

# Coral Coast Chat

 **Zonta Club  
of Bowen**  
*Member of Zonta International*

Club 1476 Area 5 District 22

January/February 2010

Address PO Box 916 Bowen Queensland 4805

[www.bowen.zontadistrict22.org](http://www.bowen.zontadistrict22.org)

## IN THIS ISSUE

- 1 From the President's Pen  
Diary Dates
- 2, 3 Committee Clippings
- 4 Upcoming Events
- 5 Snapshots of Events
- 6 From the Editors, Cookery  
Corner

## Diary Dates

*Club meets every 2<sup>nd</sup> Wed  
of the month at 7.00 pm Central Hotel*

1 <sup>st</sup> Feb	Program - 3.30 p.m.
3 <sup>rd</sup> Feb	SOW, UN - 7.00 a.m.
10 <sup>th</sup> Feb	Board Meeting - 5.30 p.m. Dinner Meeting - 7.00 p.m.
17 <sup>th</sup> Feb	OMC - 9.00 a.m.
24 <sup>th</sup> Feb	F&F, PR, Comm - 7.00 p.m.
24 <sup>th</sup> Feb	Movie Premier
7 <sup>th</sup> March	IWD Day
17/18 <sup>th</sup>	2010 Area meeting in Ayr
April	
8 <sup>th</sup> May	Bush Dance
19 <sup>th</sup> May	Handover Night

## Contacts

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## From the President's Pen

With our President Bev busily commuting between Bowen and her work in Mackay, she has asked me to pen a few words on her behalf. On the local scene, Bev has expressed a great desire to see projects related to Bowen's women and children who are in need, come to fruition. I am positive as a club we will come together and support Bev with these worthwhile projects.

Internationally, our Zonta International President Beryl Sten and the board have the women and girls of Haiti on their 2010 agenda. In her email dated 4/2/10, Beryl described the violence they will be at risk of experiencing following the earthquake, when law and order is not functioning. Beryl informed us that discussions have commenced with UNIFEM to organise a project that will be effective once the need for immediate help has decreased. She assured members that as a strategic partner of UNIFEM, Zonta's project will address this issue of violence against Haitian women and girls while meeting Zonta's mission and objects. The Board is recommending a ZISVAW project in support of the women of Haiti and will take this proposed project to the Convention in San Antonio for voting.

It is truly inspiring to know that when women and children are in need of support, be they in our hometown or a world away in another country, Zonta members will be moved into action.

*Kerry Picknell (1<sup>st</sup> Vice President)*

## Thought of the Month

**Always look on the bright  
side,**

**If no bright side,  
Then polish the dull side.**

**Anonymous**

# Committee Clippings

### Finance and Fundraising Report

Movie Premiere – Wednesday 24th February - 'It's Complicated', starring Meryl Streep and Steve Martin. Information and tickets will be available at the February dinner meeting.

Binoculars Project – Chris Coventry met with Matthew Magin who advised the project will be going ahead and he hopes to have installation and some landscaping works done by midyear.

Zonta Books – Books have been distributed to a number of outlets around the town and will be for sale at IWD. They have been listed on the Zonta web site. Other local service clubs will be approached and a complimentary set has been delivered to the Bowen State High School library. The committee will seek the Board/Clubs approval to distributed 2 books to each Zonta Club in Queensland as a gift. Included with the books will be an order form with the hope that some sales will be forthcoming from other Zonta Clubs.

Bush Dance – Arrangements are continuing for the Bush Dance Night, to incorporate dancing, bush poetry, auction and raffle. Catering for the meal / supper will be outsourced.

*Therese Mayhew (edited version)*

### SOW Report

IWD Luncheon is now organized with two guest speakers. Karen Read and Carol Carter have accepted our invitation to be our guest speakers. Cheryl will be MC, Margaret Tawse will be entertainer. Walter and Judy Willcox will once again carry out table decoration and purple ribbons, etc have been ordered. Golf Club and Roger McGrath have been booked for the function.

All members have been asked to donate a raffle prize and should bring it along to the February dinner meeting. A roster will be available at this meeting for members to volunteer for the different tasks on the day.

With the kind assistance of our excellent Grant submitters, Hortense and Christine, we are applying for a grant through the Whitsunday Regional Council to cover cost of setting up a self-esteem training programme for young teenage girls. It is hoped that if the application is successful, it will cover costs to training the people who will then have the expertise to run this course on an annual or bi-annual basis.

I have dispatched over 100 toothbrushes to the East-Timor appeal.

Our Committee is still trying to find a way of setting up a trust fund to allow the club to offer a annual bursary to girls entering university. This is a prolonged exercise but hopefully we will find a way.

*Bon Wharley (edited version)*

### Inspiring Women



Zonta International president Beryl Sten proudly emailed (dated 05.02.10) all Zontians with exciting news regarding Amelia Earhart Fellow (1994-1995), **Naoko Yamazaki**. The Amelia Earhart Fellowship Fund provides financial assistance to women who are pursuing PhD /doctoral degrees in aerospace-related science and engineering.

Naoko Yamazaki who was born on December 27, 1970 is a Japan Aerospace Exploration Agency (JAXA) astronaut. She is the second Japanese woman to qualify as an astronaut, the first being Chiaki Mukai who became a Zonta International Honorary Member in 2000.

Naoko joined NASA's Astronaut Candidate Training in June 2004. On the 18<sup>th</sup> March 2010 she will join the crew of the Atlantis, as a Japanese crew member. Lifting off from Houston for a two-week flight, they will deliver equipment and materials to the International Space Station and Naoko will be the astronaut responsible for operating a robotic arm. Beryl commented that Naoko and her story is just one of many of the successes of our Amelia Earhart Fellows.

# Committee Clippings

## OMC Committee report

### New Member Package Checklist

A checklist for the new members' induction package kit has been compiled. The following are suggestions for inclusion in the package given to new members on induction. We welcome feedback from all members whether other material is required to orientate newcomers more easily to the Zonta ideals.

- Welcome letter
- Copy of our Club Constitution
- Instructions on how to get onto the Zonta website to access the Zonta Manual
- Zonta pin
- Zonta badge
- Current membership list
- Current committee allocation of members
- Copy of our last newsletter
- 12 Steps to Becoming a Zontian
- Rose Card
- The symbol of the Rose
- Folder to put the above material in
- Yellow Rose

Nine shirts have been ordered from the Zonta Club of Coffs Harbour for members.

*Nan Hansen* (edited version)

## PR & Communications Report

IWD – Advertising is organised for International Women's Day, including flyers, newspaper advertisements. Promotion on Gem FM is to be organised. A story and photographs to appear in the Bowen Independent is also to be arranged.

Movie Premier – Promotion and advertising is yet to be organised.

Newsletter – The latest edition for January/February will be emailed prior to February meeting.

President Bev Lowcock has been promoting the Zonta Cub of Bowen and developing community links through her involvement with committees such as the One Voice Housing Group, BSCAT and the Neighbourhood Centre. She recently appeared in a photograph and article regarding the One Voice committee in the Bowen Independent.

*Kerry Picknell*  
(Chairperson)

## Program Committee Report

**Program for upcoming general meetings:**  
**February** No activities due to planning for IWD

**17 Feb** Tourism Bowen networking evening at Community Solutions 6pm-8pm

**March** IWD review

**April** TBA

**May** HANDOVER DINNER  
3<sup>rd</sup> Wednesday – 19 May  
Food Freaks – Leesa is looking at menus  
Guest speaker is Wes Bust – Salvation

Army Officer

We will work with Lynette after IWD: re invitations for this.

*Rhonda Nilsson* (edited version)

## Toothbrushes for Timor

The Association of Women Educators ([www.awe.asn.au](http://www.awe.asn.au)) recently returned from a study tour hosted by Ms. Kirsty Sword Gusmo (Alola Foundation). Timor-Leste is only a 45 minute plane ride from Darwin and the aim of the study tour was to identify ways to assist the Alola Foundation ([www.alolafoundation.org/](http://www.alolafoundation.org/)) to support education especially of the women and girls. One of these is developing a campaign to collect basic personal hygiene items (toothbrushes, toothpaste, soap, shampoo, brushes & combs) as many families presently share (1) toothbrush and have little access to other items essential to good health. Rotary District 9800 has agreed to transport collected items. The Alola Foundation is conducting health education programmes through the schools and items will be distributed as part of this programme.

Toothbrushes for Timor-Leste

3 Northwood Drive or PO Box 702  
Viewbank Everton Park  
Vic. 3084 Qld. 4053

Please pass this info on to any friends who may wish to support this cause. Further info is available at the websites.

Shelley Tait

# Upcoming Events Snippets




## Who's 21 Again?

**Veronica**      **8<sup>th</sup> Jan**  
**Leesa**         **13<sup>th</sup> Feb**  
**Vicki**          **23<sup>rd</sup> Feb**

**2010**

**BOWEN'S**  
**International Women's Day Luncheon**



**women Leading the Way**

A celebration of women's strength, courage, diversity and participation in leadership, decision making and community building.

**Guest Speakers:**  
**Carol Carter**, District Manager, Bowen District Office of Australian Customs Service  
**Karen Read**, General Manager of Business Planning and Reporting, Xstrata Copper Business

**Bowen Golf Club**  
**Sunday 7th March**  
**@ 11:30 am (Program start 12 noon)**

 **Zonta Club of Bowen**  
*Member of Zonta International*

Entry by Ticket only  
Ticket Cost: \$25  
Ticket Sales: Hickmotts Supanews

### 2010 International Conference

Ladies, give some thought to the ZI conference being held in San Antonio, Texas, USA from the 25<sup>th</sup> to 30<sup>th</sup> June 2010. Check out the ZI website for the latest info and watch President Beryl Sten's unusual invitation along with the San Antonio Club's welcome video.

### Relay for Life

Let's get together and organise a team for Bowen's own Relay for Life on the 15/16<sup>th</sup> May 2010 at the Bowen Showground. As a major fundraising event for the Cancer Council Queensland people are being urged to participate.

### 2010 Area Meeting

The Zonta club of Ayr will be hosting the 2010 Area meeting on the 17/18 April. Start planning to attend this event.

### Zonta Books

The Zonta Club of Bowen's historical books - 'Coalfields to Coral Seas' and 'Reminiscences of the 20<sup>th</sup> Century' are now listed on the District 22 website under shop/books, videos, complete with a picture of the covers. This website is linked with District 23.

### Networking Night

Tourism Bowen is holding a Networking night at Community Solutions on Wednesday 17<sup>th</sup> February from 6p.m. - 8p.m. All are welcome.

### International Women's Day

It is the time of year when we once again celebrate women. The theme this year is 'Women Leading the Way'. Invite your family and friends and enjoy the celebrations on the 7th March. Tickets are to be pre-purchased at the February meeting or at Hickmott's Supa News.

### Movie Premier

**Movie Premiere - Wednesday 24th February - 'It's Complicated'**, starring Meryl Streep and Steve Martin. Information and tickets will be available at the February dinner meeting.

### Toothbrushes for Timor-Leste

One hundred toothbrushes were collected by Bowen Zonta club members for the Alola Foundations health education programme.

# SNAPSHOTS OF EVENTS

## ZI 90th Birthday Celebrations



The Zonta Club of Bowen enjoyed a night of fine dining and fellowship in celebration of ZI's 90<sup>th</sup> birthday on the 11<sup>th</sup> November. Members and guests gathered at Whitsunday Sands restaurant and enjoyed an inspiring talk from guest speaker Tracie Bazzo from 'Girl's Night In' (above right). The honour of cutting the birthday cake went to the oldest and youngest members - Veronica Hickmott and Elise Rynn (above left).

# Cookery Corner



## Sweet Corn Savoury Tart

by Lynette Klukas

Use your own favourite pastry for the flan

Filling: 1 onion chopped finely  
3 rashers of bacon cut into small pieces - the old fashioned smoky bacon is best.  
3 tomatoes (can use a tin of tomatoes)  
1 x 10 ozs can of corn  
6 ozs of matured cheese - grated  
2 eggs  
1/3 - 1/2 teaspoon of curry powder - depending on taste  
salt and pepper

Fry onion, bacon and tomatoes.

Add half cheese, corn, curry powder, seasoning and beaten eggs

Pour over pastry lined lamington tin.

Sprinkle rest of cheese on top.

Cook in a moderate oven for 45 minutes.

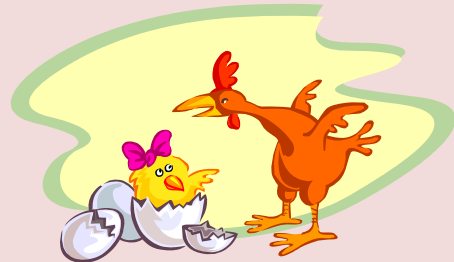
If you wish to make this a vegetarian dish, remove the bacon.

I have just put the filling in a greased dish without the pastry and used it as a vegetable bake.

### Reminder

All members to bring a wrapped prize to the value of \$15.00 for IWD to the February meeting.

## From the Editors



2010 is now well underway with many functions in the planning. Handover night, one of our important yearly functions will soon be upon us. The nominating committee will announce the slate of candidates shortly and many members will be accepting challenging roles and stepping out of their comfort zones. Learn and grow from the experience and enjoy the year ahead.



Happy Valentine's Day  
♥♥♥

Kerry & Veronica