



**ZONTA**  
INTERNATIONAL  
EMPOWERING WOMEN  
THROUGH SERVICE & ADVOCACY



# **NEWSLETTER**

## **APRIL 2024**

### **Area 3—District 22**

### **Charter Date 2.6.97**

#### **Dinner Meeting**

**TUESDAY 16 APRIL 2024**

**6.15PM FOR**

**6.30PM: DINNER MEETING**

**VENUE: FUNCTION ROOM  
AFL TIGERS CLUB  
28 ASHTON STREET  
LABRADOR**

**COST: \$30.00**

**Apologies/Guests: Please notify**

**Merrilee Lisle 0402 108 406 by 10am**

**Friday 12 April (If an emergency requires a late apology, please ring Merrilee before noon on Tuesday. This is a courtesy call and may not remove the necessity for payment)**

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**[www.zontadistrict22.org](http://www.zontadistrict22.org) and**

**[www.zonta.org](http://www.zonta.org) (International)**

**PLEASE NOTE THAT  
TUESDAY'S DINNER MEETING  
WILL COMMENCE AT 6.30PM**

#### **PRESIDENT'S MESSAGE:**

One year has come and gone as President of the Zonta Club Paradise Point.

I have found the year to be both challenging and rewarding in many ways.

Thank you to the three committees, Advocacy and Service, Fundraising and Membership.

The Chair for each committee, Jenny Gamble, Kathryn Janovsky and Marian Buttery have all worked diligently throughout the year to achieve small results, but small results are better than no result at all.

Thank you to my Board, without your support I would have struggled. Many thanks to the Board Members Angela Aitkin-Smith and Jenny Gamble who are both standing down, to Sheila who is sadly leaving us, thank you for your accounting skills and preparing the Financial Report each month.

To those members who accepted the appointment proposed to them by the Nominating Committee thank you for accepting, I'm looking forward to another twelve months working with you.

On a sad note, Barbara Geoghegan has tendered her resignation, Barbara has family issues and has found she was unable to give her full attention to Zonta, we wish her well going forward.

Remember:

***Alone we can do so little; together we can do so much***

*Payment for dinner online*

**ZONTA CLUB OF PARADISE**  
**POINT INC – ADMIN**  
**BSB 124-022 ACCOUNT**  
**10421645**

*Please ensure you mention in your details you name so that the Treasurer knows who it is from.*

*People will forget what you said, people will forget what you did, but people will never forget how you made them feel.*

### **Report from recent Area Meeting submitted by Ros.**

**Introduction:** The essence of Zonta International, known as the Zonta Spirit, encapsulates a deep sense of belonging, community, and a passion for advocating for those who cannot speak for themselves. This report delves into the significance of the Zonta Spirit within our organization, its manifestation in various activities and initiatives, and its crucial role in fostering a strong, inclusive culture.

**Understanding the Zonta Spirit:** The Zonta Spirit is more than just a phrase; it is the heart and soul of all Zonta members. It embodies our commitment to service, fellowship, and being part of something bigger than ourselves. The Zonta Spirit is the driving force behind our collective efforts to build a more equal world for women and girls. It is how we create a strong and inclusive culture of community, fun and friendship as we work to build a more equal world.

**Manifestation of the Zonta Spirit:** The Zonta Spirit is evident in various aspects of our work and interactions within the organisation:

1. **Service Projects:** Through our service projects, we give voice to marginalised communities and address issues affecting women and girls globally.
2. **Fellowship:** The Zonta Spirit fosters a sense of camaraderie and friendship among members, creating a supportive community.
3. **Events and Celebrations:** We celebrate women's achievements and advocate for gender equality through activities such as International Women's Day events and the 16 days of activism.
4. **Strategic Planning:** During club strategic planning days, the Zonta Spirit guides our discussions and decisions, ensuring alignment with our mission and values.
5. **Fundraising Events:** Whether large or small, fundraising events are driven by the Zonta Spirit, fuelling our commitment to making a difference.
6. **Collaboration:** Working together with other clubs and organisations amplifies the impact of our efforts, demonstrating the collective power of the Zonta Spirit.
7. **Advocacy and Awareness:** Zonta Spirit shines brightest when we advocate for causes such as domestic violence prevention and housing for vulnerable women.

**Conclusion:** The Zonta Spirit is the essence of our organization, permeating every aspect of our work and interactions. It is fostered through engagement with Zonta activities and becomes ingrained in every member's journey upon joining. By embracing the Zonta Spirit, we strengthen our commitment to service, fellowship, and advocacy, propelling us forward in our mission to empower women and girls worldwide.

**Recommendations:** To further nurture the Zonta Spirit, it is essential to continue engaging members in meaningful activities and initiatives that align with our values and mission. Emphasising collaboration, celebrating achievements, and amplifying the voices of those we serve will help sustain the Zonta Spirit and drive positive change in our communities.



**Zonta International District 22 Area 1 & 3 meeting: Theme: Achieve More in '24  
March 16, 2024.**

**Fundraising Initiatives from other clubs at District meeting:**

As we look ahead, Zonta Paradise Point is committed to exploring new fundraising initiatives and expanding our impact in the community. Here are some activities, based on what other clubs are doing, we could consider in the future:

Select events that work well and hold each year: **“Large events” by clubs:**

1. High Tea on the garden (Beaudesert Club),
2. Tours of Homesteads (Toowoomba),
3. Ameila Earhart luncheon Brisbane,
4. Mother’s Day fund raising luncheon
5. Wine tasting afternoons: one afternoon made \$7000 with many participants purchasing cases of wine.

**Other possibilities:**

1. Containers for change QR code,
2. link with football club such as Titans to wear orange socks and have group display promoting Zonta,
3. Mother's Day ask family to donate to Birthing Kit Foundation instead of gifts,
4. Stuffing donation rather than purchase for breast cushions,
5. access grants from local member for administration of Zonta paradise Point and or promotion material, access Bendigo Bank for sponsorship/ support,
6. Paint and sip night,
7. Implement Monthly Giving Program: collect extra from members on dinner night to raise funds such as \$5 donation with meal,
8. stalls at markets

**Other activities to promote Zonta:**

1. network meetings on issues such as homelessness, domestic violence,
2. adopt a slogan for the club for the year such as 4Cs: collaboration, communication, caring and conscientious,
3. access Safe Cities and arrange a night walk,
4. Signs in public toilets with contacts re help for women and girls

Some clubs have 30 events in a year, other less but major events.

**Connecting with Zonta Tweed Heads:** Meet Yvonne President of Zonta Tweed Heads. They are keen to work together in fund raising and /or fellowship meetings.

**Collaborate with Cultural Events:** Partner with cultural festivals, arts organisations, or heritage celebrations in the community to raise awareness about Zonta's mission and engage diverse audiences in our fundraising efforts. What events on the Gold Coast could we link with? For example, what about having a tent on the Mother’s Day Classic highlighting the work of Zonta.

By embracing future fundraising initiatives, Zonta Paradise Point can continue to make a meaningful difference in the lives of women and girls, furthering our mission of empowerment, advocacy, and social change.

## REPORT ON AREA 1 & 3 MEETING AT BEAUDESERT

16 MARCH 2024

### Notes relating to Advocacy and Service:

Lyn Agnew spoke on general matters of interest, encourage applicants to apply for Zonta scholarships, endeavour to charter a new club, deliver impact to your community through local events, recognise the right of clubs and individuals to have self-determination.

Recognise other organisations/individuals who have inroads into Government and philanthropists.

Donna Bowe “Better Together Housing” - “Coast to Bay”

Donna is a community development officer, and focuses on assisting DV and women 55+ years. Based in Sunshine Coast, and hoping to extend coverage to Brisbane and Gold Coast. Zonta Clubs (2) in Sunshine Coast have been working with Donna on a share housing community for 55+. They are organising info day events to meet women, and share stories, to better understand what women need. [Sharemates.com](http://Sharemates.com) is co-living initiative, issues with safety due to limits of property, room only access, men living on site,

“Get It Together” partnerships mentioned, meetings with ‘no shame’ emphasis, in libraries, community centres, etc to facilitate discussion on women’s needs.

“Footprints” in Brisbane - housing older women service.

Donna is working on advocating with local councillors, re tiny homes, caravan options, etc., to change local regulations to allow communities to comply with local council District Plan.

Financial wellbeing workshops will follow, network meetings with like-minded organisations, eg

“Waves of Kindness” Noosa, “Gateway Care”, Caloundra.

Bendigo Bank also very supportive.

Petra Ladwig, Lieutenant Governor, spoke on advocacy ideas, the need to influence the law, legislation, and attitudes.

Emergency phone numbers in hotels, clubs, etc.

**16 days of activism**, need visibility in streets, create displays, speak to members of public, give advice on local services for DV support.

Orange safety whistles have been displayed on Saturday’s in Brisbane during campaign, “blowing the whistle on DV”. Facebook support.

Susan Davies, from Zonta Club of Brisbane, has collaborated with “Sharing with Friends” organisation co-housing a project in Darra, Brisbane to build on a suburban block ‘5 older women living independently with shared areas indoor and outdoor, kitchen, laundry and library’. Check the Sharing with Friends website for more information.

“Bangle” organisation in Brisbane.

Night walk in community, to identify issues and report to local councillors.

15x letters about concerns with homelessness were sent to prospective councillor candidates prior to election. 11x replied.

“Beyond DV”, “Hope Hub” in Carindale - safe place for women to go.

“Sheltered by Grace”.

Morning teas at Homelessness shelter in Brunswick St Brisbane.

“Days for Girls” - sewing washable menstrual products in schools.

Zonta Clubs are fostering relationships with other community organisations for joint fund raising opportunities.

# The Green Thing...

Submitted by Marian

In the line at the store, the cashier told an older woman that she should bring her own grocery bags because plastic bags weren't good for the environment.

The woman apologised to him and explained, "We didn't have the green thing back in my day."

The clerk responded, "**That's our problem today. Your generation did not care enough to save our environment.**"

He was right -- our generation didn't have the green thing in its day.

Back then, we returned milk bottles and beer bottles to the store. The store sent them back to the plant to be washed and sterilised and refilled, so it could use the same bottles over and over. So they really were recycled.

But we didn't have the green thing back in our day.

We walked up stairs, because we didn't have an escalator in every store and office building. We walked to the grocery store and didn't climb into a 300-horsepower machine every time we had to go two blocks.

But she was right. We didn't have the green thing in our day.

Back then, we washed the baby's nappies because we didn't have the throw-away kind. We dried clothes on a line, not in an energy gobbling machine burning up 220 volts -- wind and solar power really did dry the clothes. Kids got hand-me-down clothes from their brothers or sisters, not always brand-new clothing. But that old lady is right; we didn't have the green thing back in our day.

Back then, we had one TV, or radio, in the house -- not a TV in every room. And the TV had a small screen the size of a handkerchief (remember them?)

In the kitchen, we blended and stirred by hand because we didn't have electric machines to do everything for us. When we packaged a fragile item to send in the mail, we used a waded up old newspaper to cushion it, not Styrofoam or plastic bubble wrap.

Back then, we didn't fire up an engine and burn gasoline just to cut the lawn. We used a push mower that ran on human power. We exercised by working so we didn't need to go to a health club to run on treadmills that operate on electricity.

But she's right; we didn't have the green thing back then.

We drank from a fountain when we were thirsty instead of using a cup or a plastic bottle every time we had a drink of water.

We refilled writing pens with ink instead of buying a new pen, and we replaced the razor blades in a razor instead of throwing away the whole razor just because the blade got dull.

But we didn't have the green thing back then.

Back then, people took a bus and kids rode their bikes to school or walked instead of turning their mums into a 24-hour taxi service.

We had one electrical outlet in a room, not an entire bank of sockets to power a dozen appliances. And we didn't need a computerised gadget to receive a signal beamed from satellites 2,000 miles out in space in order to find the nearest pizza joint.

**But isn't it sad the current generation laments how wasteful we old folks were just because we didn't have the green thing back then?**



## **The Zonta Code of Ethics**

**The following Code of Ethics was adopted in May 1921 at the first annual convention of the Confederation of Zonta Clubs (de Langis, pp. 4–5):**

- 1. To honor my work and consider it an opportunity for service 1 De Langis notes that the Smithsonian Institute changed the spelling of the name “Zhonta” to “Zonta” (date not cited), but that the word retains its original Sioux meaning of “honest and trustworthy”.**
- 2. To increase the measure of that service by consistent self-improvement**
- 3. To remember always that success is my goal and that a good conscience must accompany me all the way to it**
- 4. To be ambitious for the development of the business in which I am employed and for the improvement of its standards**
- 5. To be convinced that unscrupulous means of gaining material advantage can bring nothing but failure to me and harm to others**
- 6. To have toward all men and women that same attitude of fairness and square dealing that I have toward members of the Zonta Club**
- 7. To keep ever before me the best of all creeds: Whatsoever ye would that men should do unto you, do ye even so unto them**