

East-Enders

January 2024

“Building a Better World for Women and Girls”



President's Patter



Happy New Year – If 2023 was kind to you, I hope there are many more such years ahead. If it was not such a great year, then I my wish is that 2024 and beyond will be all that you hope for and deserve.

There is such a fanfare about the end of the year and the beginning of a new one. Too much money spent on fireworks and parties that never quite live up to expectations. Sunday will turn into Monday as it has done 51 other times this year. Just like birthdays, you are just one day older not a whole year, the odometer rolls over from 9999 to 10000 and nothing changes. Why wait until New Years Day? If change is needed, then any old day of any old week will do. Don't wait 365 days to make the change.

The New York Times asked the question – What's the best advice you have ever received?

I've chosen a half a dozen from the list.

- If everyone is driving you crazy, then the feeling is probably mutual!
- Life is too short not to tell the people you love that you love them.
- Nothing good is happening on your phone after 8pm
- There are many things I can't control. But I can control how I do or don't react.
- Keep a running list of the nicest things anyone has ever said to you or about you. Take it out and read it when the world is getting the best of you.
- This last one is my favourite. It's just one word – Listen.

Here's to a great year of change in 2024!

Susan

Editorial



Are you like me – always making the same New Year's Resolutions and abandoning them (as never achieved!)? So this year, I am focusing on my continual learning, in the hope that I will be more successful. That continual learning is to include more knowledge about, and more engagement in Zonta.

Fortunately, I should easily achieve one of these Zonta learning goals – attending my 1st Zonta International Convention!

But here are some other Zonta engagement activities in which you might like to join me?

- Connect with a member who is not able to attend our meetings
- Share Zonta International news / programs in our local club newsletter
- Read and share [Remarkable Women Powerful Stories \(zonta.org\)](https://www.zonta.org/remarkable-women-powerful-stories)
- Contribute lots of ideas for discussion at our Club Planning Day
- Use the Zonta App

Jacinta

Paint Bayside Orange Breakfast:

A very successful advocacy event was held on 8th December. Sincere thanks to Ros for working with Member for Lytton, MP Joan Pease, to coordinate this annual event. Approximately 85 guests attended, many dressed in orange, to hear heartbreaking reflections on domestic violence and its ongoing impact. But there was also a message of hope in the action that has been and continues to be taken.

The guest speaker, David Kramer, Program Manager with Small Steps 4 Hannah, spoke about their H.A.L.T. program which is launching in 2024. Dave is a Behavioral Scientist, and he spoke with passion about eliminating all forms of violence and creating safe, equal, inclusive homes, workplaces, schools, and communities.



Christmas Hampers:

Our sincere thanks to Lesley, Divya and Rachel who took on our service project of providing 6 Christmas Hampers, and gifts to the mothers at a Domestic Violence Shelter. We delivered these on 18th December, and received much appreciation, and acknowledgement of the difference this makes to these mums and their children.

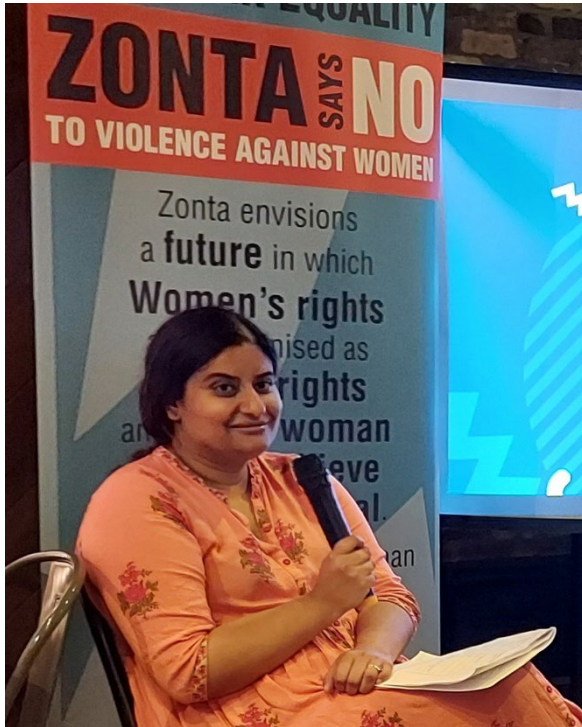
Special thanks to

- HonZon Michelle for her crochet work to provide hangers and towels for mothers' gifts

- Bunnings Rocklea for the laundry baskets in which the hamper goods were packed.
- Queensland Academy for Science, Mathematics and Technology for donation of Christmas treats
- Hands of Hope, for their donation of non-perishable food items
- Members Rachel and Ros for donation of fruit and vegetables, and gifts for mothers
- Member Lesley for creating kokodamas for mothers' gifts



Fellowship:



Our member Divya is transferring to Zonta Club of Pine Rivers, due to her recent purchase of a home on north side of Brisbane. We will miss her commitment, her ideas, her friendship, her generosity, and her support to members.

Our sincere thanks Divya for your involvement in our service projects, especially Christmas Hampers; our fundraising events, especially our Grill'd Trivia Nights (photo of Divya as Trivia Master at our last event); for regularly being our events photographer; for your leadership as Board Director; for sharing your skills, knowledge and insights; for bringing Donovan and Kiran to many events, and so much more!

Fellowship event planned for weekend of 27th - 28th January. (Details will be sent to members by email)

Amelia Earhart Month

Each January, Zonta International celebrates the spirit and impact of legendary pilot Amelia Earhart, one of our most famous former members.

On Amelia Earhart Day (11th January), Zontians commemorate the records she broke on this day in 1935 and celebrate her contributions to the aerospace industry and her empowerment of women in science.

The Amelia Earhart Fellowship, established in 1938, is awarded annually to up to 30 women pursuing Ph.D./doctoral degrees in aerospace engineering and space sciences. Approximately 1300 women from 77 countries have been awarded an Amelia Earhart Fellowship.

The 2024 Amelia Earhart Fellowship applications closed last November, and winners will be announced in June 2024. You may be interested in reading more about Amelia Earhart and this Zonta Program. [Amelia Earhart Fellowship \(zonta.org\)](https://www.zonta.org/amelia-earhart-fellowship)

Zonta Club of Brisbane East 35 Year Anniversary:

A very busy month in March – see the list of diary dates! We usually invite our tertiary scholarship winners to our March meeting, but I understand that we are planning to invite them to our February meeting. This is because Zonta Club of Brisbane East will be celebrating 35 years anniversary in March. At our November 2023 meeting, a committee was formed to plan our celebrations – details will be forwarded to members as soon as possible.

Fundraising:

Containers for Change



For those who are helping with our fundraising via “Containers for Change”, please collect cans and bottles (with 10 return label) and wine and spirit bottles (these do not have to have the 10 return label).

Drop your bag of recyclable bottles and cans to a Containers for Change depot and quote the number **C10671310**. The funds raised will then go direct into our Fundraising Account.

Do we need a target? As of 30 November, \$168.80 has been raised. Thank you! Great effort in November – another 486 containers donated. Perhaps I set the goal too high at \$500 by end of March 2024, as that’s ***\$331.20 to go!*** But hopefully, with the inclusion now of wine and spirit bottles, and Christmas party season, we are likely to collect more over these next couple of months. Please keep canvassing your friends and family/organisations for additional deposits.



Congratulations to our member Beverley who won our special raffle prize - painting by artist, the late Jean Gariola.

Photo of Beverley with Jean’s daughter Lyn, also a member of Zonta Club of Brisbane East.

Approximately \$375 was raised in this raffle, with tickets sold at our High Tea, Paint the Bayside Orange Breakfast, and by our members. These funds will be allocated to the refurbishment of the Safe Room at Morningside Police Station which is used for interviewing women who report domestic violence. We worked with Officer in Charge, Dave Buttrum – the small room needed some redesign of desk / computer space, and addition of tub chairs, curtains, playmat and toys for children, artwork and plants.

Zonta International Convention, 27-30 June 2024:

Convention Early Bird Registrations open 15th January (extending to 15th March). The ticket prices (e.g. \$US 325 for full registration of member) are in US dollars, and GST will be added at online checkout. Keep checking information on this website: [Zonta International | Brisbane 2024 | Women's Rights Convention \(zontaconvention.com\)](https://www.zontaconvention.com)

District 22 Governor Lyn has advised that District 22 will hold a Welcome to Convention gathering on 26th June at the Charming Squire. This event is open to all D22 Zontians (even if not attending the convention), partners and friends. Cost will be \$58 pp. Tickets will be available online.

Diary Dates

11 January 2024 – Amelia Earhart Day

01 February 2024 -Board Meeting by TEAMS

10 February 2024 – Club Planning Meeting – Bulimba Library

19 February 2024 – Monthly Meeting – Hybrid – Scholarship students invited to attend meeting

07 March 2024 – Board Meeting by TEAMS

08 March 2024 – International Women’s Day

09 March 2024 – Bunnings Sausage Sizzle

13 March 2024 – Zonta Brisbane East 35th Birthday

16 March 2024 – Combined Area 1 & 3 Meeting, Beaudesert

18 March 2024 – Monthly Meeting – Hybrid

26 June 2024 – District 22 Welcome to Convention – Charming Squire, South Brisbane.

27-30 June 2024 – Zonta International Convention, Brisbane Convention & Exhibition Centre

