

East-Enders

August 2022

“Building a Better World for Women and Girls”



Presidents Patter



Valerie

With Father’s Day approaching, it reminded me of an article that I have frequently included in the September newsletter at school. It focuses on the value of human connection rather than, material collections. Please read with a person in mind who would much rather the gift of time, than (or as well as 😊) a box of chocolates.

<http://childlink.edu.ph/home/2020/01/27/story-time-money-dad-son/>

July Meeting

We welcomed Kirsten Besemer as a guest to our July Meeting. Kirsten has expressed an interest in joining Zonta so we hope she enjoyed the meeting and joins our Club.

In recognition of NAIDOC week with the theme “*Get Up, Stand Up and Show Up*” we had a special Guest Speaker, Dr Mary Graham, Adjunct Associate Professor (UQ), and Doctor of Philosophy, (QUT). Mary spoke of the role of women in Aboriginal communities and the desire for greater involvement in policy making, the need for communities to have control over their lives and be in charge of their communities and the Aboriginal “law of obligation”.

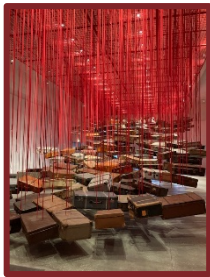
Member News

Welcome Back Litty – we hope to see you soon. We now have a number of members on the move – Susan has been in Townsville, Margy is in the US, Jacinta is enjoying Corfu before heading to Amsterdam to stay with her daughter and Lyn has been travelling the countryside. Hope you all have/had a wonderful time and stay safe.

Advocacy

The Combined Club ZSN Committee has met with plans well underway for the 2022 16 Days of Action eg confirmed dates for lighting of the bridges in Brisbane, the LightBox in King George Square and the hanging of the Zonta Banner across the Story Bridge. If you have any suggestions on additional action that could be taken please advise Jo.

Fellowship



A very pleasant afternoon was spent at GOMA viewing the exhibition “*The Soul Trembles*”, an exhibition by Chiharu Shiota. We followed this up with coffee and cake and a chat. A great afternoon and an exhibition with a difference, is thought provoking and well worth visiting.

Five of us also attend the forum organized by the Zonta Club of Wynnum Redland Inc “Anti-Slavery Forum” or as it is now called Modern Day Slavery at Indigiscapes. After a very informative session presented by a representative of the The Freedom Hub which provides support to victims and the Australian Federal Police. We then enjoyed a delicious lunch in cafe at Indigiscapes along with lots of laughs.

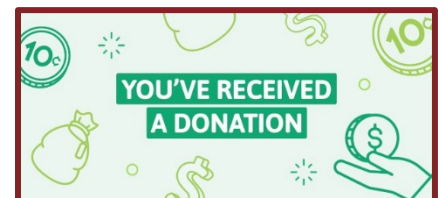


Fundraising



If you are out Rocklea way on Saturday 13 August call in and see us at our Sausage Sizzle and of course purchase a sausage to assist in our fundraising. We also have a date for our next Sausage Sizzle at Rocklea – Saturday 26 November.

For those who are helping with our fundraising via “Containers for Change” we now have a deposit number to make it easier for you. Just drop your bag of recyclables to the drop off centre and quote the number. The funds raised will then go into our Fundraising Account.



Service



The Club determined to continue with its hands on service of filling Dignity Bags with toiletries so please check out your handbag collection and bring any suitable bags to our September meeting. Jacinta has sent an email to all members re the requirements for this

and members are asked to bring their donations to the September or October meeting during which we will fill the bags.

This month is also our Birthing Kit Assembly Day with the students and teachers at CHAC. The aim is to complete the 400 kits by 4.30pm.

We also thank CHAC for the lovely article in their magazine "*Pax et Bonum*" about our Breast Cushion Assembly Day. The article was written by the Social Justice Committee and is reproduced at the end of this newsletter.

The Club will also accepted the invitation from Wynnum Manly Rotary to staff a stall at their Family Fun Day on 18 September 2022. This is a purely promotional event for the Club emphasizing our work with Domestic and Family Violence and our service activities. Please let Ros know if you can assist on the day – the activity runs from 10am to 2pm.

Diary Dates

- 8 August 2022 – Board Meeting by ZOOM
- 13 August 2022 – Sausage Sizzle, Bunnings Rocklea
- 15 August 2022 – Monthly meeting by ZOOM
- 16 August 2022 – Birthing Kit Assembly Day with students from CHAC
- 12 September 2022 – Board Meeting by ZOOM
- 18 September 2022 – Rotary Family Fun Day, George Clayton Park, Manly
- 19 September 2022 – Monthly meeting – face-to-face and ZOOM – Guest Speaker
- 26 November 2022 – Sausage Sizzle, Bunnings Rocklea
- 2024 – Zonta International Convention - Brisbane

Students embrace practical social justice

Each year, the College's Social Justice Committee joins local Zonta volunteers to assist with two of their vitally important projects – making breast care cushions for people who've undergone breast surgery and packing birthing kits for pregnant women in remote areas of the globe.

During the past year, the College's Social Justice Committee has held two volunteer afternoons, which saw secondary students give up their personal time to support these major initiatives.

Mrs Marion Rutter, Convenor of the Social Justice Committee, said CHAC students are driven by a keen sense of justice and are constantly looking for ways to support those in need.

"Our students are always willing to assist with a range of volunteer and community initiatives – including the breast cushion making and birth kit assembly afternoons," Mrs Rutter said.

This year, 50 students helped assemble 100 breast care cushions, in an hour, for patients at the Mater Hospital.

Social Justice Committee Presidents Alex Wills and Sarah Finlay helped coordinate the recent afternoon, and both students agreed it was inspiring to see the committee practically helping society.

"It was truly great to see so many volunteers, both males and females, from all year levels participate in helping a worthy cause such as this," Alex said.

"Breast cancer is not exclusive to women, and to see so many boys joining this Social Justice initiative was awesome."

Sarah said knowing their efforts contributed to the wellbeing of others was encouraging.

"The feedback received from recipients has been positive, with one woman noting that receiving the cushion was a turning point for her in helping to change her outlook and feel more positive."

Mrs Ros Kinder, Secretary of the Zonta Club of Brisbane East, said they value CHAC's support and enjoy working alongside the students.

"We are elated that the students from Cannon Hill Anglican College join with us each year to assemble Zonta Breast Cushions," Mrs Kinder said.

"The students are so enthusiastic about the project. It is a real pleasure to chat with them about it.

"The Club also appreciates the time and support the CHAC staff give to this project. The encouragement from staff for students to undertake service activities such as this in their own time is a strong indication of the values CHAC engenders in its students."

The Zonta Breast Care Cushions provide comfort to women and men in the post-operative phase of breast surgery. Cushions are distributed in hospitals by Breast Care Nurses.

The Social Justice Committee will join with Zonta Club members in August for the annual birth kit assembly afternoon.



"It was truly great to see so many volunteers, both males and females, from all year levels participate in helping a worthy cause such as this," Alex said.