

Coral Coast Chat

December 2008

Address PO Box 916 Bowen Queensland 4805

www.bowen.zontadistrict22.org

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Diary Dates

*Club meets every 2nd Wed
of the month at 7.00 pm Central Hotel*

- 10th Dec Board Meeting - 5.30 p.m.
Dinner Meeting - 7.00 p.m.
- 25th Nov- White Ribbon Day & 16 days
10th Dec of activism.
- 13th Dec Christmas Bar-B-Que
- 18th Dec F&F, Prog Meeting - 5.15 p.m
- 5th Jan SOW, PR, Comm, UN - 5.15 pm
- 14th Jan Board Meeting - 5.30 p.m.
Dinner Meeting - 7.00 p.m.

Contacts

President

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Treasurer

Angela Cornwell

Secretary

Lynette Klukas

Attendance for Board Meeting

Lynette Klukas 4785 0000 (h)
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lynette.klukas@bigpond.com

Attendance for Monthly Meeting

Jill Knight - 47861060 (h)
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Newsletter Editors

Kerry & Veronica 4786 3451

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President's Report

It's almost Christmas and the trees and lights are up. We visit people and send cards to those whom we may not have even spoken to since last Christmas. There is a general air of excitement and people are generally more charitable at this time of the year. Wouldn't it be lovely if we actually lived everyday as if Christmas was just around the corner? May we never forget how truly blessed we really are.

*In a world where many are lonely, we are blessed
with our friendships.*

*In a world where many are captive, we are blessed
with our freedom.*

*In a world where many are hungry, we are blessed
with provision.*

May this enlarge our sympathy,

Deepen our compassion and

Give us grateful hearts.

Thank you very much to all members for your efforts this year in improving the status of someone else. May you all enjoy a truly blessed Christmas with your families and friends.

Bev Lowcock

Thought of the Month

**We are made wise not by the
recollection of our past, but
by the responsibility of our
future.**

George Bernard Shaw

Committee Clippings

PR & Communications Report

Media advertising was organized for promotion of activities in November. This included advertising in the Bowen Independent and radio exposure on Gem FM two weeks prior to the Self-defence classes.

Several articles appeared in the Bowen Independent highlighting the 16 Days of Activism, White Ribbon Day, the self-defence classes and the display at the Whitsunday Regional Council regarding these activities.

The committee has decided that due to the Christmas and New Year holidays that there will be no newsletter for January. A combined January /February newsletter will be produced prior to the February meeting.

Kerry Picknell
Chairperson

Birthing Kits Day in Townsville

It is great to see the Zonta Club of Townsville Metro and students of St Margaret Mary's partaking of Zonta's obligation to supply birthing kits to women in third world countries.

Source: Townsville Bulletin 4/12/08



Q150, SOW & UN Update

16 Days of Activism

The program for the Nov meeting with guest speakers Constable Rowan and Liaison Officer Darryl Paul informing us about domestic violence in Bowen and the Bowen Emergency Crisis Housing was well received.

White Ribbon Day Nov 25

- Thank you for all who collected money for White Ribbon Day especially Shirley, Leesa, Bonnie, Christine and Veronica.
- The Club received 80 ribbons and 80 wristbands to the value of \$320 on consignment. As we only collected \$204, the SOW recommends that Zonta pays the balance of \$116 to the foundation rather than returning unsold product. We can resell the ribbons again next year.
- The Bowen Independent printed a few paragraphs about our involvement in WRD.

Window Display at Council Office Nov 25-Dec 10

- Special thanks to Denise Lewis and Amy O'Rourke who assisted with the window display.
- The display includes information about 16 days of activism for the prevention of violence against women, Zonta International projects, local projects and community information regarding domestic violence.
- A lady who was viewing the display inquired about membership.

Self Defense Workshops

Two workshops were held Tues Nov 25 and Sat Nov 29 with Taekwondo instructor Fiona Howarth. Participants were shown how to get themselves out of a hold by using some very simple techniques. Photos appeared in the Bowen Independent 5.11.08.

Zonta Care Packs

- A list of emergency items has been compiled (shampoo, conditioner, soap, toothpaste, toothbrushes, moisturiser, sunscreen, sanitary pads, comb/brush, disposable nappies, small tissues, safety pins, baby wipes). Other useful items may include (hair ties, flannel, child comfort toy, kids activity booklets, emery board, make up, hard lollies, bandanas)
- Denise Lewis has offered to collect and store Zonta Care Packs at her home and business *Out of the Blue Natural Therapies* 21 Powell St Bowen 0423 709748.
- Members are reminded to bring sample size products to the meeting on Dec 10th for collection.
- High school girls have volunteered to do sew toiletry bags.
- Zonta Care Packs will be presented to the Neighbourhood Centre along with our Christmas donation.

Girls in Science Bursary

Bev has developed the criteria for this award and asked for feedback.

Hortense Ingram
Chairperson

Committee Clippings

Finance and Fundraising Report

Chocolate sales

We will, by the end of the month, have a total of 20 outlets for the chocolates around town.

White Elephant/Garage Sale Stall

Plan for a stall at a Hansen Park Market once the market recommences in 2009.

All Members are asked to start saving any unwanted items to put on the stall. List to be provided of suggested suitable items for next meeting.

Any goods can be stored under Chris's House so members can have a clean out and know they don't have to still hold on to unwanted items.

Sale of Alcohol at the Australia Movie

Summergarden theatre is holding 4 sessions a day in 2 theatres so people coming to see the movie are well spread over the 8 sessions. Due to the uncertainty of the number of people attending just the night sessions it was decided not to proceed with planning 'a fundraising bar' for any evenings.

Movie night for Australia

To be held on Thursday 27th Nov at 7.45pm at Summergarden Theatre

Tickets \$20. Can pay for tickets on the night

This is an easy and profitable fundraiser for the club and is replacing our usual Xmas raffle.

Guests will be given

- A complimentary glass of Bubbles or orange juice [glasses of water also available].
- A chocolate bar to take in with them to the theatre – attached will be a little 'thank you for supporting Zonta' note
- A free ticket in the Lucky draw with 3 prizes to be drawn at the end of the movie.

Chris Coventry (edited version)

Chairperson

Program Committee Update

December meeting

- Baby photos activity - drop to Lynette or Bonnie or bring one to the meeting.

- A small donation, instead of our usual raffle, is to be placed in a colourful envelope to hang on our Christmas tree. The money donated will be passed onto the Bowen Neighbourhood Centre to purchase items to go into the food parcels which are distributed to the not so fortunate at Christmas.

Christmas Social

- Email Bonnie for contributions of a plate of eats for the barbecue at our President, Bev's home on Saturday 13th December commencing at 6pm.

- Invite all your friends and RSVP to Lynette the numbers.

Bonnie Kohlhase (edited version)

Chairperson

Don't forget to start collecting for the emergency toiletry packs. A box will be available at the December meeting.



Upcoming Events Snippets



Who's 21 Again?

Nan **December 15**
Veronica **January 8**

Christmas Gift Suggestions

To your enemy, forgiveness.
To an opponent, tolerance.
To a friend, your heart.
To a customer, service.
To all, charity.
To every child, a good example.
To yourself, respect.

'Christmas Gift Suggestions' by Oren Arnold is a short and sweet poem highlighting the true gifts one should give to different kinds of relations in your life.



Q150 Update

Stay tuned for further updates from the Q150 committee.

Museum Visit

The new date for our afternoon visit to Bill Ashman's Farm Machinery Museum is yet to be finalized.

2009 District Conference

The Townsville Zonta club will be hosting the 2009 district conference to be held from the 25th to 27th of September. Mark this in your diary.

Cairns Area Workshop

Members interested in attending the next area workshop, start planning now. Cairns Zonta Club will be hosting one on the 28-29th March.

Visit by Area Director

We are looking forward to meeting our Area Director Kelly Stokes, who will be attending our December meeting.

Christmas Social

A bar-b-que to celebrate Christmas will be held at our President Bev's home on Saturday 13th December 18 Kirkpatrick Crescent, Queens Beach, commencing at 6 pm. Invite your friends.

Cost: \$5 per person

BYO: drinks, chair, cutlery & glass

RSVP: 10 December 2008

Telephone 07 4785 0000

Email: lynette.klukas@bigpond.com

Guest Speakers

Our guest speakers at the November meeting were Constable Rowan Taylor and Liaison Officer Darryl Paul from our local Police Station. They gave a very informative talk on the incidence of domestic violence in the local community. Explaining that domestic violence can be physical and emotional and occurring in all levels of society, they also mentioned the services available to the police to assist with helping victims. They spoke of the crisis housing program which our club sponsors and of the work undertaken with schools and children to try and break the cycle of violence.

SNAPSHOTS OF EVENTS



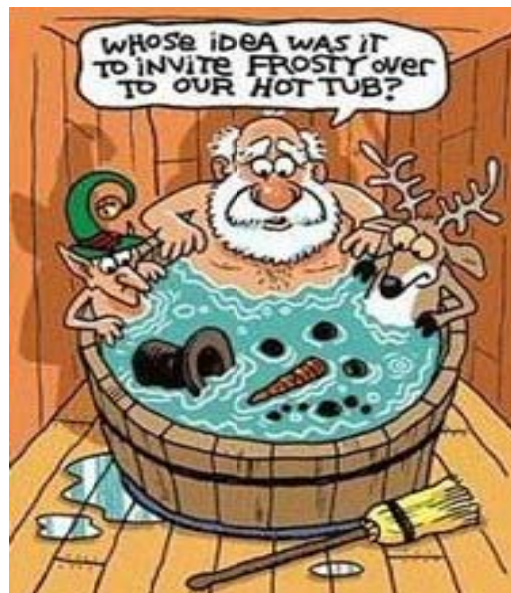
A self defence workshop was held as a part of the 16 days of activism campaign. Two workshops were held, one on White Ribbon Day Tues Nov 25 and Sat Nov 29th with Tae kwon do instructor Fiona Howarth. In the workshop participants learned how simple things can prevent an attack. Participants ranged from all ages. Kelcey Taylor (above) performs a good kick.

Zonta Care Pack Collection

Can You Help?

Help us collect toiletry items for distribution to Bowen's emergency and crisis housing. Shampoo, soap, combs, toothpaste, toothbrushes, disposable nappies etc.

All donations to – Out of the Blue
Natural Therapies, 21 Powell Street
Bowen Ph 0423 709 748



Hot Chocolate

A group of graduates, well established in their careers, were talking at a reunion and decided to go visit their old university professor, now retired. During their visit, the conversation turned to complaints about stress in their work and lives. Offering his guests hot chocolate, the professor went into the kitchen and returned with a large pot of hot chocolate and an assortment of cups - porcelain, glass, crystal, some plain looking, some expensive, some exquisite - telling them to help themselves to the hot chocolate. When they all had a cup of hot chocolate in hand, the professor said: 'Notice that all the nice looking; expensive cups were taken, leaving behind the plain and cheap ones. While it is normal for you to want only the best for yourselves, that is the source of your problems and stress. The cup that you're drinking from adds nothing to the quality of the hot chocolate. In most cases it is just more expensive and in some cases even hides what we drink. What all of you really wanted was hot chocolate, not the cup; but you consciously went for the best cups... And then you began eyeing each other's cups.'

Now consider this: Life is the hot chocolate; your job, money and position in society are the cups. They are just tools to hold and contain life. The cup you have does not define, nor change the quality of life you have. Sometimes, by concentrating only on the cup, we fail to enjoy the hot chocolate God has provided us. God makes the hot chocolate, man chooses the cups.

The happiest people don't have the best of everything. They just make the best of everything that they have.

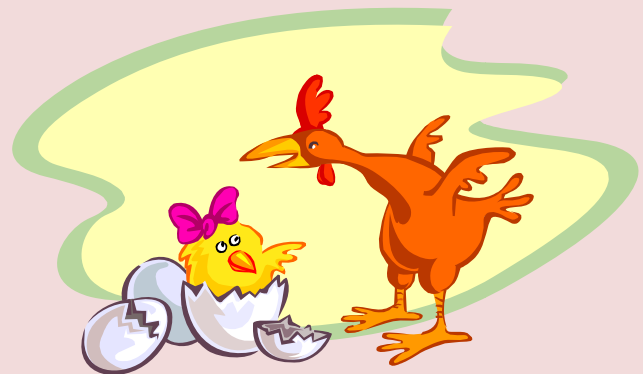
Live simply. Love generously. Care deeply. Speak kindly...

.....And enjoy your hot chocolate.

Reminder

Don't forget to drop a baby photo into Lynette or Bonnie or bring to December meeting. Bring a small donation in a colourful envelope and hang on the Christmas tree (instead of raffle).

From the Editors



Christmas is upon us and we are heading very quickly into the New Year. Your editors wish you all a safe and happy festive season.

Kerry & Veronica



Season's Greetings ❄️