

East-Enders

December 2023

“Building a Better World for Women and Girls”



President's Patter



I had two quite serendipitous encounters recently that brought it home just how special Zonta is.

I caught up with a friend who, 10 years ago, had a mastectomy. She told me of a mutual friend who is now dealing with breast cancer. We were talking about treatment, and she said “You know I still use my breast cushion. I just can’t sleep without it. I tuck it under my arm as I settle down and it’s still there in the morning!

I think I may just give her a new one for Christmas!

The second was a friend whose daughter is in France on a year 10 school trip. My friend was concerned because this young lady quite blithely told her mother she ‘couldn’t text any more because she was heading for a march through Rouen - Bye mum!’ My friend was in a panic, sure her daughter was going to be arrested and deported for being in a protest rally. A short time later she rang back relieved but sounding puzzled to say that her daughter had been in a walk “Saying NO to Violence against Women” – Yes, 16 Days of activism had started in Rouen and the family that her daughter was staying with took her to the Zonta Says No to Violence Against Women walk. I was able to reassure my friend that her daughter was in safe hands and to tell her about this peaceful world-wide campaign. I am hoping they will join the Brisbane walk next year. So proud to be just a small part of this organisation.

As the end of the year draws near, may this season find you among those you love, sharing in the twin glories of generosity and gratitude.

Susan

Editorial

A busy but rewarding time of the year for our Zonta Club: 16 Days of Activism gives us opportunities to engage with community. And a variety of end-of-year service projects.

Best wishes to all who read our newsletter for a happy, safe, and relaxing holiday period.

Jacinta



Zonta Brisbane East appreciates the significant assistance given by family and friends who are recognised as ‘HonZons’ - their support and practical assistance make our events and service projects successful.

HonZon Spotlight: Karen and Vern Porter

Karen and Vern have been long term supporters of our Club with both having a commitment to “Building a Better World for Women and Girls”.

If you have bought a sausage on a Saturday afternoon from our Sausage Sizzle at Rocklea Bunnings in all probability you have met Vern who regularly is our “cook” on the afternoon shift and at the end makes sure all is clean and tidy. Vern also attends most of our functions to learn more about Family and Domestic Violence and Gender Equity as well as assisting with the fundraising for our service projects.



Karen assists with our Zonta Breast Care Cushion project as well as supporting Club fundraising activities such as our High Teas and Breakfasts. She provides raffle prizes beautifully wrapped and helps with set up and clean up. Both Karen and Vern are always willing to assist the Club in any way they can. When asked why, they say “Zonta’s mission and projects reflect our personal interests and values” and it is one way they can contribute to make the world a better and safer place for women and girls, and they “both just like helping out”.

(Ed: Thanks Karen and Vern for sharing your story and photo. Our sincere thanks for all your hard work and moral support - your contribution to our club is amazing.)



Zonta Says No to Gender-Based Violence 16 Days of Activism 25th November – 10th December

Members participated in the City Walk on 22nd November to view bridges and buildings lit in orange:

Members have distributed Orange Ladies to be displayed at local businesses, schools and offices
Members have been posting on Social Media to increase visibility of Zonta and our advocacy for the elimination of gender based violence



Our main event is Paint the Bayside Orange Breakfast on 8th December 2023. Guest speaker is David Kramer, Small Steps for Hannah.

(Ed: Feedback and photos will be included in our next newsletter)

Service

Jill Hedley Zonta Club of Brisbane East Scholarship

Our members, Susan and Kirsten attended the Yeronga State High School Awards Evening to present our annual scholarship to Farishta Mohammad Ali.

Farishta was nominated by her school for this award, based on her demonstrated dedication, resilience, and ambition throughout her academic journey. She has exhibited outstanding commitment to both her studies and school events, and her community.

Farishta aspires to become a lawyer; her passion for the legal field stems from a desire to contribute to society by upholding the principles of fairness and the rule of law, and to make a positive impact on the lives of others and to promote a just and equitable society.

(Ed: We look forward to supporting Farishta in her tertiary studies).



Christmas Hampers:



Our sincere thanks to Queensland Academy for Science, Mathematics and Technology, and Hands of Hope. They donated 6 bags of non-perishable food items – these will be incorporated into our Christmas Hampers.

Each year, we pack hampers of non-perishable foods, Christmas treats, and fruit and vegetables for families in a Domestic Violence Shelter.

Photo: Jacinta collects bags from School Chaplain Denise Ko, and student at Qld Academy of Science, Mathematics and Technology.

Breast Cushions:



Very successful working bee
- 80 breast cushions stuffed, sewn, and wrapped
- 60 drainage bags tagged and wrapped

Our Club delivers these to the Breast Care nurses at Mater South Brisbane.

(Ed: Thanks to our members and HonZons – Photo of HonZon Michelle with drainage bags, and HonZon Karen with breast cushion)



Fundraising

Trivia Night.

Thanks to members who supported our Trivia at Grill'd Carindale – this is proving to be a fun way to spend time with families, and raise some money for our service projects. Sincere thanks to Divya who organised all aspects of this event, including collating a challenging set of questions. Proceeds approximately \$240.

Photo: Divya congratulates the winning team, who will enjoy the hamper of treats.



Buy Raffle Tickets Now – A perfect gift for Christmas.



Tickets are still available for a chance to win this painting by the late Jean Gariola.

Tickets are \$5 each, and will be available at The Paint the Bayside Breakfast on 8th December.

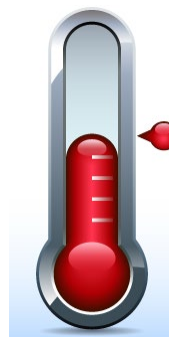
The winner will be announced following breakfast.

If you are not attending this event, but would like to support this fundraiser, and have the chance to win this painting, please contact us via our email address:

brisbaneeast@zontadistrict22.org and you will be advised of bank details.

Containers for Change

For those who are helping with our fundraising via “Containers for Change”, please collect cans and bottles (with 10c return label) and wine and spirit bottles (these do not have to have the 10c return label).



Drop your bag of recyclable bottles and cans to a Containers for Change depot and quote the number **C10671310**. The funds raised will then go direct into our Fundraising Account.

Do we need a target? Great effort during October – As of 31 October, \$120.20 has been raised. Thank you! Aiming for \$500 by end of March 2024, that's. ***\$397.80 to go!*** With the inclusion now of wine and spirit bottles, and Christmas party season, we are likely to collect more over the next couple of months. Please keep canvassing your friends and family/organisations for additional deposits.



Sausage Sizzle: 9th March 2024 – Save this Date

Thanks to members and Hon-Zons who worked on our last Sizzle – a super busy day – apparently 72 kgs of sausages cooked and sold! Jo will contact members closer to the date to arrange rosters and purchases.

Diary Dates

25 November – 10 December 2023 – 16 Days of Activism

07 December 2023 – Board Meeting by TEAMS

08 December 2023 – Paint Bayside Orange Breakfast, Wynnum Manly Leagues Club

18 December 2023 – End of Year dinner, The Colmslie Hotel

01 February 2024 -Board Meeting by TEAMS

10 February 2024 – Club Planning Meeting – Bulimba Library

19 February 2024 – Monthly Meeting – Hybrid

07 March 2024 – Board Meeting by TEAMS

08 March 2024 – International Women's Day

09 March 2024 – Bunnings Sausage Sizzle

13 March 2024 – Zonta Brisbane East 35th Birthday

16 March 2024 – Combined Area 1 & 3 Meeting, Beaudesert

18 March 2024 – Monthly Meeting – Hybrid – Scholarship students invited to attend meeting

25-28 June 2024 – Zonta International Convention, Brisbane Convention & Exhibition Centre
NOTE: Registrations open in January 2024, with early bird registration closing 15 March.
Keep referring to this website for more information: [Zonta International | Brisbane 2024 | Women's Rights Convention \(zontaconvention.com\)](https://www.zontaconvention.com)

