youth Enterprise Trust family and an active member of their vision.”



-ADVANCING THE STATUS OF WOMEN WORLDWIDE

ZONTA CLUB OF BRISBANE NORTH INC
NEWSLETTER *October 2008*
 PO Box 368, Spring Hill, Qld, 4004

Remember ZONTA on the web - www.zontadistrict22.org or www.zonta.org

Dates to Remember

Zonta Club of Brisbane North Inc	
<i>Dinner Meeting</i>	Monday 13th October 6.30pm for 7.00pm start
<i>United Service Club</i>	Monday 27 th October at 5.30 pm
<i>Board Meeting – 20 Millwood St Bardon.</i>	
Oct 8 Intl Day for Natural Disaster Reduction	
Oct 16 World Food Day	
Oct 17 World Day for Eradication of Poverty	
Oct 22 Universal Children's Day	
Oct 24 United Nations Day	
Oct 19 – 25 National Water Week	
Oct 24 – 30 Disarmament Week	
Nov 8 th : Zonta's birthday – 89 and still advancing the Status of Woman worldwide!	
Nov 10 th – 33 days + a wake-up to our 30 th birthday	

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Corres. Sec: **Jenni Jolly**
Minutes Sec: **Pam Beavis**
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Committees

Meetings

Status of Women Service Awards Sub-Committee Chair: – Gina Brosnan Ph: 07 3878 9645 brosnan@brigidine.qld.gov.au	Meets prior to Dinner Meeting at USC 6.00 pm.
Service and LAA Sub-Committee Chair: Glenda Gobe Ph: 3355 9256 (w) 3365 5301 g.gobe@uq.edu.au	Meeting as arranged to consider applications
Organisation, Membership and Classification Chair: Lois McCowan Ph (H)32638193 (m)0414757081 mccowan@home.gnl.com.au	Meets prior to Dinner Meeting at USC 6.00 pm.
United Nations Chair: Narelle Sommerfeld narelle_sommerfeld@health.qld.gov.au	Meets prior to Dinner Meeting at USC 6.00 pm.
Public Relations and Communications Chair: Maggie Williams Ph 3392 3310 (w) 3217 4977 maggie.will1@bigpond.com	
Newsletter Editor Barbara Newton Ph: 07 3376 1186 bigred_bln@hotmail.com	Ed says, "Send copy anytime!"
Parliamentarian	Barbara Newton

Reminder!!!!

Apologies for Dinner Meeting to **Noreen Gorman** by 9.00 am on **Friday 10th October, 2008** please.
Without an apology, payment for the meal is obligatory.

Are you bringing a guest to our Dinner Meeting – does Noreen know?
 Any special dietary requirements – does Noreen know?

Please Note:

Please wear your **Name Badge!**

Please put your payment in an envelope with your name, the amount, "cash" or "cheque" plus the Dinner Meeting date on the front – and add the extra this month if you wish to help the with International Dues situation.

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PRESIDENT'S MESSAGE

Dear fellow Zontians,

Below is an address I presented to the Toowong Probus Club this morning and I attach it here for your interest. I was delighted with the interest in Zonta and the general astonishment at the wide range of projects and interests Zonta worked towards. Some members wanted to know why more people did not know about Zonta and wondered what we did to advertise ourselves! In any case it was wonderful to feel encouraged that another club thought we were doing a great job!

It was delightful to hear from the highly accomplished Andrea Staines at our last meeting. She has achieved much in her chosen field and shared her tips on time management as a working mother who wanted to be highly successful. I was reminded of the five Ds: delete, delegate, defer, diminish and do - essential in every busy woman's toolkit. She attributes her success to ruthlessly applying time management skills, using a "To DO" list every day, working flexible/PT hours and lowering her standards in housework!

Next Monday evening we will have the pleasure of hearing from Denise Conroy, Chairman of the International Legislative Awareness and Advocacy Committee, who will speak on how we can combine service and advocacy. (Denise is featured on p.11 of the July 2008 *Zontian*.) Secondly, Glenda's SOW Committee will bring its report on Project Grant allocations for club endorsement. This will be an important meeting and I hope we can all be there.

Our congratulations to Rebecca Van Moelenbroek who was runner-up for the Jane M. Klausman Women in Business Scholarship. The winner was Amina Maric, the nominee from the Zonta Club of West Moreton. Well done Rebecca!

Please note all the significant days in October which our Editor has faithfully reminded us of. There is so much of concern to all of us as members of Zonta.

Looking forward to seeing you next Monday evening,
Pauline Guthrie

Talk to Probus Club at Toowong Bowls Club: 7th Oct, 2008

Thank you so much for the warm welcome! I am delighted to be here today and proud to be representing Zonta and telling you all about the work we do and how we go about it.

So what on earth is Zonta????

'What's in a name' they say? SO many people ask and the name does seem quite unusual... I too wondered whether it had come out of the Alaskan tundra or the

mountains of Switzerland. I was soon set straight and I will elaborate on that in a moment.

I joined Zonta Club of Brisbane North four years ago at the invitation of a friend, Chris Christiansen, with whom I had studied a few units towards a Master's Degree in Theology through the Brisbane College of Theology and later the ACU. I found the fellowship and friendship there fantastic. My first introduction to 'service' was a day collating birthing kits for East Timor under the guidance of the then President, Glenda Gobe. Meanwhile, Joan Sheridan, a Charter member, was rallying all members around her efforts at fundraising at the annual Fair in the Robertson Park in Indooroopilly, the highlight of the year for many members. This was due in the main to Joan's fantastic efforts to enthuse and motivate us to get on with making our respective stalls the best they could possibly be for the July event of the year. The annual fair has always been a huge success and part of our club's particular 'branding'. Every year, it has grown each year in status and funds raised, and so we are very proud of the efforts of our 45 or so committed ladies who do such a great job for a great cause!

Let's take a moment to look at the BIG Picture! In an entire world worrying about an avalanche of falling share prices, collapsing banks, credit squeezing, households under pressure, rising unemployment, housing foreclosures, falling house prices, collapsing commodity prices, falling consumer spending --- in short, capitalism under strain, where do the millions of people living on the margins fit? When they fall through the cracks, who is there to help or catch?

And at the international level, how do the often conflicting ethnic diversities of Africa, Central Europe, South and Central America, Asia and the Asian sub-continent have their needs met? We who enjoy enormous relative wealth in contrast to $\frac{3}{4}$ of the world's population, can sometimes suffer from emotional burn out or weariness when we view on the television the struggling people of Sudan, Darfur, Somalia, Burma, Pakistan, Thailand, China, Bolivia, Afghanistan, Georgia suffer enormous shortfalls in every commodity which we consider basic to human needs?

What is our emotional response? Perhaps the thought that it is all too big to do anything about? Perhaps the thought that the Bill Gates and Warren Buffetts of the world can do something about it, but we certainly cannot as we simply don't have the resources... Perhaps the thought that they, the govt. will do something about it... In the face of the enormity of a big black hole, our efforts might seem useless, a mere drop in the ocean!

But we know in our hearts and in our experience that when people join together there is a miraculous exponential multiplication of outcome relative to effort! It *is* possible to make a difference, and more importantly it is essential that we try! It is important to throw that one starfish back into the sea. Even as the financial certainties of our Western economy are falling down around us like a pack of cards as I speak, a matrix unraveling so fast that there are no longer rules to govern the fallout or predict the future. We have known this since our earliest history when tribes or peoples banded together for protection, work, comfort and leisure, there was much more chance of peace and growth.

ZONTA is one example of how five women decided to band together to make a difference. So ZONTA began a fledgling gathering of 5 women in **Buffalo, New York USA in Jan 1919**, just after the first Great War had ripped open the heart of Europe. They decided to form a service club, a club which would comprise recognized leaders in their businesses and professions. Their initial aim was to provide service to standardize and disseminate business principles and practices to provide services to humanity through cooperative efforts.

What **passion** brought them together?? It was a desire to help women, the backbone of families who had birthed and nurtured the men and women who fought for ideals of freedom to grow and prosper. Talented women with a social conscience and a desire for social justice wanted to pool their resources with the aim of advancing the status of women world wide. **During 1919, clubs were organized in six US towns and by 8th Nov 1919, the Confederation of Zonta Clubs was founded in Buffalo.** A newspaper editor and civic leader, Mary Jenkins, was the first President! Bylaws and a constitution were duly adopted.

The name **Zonta** was chosen from the 'Teton' dialect of the Sioux stock of Native American languages. It signifies 'honest and trustworthy'. *Zonta International* was officially incorporated in the State of Illinois USA in 1930 and the name 'Zonta' registered with the Trademark Division of the USA in Washington DC.

[Relate the story of the Zonta Emblem].

This symbol signifies a radiant group of successful business executives and professionals who are loyal to the same inspired goals of Service and World Understanding with none but the most honest and trustworthy of motives.

Among the earliest decision made were the **Zonta colours**, mahogany and gold, and the resolution that Zonta clubs specifically aim at education and constructive work for girls and young women. With clubs established in Toronto, and then in Vienna, Austria, Hamburg and Germany, **Zonta became international.** Growth continued steadily in Europe and Scandinavia, Latin America and Asia, Africa and Eastern Europe. Zonta's headquarters is in Chicago, Illinois.

The **first Zonta club in Australia** was established in Sydney in 1966, then Canberra in 1969 and in Brisbane in 1971. Now there are nearly 33,000 members in 1,200 clubs in 67 countries and geographical areas world wide!

Thus we can now define Zonta as an organization of 33000 executives in business and the professions around the world providing service and advocacy through projects to improve the health, education, economic and political status of women and girls.

The **International President** is elected at International Convention every two years in July, and the term of office is two years. The ZI Board consists of the President, President Elect, Vice President, Treasurer and 7 Directors.

One of our very notable ZI Presidents was **Mary Ellen Bittner**. A woman of courage, she pushed beyond barriers of personal comfort with humour, compassion and brilliance. Early visits to Afghanistan and contact with fundamentalist groups left her with intangible questions about the very real barriers to women. She studied law and became an attorney for the US National Labour Relations Board, eventually taking the position of the Chief Administrative Law Judge for the US Dept of Justice. She joined Zonta because of her desire to give something back into the community. She believed that Zonta could function as a great global force to help improve women's health, education and economic self-sufficiency, through service and advocacy.

This year the **Convention was held in Rotterdam**, a forum which provided a fresh enthusiasm for working together on an international scale. Zontians from all over the world gathered together and the atmosphere generated by over 2,000 women in one convention hall all focused on helping women worldwide, was electric. Delegates came back refreshed and re-energised to work for the improvement of their sisters at home, knowing they were part of a very big family of women who cared about justice, peace, harmony, and equal opportunity!

A **new International Board** of President, Pres-Elect, Vice-president, Treasurer and 7 Directors, was elected and new goals set for the next biennium. Our current President is Beryl Sten, a highly talented Swiss lady who has held significant leadership roles in the international corporate world of finance, investment, forestry - and one of only 9 CEOs of companies listed on the Stockholm Stock Exchange. She sees the greatest challenge on the world perspective today as being global poverty, and has a particular interest in seeing women diagnosed with fistula in Liberia to regain health and self-esteem and the possibility to support themselves.

The **Zonta International Foundation** is our cornerstone structure: a non-profit charitable organization that accepts gifts for service projects such as scholarships and international service programs, and distributes them to area of prominent need. One third of our club's funds raised each year are sent to the ZI Foundation for their International Service projects. Of the money raised at our annual Fair this year we have sent one third to ZI Foundation.

This will support **4 International Service Projects for the 2006-2008 biennium:**

1. CARE International Matu Masu Dubara Project in Niger: aimed at reducing the risk of AIDS/HIV and its consequences for 1500 women and dependent children. Group collectives to help purchase service and care, building projects and the care and mentoring of HIV orphans were some of the strategies used.

2. Afghan Institute of Learning Project in Afghanistan : approx 650 rural and poor urban women are learning to read and write and gaining the skills to generate income through learning centres in and around Kabul the Herat.
3. CARE International Education and Leadership for Girls and Young Women in Bolivia: teaching women and girls to read and write as well as look after their health in night schools
4. United Nations Industrial Development Organisation Support for Revival of Rural Community – Based Self-Help initiatives in Sri Lanka: a project to improve the livelihood of the communities affected by the tsunami in the North and East regions. 40,000 lives were lost and micro and small businesses destroyed. Women are helped to establish small businesses based on agriculture and agro-food processing.

That biennium has now passed and for the next biennium 2008- 20010, ZI plans to apportion:

1. \$US 600,000 to the Prevention of Mother to Child Transmission of HIV/AIDS virus in Rwanda. The AIDS epidemic was worsened by transmission through rape during the 1994 genocide displacing 3.7 mill people, and 30% of Rwanda's children are orphans. Inadequate health care and obstetric services, food shortages and chronic malnutrition, contribute to thousands of deaths annually. This program could eliminate the transmission of the virus.
2. \$US 600,000 to Safe Cities for Women Project in Guatemala City and San Salvador. The aim here is to work with local govt. and urban planners to help decrease the level of violence against urban women. Urban violence is rife in Latin America with the murder rate 114% higher than the world average. Women are very insecure in a context of drug trafficking, a culture of armed violence around gang wars and retribution killings, and lack of employment possibilities. This program will enable women to be part of the policy making and urban planning that will meet their gender needs.
3. \$US 450,000 to Reduction of Obstetric Fistula in Liberia. 578 women die per 100,000 births. Obstetric fistula is one of the major causes of maternal disability. Prolonged labour was the cause of 87% of the causes of fistula, and 52% of patients were in labour for more than two days. 57% of these women were rejected by their husbands. This program aims to provide quality fistula treatment and secondly, to support women socially and economically to start new life in their communities. A basic package will be presented with post-operative care and a basic skills training set in food preservation, sewing and business skills.

Alongside these laudable service projects, **Zonta has developed three programs to support Education and Leadership**. For example, the **Amelia Earhart Fellowship** gives monetary support to women for graduate study in aerospace – related sciences and engineering. Secondly, we have the **Jane M Klausman Award**, which funds scholarships to women undergraduate students preparing for careers in management. This year our club's nominee for this award was Rebecca Van Moolenbroek, a Bachelor of Business Management student in her 2nd year. With a very high GPA and a Dean's

Commendation, Rebecca wants to use her skills in the mining industry and increase the participation of women in this traditionally male area. And thirdly, there is the **Young Women in Public Affairs Awards** which honour young women in pre-university schools who demonstrate a commitment to leadership in public policy, government and volunteer organizations. Through these three awards, Zontians everywhere support talented women in developing their skills to take on leadership roles in the cutting edge of our societies where they can really make an impact.

Another vital arm of our broader work is a Program to implement strategies to prevent violence against women (ZISVAW). These programs focus on preventing and ending violence against women. Zonta International works with UNIFEM to this end and for the next biennium has committed \$US 600,000 to end violence against women in Cambodia, Egypt and Syria. Strategies include strengthening legal jurisdictions, raising awareness of rights amongst women, empowering them to pursue justice, providing shelter and counselling men around issues of masculinity and violence. Across the globe, Zontians speak out boldly against violence against women!

So as you can see, Zonta is passionate, not only about making a real difference to women on the margins, but also to those with outstanding talent who can influence or world for the better. And whether projects are local or international, we are so integrated these days that what affects one affects all, and we are our sister's keeper!

Then there are now **32 Districts world-wide**. I belong to a newly constituted District 22, which comprises QLD and Northern NSW under the leadership of Vicki Varthas as the new District Governor. Each District also has a Board, elected every two years, in the alternate year to Conference.

Each district is divided into **Areas governed by an Area Director** who guides and educates the clubs in her Area. Area meetings are held each year and provide a broad knowledge base as well as fellowship and fun. At the last two Area meetings I was privileged to meet some amazing women, old and young, from a variety of professions doing wonderful things for their sisters all over the District.

At the local level, we have Zonta Clubs, each with a Board consisting of President, Vice-President, Secretary, Treasurer, and two Directors, all of whom hold office for one year. I am proud of the work each member of our Board does. We work through Committees, each with different responsibilities such as Service and Advocacy, Allocation of Awards, Program development, Fellowship, Membership, the United Nations etc. Each Committee has ideas and programs which are submitted to the Board for discussion and ratification. All club members are involved in voting for final decisions at our monthly dinner meeting at the United Service Club in Wickham Tce..

So what do we do at the local level?

Well, since the Rotterdam Convention we will be focusing more on how advocacy and service can work together to better outcomes. Within the correct legal parameters,

advocacy and service go hand in hand with practical common sense about what is achievable. Firstly, we need to educate ourselves on the chosen issue and get the facts straight. Then we need club endorsement to speak to the relevant people in politics or business who could make a real difference. Goals need to be realistic and measures taken practicable.

For example, the Blue Mountains Club has become involved with the local female prison to see what can be done about rehabilitation and upskilling for a return to the outside world. The Lismore club has lobbied to get a decent and pleasant waiting room at the local court for women who are on trial. The Mt Isa club has renovated the waiting room outside the intensive care room with a coat of paint and a TV set. Our club has become involved with Southside Education in helping young women to plan nutritious meals for themselves and their children. Some clubs support Madonna House a drop in centre for homeless women with only 14 beds!! Some clubs work with the Murri Sister to help Aboriginal women. Others work with Sisters Inside to support women in jails in Brisbane. The Beaudesert Club is working with young new mothers, who have never been “mothered” themselves and teaching them how to cook alongside how to hold and feed a newborn baby! One particular club supports St Mary’s social welfare outreach in South Brisbane. Many clubs are involved with disseminating breast cushions for post-operative mastectomy and prostate cancer patients. Most clubs have been involved with collating materials for birthing kits to send to third world countries to help reduce infant and maternal mortality. This year our club, Zonta Brisbane North, sent approx. \$460 to Oecusse in East Timor to purchase four locally produced sand water filtration units. This will support approx 50 people in Oecusse with enormous flow on effects such as pregnant mothers and children drinking clean water and children not missing out on school because of diarrhoea etc!

All this is of course very gratifying! In this way advocacy meets service to provide a better outcome for many.

This year, as a result of funds raised at the Fair, our club will offer financial support to two projects which align with our Zontian ideals: YET (Youth Enterprise Trust) and ZigZag:

YET offers a ‘rite of passage’ programme for young women between 16-24 yrs of age who have suffered disconnection from society through poverty, neglect, abuse, drug use, unemployment and failure at school. It consists of a three phase programme: 9 days wilderness training in Carnarvon to include trekking, physical labour and team building; 5 days reflection time on a farm property at Mt Tamborine to set goals, devise an action plan and to re-energise. This is followed up with 12 months of weekly mentoring. This is the third year we have supported them with wonderful stories of women who have been through the experience to come out with higher self-esteem and new resolve to chart a safe path through life.

We will also support Zig Zag, a Young Women’s resource Centre which addresses the disadvantages experienced by young women and provides a flexible and understanding

service to address the needs of those women, mostly aged between 12 and 25. It uses two main services: Supported Accommodation and Sexual Assault Counselling. It uses group work such as a screen printing process to allow for creative expression what it means to be a woman and has many success stories of rescue and rehabilitation.

So you see that Zonta *is* making a difference in the lives of women all over the globe. At the local level Zonta is a wonderful place to find friends and fellowship with like minded women bound by a purpose that takes us out of ourselves, and provides an avenue for putting back something into the community which has nurtured us. We are always looking for new members who want to join us in this enterprise and welcome any inquiries.

I would like to finish with these inspiring words from two women, one from a 14 yr old Jewish fugitive in Amsterdam, and another from a woman who became deaf and blind after a debilitating illness at 19 months of age:

How lovely to think that no one need wait a moment: we can start now, start slowly changing the world! How lovely that everyone, great and small, can make a contribution towards introducing justice straightaway! (Anne Frank)

I am only one, but still I am one. I cannot do everything, but still I can do something. I will not refuse to do something I can do. (Helen Keller).



-ADVANCING THE STATUS OF WOMEN WORLDWIDE

ZONTA CLUB OF BRISBANE NORTH INC
NEWSLETTER November 2008
 PO Box 368, Spring Hill, Qld, 4004

Remember ZONTA on the web - www.zontadistrict22.org or www.zonta.org

Some Dates to Remember

Zonta Club of Brisbane North Inc	
30th Anniversary Celebration United Service Club	Monday 10th November Fun starts 6.15 pm!
Board Meeting – 20 Millwood St Bardon.	Monday 24 th November at 5.30 pm
Nov 16 Intl Day of Tolerance	
Nov 25 Intl Day for Elimination of Violence against Women	
Dec 1 World AIDS Day	
Dec 2 Intl Day for the Abolition of Slavery	
Dec 3 Intl Day of Disabled Persons	
Dec 5 Intl Volunteer Day	
Nov 10 – 16 National Recycling Week	
Dec 1 – 7 Coast Care Week	
Nov 8 th : Zonta's birthday – 89 and still advancing the Status of Women worldwide!	

THE BOARD

President: Pauline Guthrie
Vice President: Narelle Sommerfeld
Corres. Sec: Jenni Jolly
Minutes Sec: Pam Beavis
Treasurer: Margaret Marshall
Directors: Glenda Gobe
 Karen Peterson
 Linda Fletcher
 Claire Rowlands

Committees	Meetings
Status of Women Service Awards Sub-Committee Chair: – Gina Brosnan Ph: 07 3878 9645 brosnan@brigidine.qld.gov.au	Meets prior to Dinner Meeting at USC 6.00 pm.
Service and LAA Sub-Committee Chair: Glenda Gobé Ph: 3355 9256 (w) 3365 5301 g.gobe@ug.edu.au	Meeting as arranged to consider applications
Organisation, Membership and Classification Chair: Lois McCowan Ph (H)32638193 (m)0414757081 mccowan@home.gnl.com.au	Meets prior to Dinner Meeting at USC 6.00 pm.
United Nations Chair: Narelle Sommerfeld narelle_sommerfeld@health.qld.gov.au	Meets prior to Dinner Meeting at USC 6.00 pm.
Public Relations and Communications Chair: Maggie Williams Ph 3392 3310 (w) 3217 4977 maggie.will1@bigpond.com	
Newsletter Editor Barbara Newton Ph: 07 3376 1186 bigred_bln@hotmail.com	Ed says, "Send copy anytime!"
Parliamentarian	Barbara Newton

Reminder!!!!

For our November and December functions we were required to advise our attendance and guest numbers by 30th October.

Please Note:

Please wear your *Name Badge!*

Please put your cash/cheque for both **November** and **December** in an envelope and mark it with your name plus the number of guests and total being paid **for each function.**

Thank you!

*A Zonta Grace: For life, fellowship and food,
 For all good things in which we share,
 We give thanks for the good Zonta stands for
 everywhere.*

President's Message:

Dear fellow Zontians,

Our October dinner meeting was a great success. I would like to **congratulate and thank the Status of Women Committee, and in particular Glenda as Chair**, for the excellent job they have done in allocating the funds we raised through the Fair. The process was very thorough, fair and explicit and the monies allocated to Zig Zag and YET will be of significant help to women in those organizations. Once again we can be proud of the work we have each one contributed to this year, to advance the status of women both here and through Zonta International. Well done team!

It was good to hear from **Denise Conroy, the International Chair of the Legislative Awareness and Advocacy Committee, as our guest speaker.**

Denise spoke on issues around advocacy and choosing projects on which to spend our hard-earned funds. In summary, she advocates intentionally searching out organizations which are really doing it tough and are not supported by other sources of funding such as government departments. It was also important to note whether funds had been applied for elsewhere as much, for example, could be obtained from the gaming funds. The club to which she belongs excludes registered charities which have tax deductible donations as an income source. She stressed the need for viewing any applicant's latest audited financial report and ensuring that they are incorporated/insured if asking for expensive equipment.

Denise also made reference to the acute housing problem for disadvantaged women with the possibility of in-kind support (donations of clothing, cutlery, crockery, books, toys etc; offering skills training), to places such as Othila's, Anglican Women's Hostel, Pindari Women's Shelter, and Carina Youth Agency. A lot of information on women's refuges and associated domestic violence can be obtained from the Qld Centre for Domestic and Family Violence Research as well as DV Connect.

As a club we have developed our own procedures in dealing with these matters, but it is always useful to hear another perspective and glean new ideas and strategies from how other clubs manage their affairs.

In light of this, Denise gave strong support to greater sharing among clubs, a 'sharing of the stories' for encouragement and new ideas. She stressed that advocacy, service and fund-raising were all part of the same continuum – simply different strategies for reaching the same outcome, raising the status of women.

We are now looking forward to the **big celebration next Monday evening, November 10th**, not only of our birthday as a club but importantly, of our 30th Anniversary! Many 'old' Charter members and friends are coming as well as Hon Zons, and our Program Committee has planned a night to remember! We do hope you can attend with as many interested friends as possible to make this a very memorable occasion.

I very much look forward to seeing you there,

Pauline.



ADVANCING THE STATUS OF WOMEN WORLDWIDE

ZONTA CLUB OF BRISBANE NORTH INC
NEWSLETTER December 2008
 PO Box 368, Spring Hill, Qld, 4004

Remember ZONTA on the web - www.zontadistrict22.org or www.zonta.org

Some Dates to Remember	
Zonta Club of Brisbane North Inc	
Christmas Celebration United Service Club	Monday 8th December 6.30 p.m. for 7 p.m. See what our Dynamic Duo have organized for us
Board Meeting – 20 Millwood St Bardon.	January date to be advised
Dec 2 International Day for the Abolition of Slavery (this deserved another mention)	
Dec 12 International Children's Day of Broadcasting	
Dec 18 International Migrants Day	
Dec 29 International Day for Biological Diversity	
Australia's National Environment Days are a mystery since the 2009 dates are yet to appear on the relevant web site	
Nov 8 th : Zonta's birthday – 89 and still advancing the Status of Women worldwide!	

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Public Relations and Communications Chair: Maggie Williams Ph 3392 3310 (w) 3217 4977 maggie.will1@bigpond.com	
Newsletter Editor Barbara Newton Ph: 07 3376 1186 bigred_bln@hotmail.com	Ed says "May there be an outbreak of Peace!"
Parliamentarian	Barbara Newton

Reminder!!!!

For our December function we have already been required to advise our attendance and guest numbers - and to pay.

Please remember to bring your wrapped gift/s for distribution to women and children at one of the refuges or housing projects we support each year. Can you please indicate on the card whether the gift is for a woman or child. *Thanks.*

Please Note:

Please wear your *Name Badge!*

*A Zonta Grace:
 For life, fellowship and food,
 For all good things in which we share,
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President's Message

Hello everyone,

How quickly the year has flown and what a fruitful one we have had! Looking back over such an eventful year, I can scarcely believe that Christmas is only weeks away. Time does seem to fly in a relative fashion! Firstly, may I wish you all the compliments of the season, trusting that you and your families enjoy a very happy Christmas and refreshing holiday period.

We can all be very proud of our many successful fundraising efforts, and the disbursement of funds through awards, grants and gifts. We know we have made a real difference, both here and abroad. We have also grown as a club, both in numbers and maturity, and celebrated our thirtieth birthday in style. Our recent anniversary/ birthday dinner was a great success and I extend once again our thanks to the Program Committee for arranging such an interesting evening. This Committee has also arranged an interesting variety of impressive speakers, all of whom have shared valuable insights and information in their stories and journeys.

On behalf of the membership, may I thank every Committee Chair and each member of each Committee for the valuable work you have done throughout the year! Our Committees are the heartbeat of our club and where our Zontian ideals of loyalty and faithfulness are worked out. And regardless of difference of opinion or style, this is where we refine what we are on about and why we are in Zonta. So thank you fellow Zontians all, for your ongoing hard work and commitment to our organisation.

My very personal thanks too to each Board member who has so faithfully supported me as President and the work of Zonta Brisbane North. You are a great team and your work is invaluable. I look forward to working together with you into 2009.

As I have previously indicated, at our last Board meeting for the year, we discussed the fact that in spite of the very strong efforts of the Status of Women Service Committee, and of Glenda in particular, only two initial applications came in (from organisations well known to us which we had previously supported), with two subsequent applications some time later. After a very fruitful discussion, there emerged a general sense that we needed to broaden our approach in targeting needy groups of women, that members could be actively engaged in that process, that some groups could be assisted with the application form if they found the process somewhat daunting, and that the Service Committee could then be presented with a larger pool of applicants to consider and process. It was also suggested that we set a fund-raising target for the year with the potential to support a selected needy group. It was thought that this would be motivational in providing a specific focus for our fund-raising efforts as a service organisation. As President I wanted you all to be informed of these ideas before the end of business this year, and commend them to you for your consideration and comment, before working them through our

Service Committee. Thank you to those who have already responded by email. These deliberations will be minuted and sent to you, as per usual, as soon as completed.

We look forward to our Christmas Party next Monday evening. Let's enjoy each other's company, along with our Hon Zons, with a great meal and some lovely surprises!

Warm wishes,
Pauline.

Update - 2007 LOCAL PROJECT GRANT ACQUITTAL

Steve Warwick, Chief Operating Officer of Youth Enterprise Trust, sent this message:

"As you know, in 2007, YET was the recipient of a \$6,000 Local Project Grant. This funding was specifically applied to the February 2008 YET wilderness program lead by Julia Chidgey. Julia and I had the pleasure of attending your July 2008 dinner meeting at which Julia spoke to your members on the trials and tribulations which that program presented and how and on whom the ZONTA funding was applied. While the young women on that program are still in the final 'Off Sider' phase, I can advise that:

- Erin – now has a full time job and is currently applying for a role with Outward Bound.
- Sarah – now has a full time job with an indigenous organisation
- Jess – back at school and now working part time
- Gloria – has started studying child care at TAFE
- Kirsty – has started studying animal husbandry at TAFE and working part time
- Rhiannon – now in stable accommodation and attended both the back to Woodstock day and the YET Bush Fair.

Although brief I hope that this has given you some sense of where your support has gone."

"And it's Season's Greetings from me, too!" In the New Year there will be MORE as I have been sent copy I have not used yet. Some may have to be serialized... Ed