

Coral Coast Chat

 **Zonta Club
of Bowen**
Member of Zonta International

Club 1476 Area 5 District 22

July/August 2009

Address PO Box 916 Bowen Queensland 4805

www.bowen.zontadistrict22.org

IN THIS ISSUE

- 1 From the President's Pen
- 2, 3 Diary Dates
- 4 Committee Clippings
- 4 Upcoming Events
- 5 Snapshots of Events
- 6 From the Editors

Diary Dates

*Club meets every 2nd Wed
of the month at 7.00 pm Central Hotel*

- 12th Aug** Board Meeting - 5.30 p.m.
Dinner Meeting - 7.00 p.m.
- 19th Aug** OMC meeting - 9.00 a.m.
- 25th Aug** F&F, PR Meeting - 4.45 p.m.
- 26th Aug** SOW, UN - 7.00 am
- 31st Aug** Program meeting - 3.30 p.m.
- 9th Sept** Board Meeting - 5.30 p.m.
Dinner Meeting - 7.00 p.m.

Contacts

President

Bev Lowcock 4785 0221 (h)
4785 9824 (w)
blowcock@bigpond.com

Treasurer

Angela Cornwell

Secretary

Shelley Tait 4786 4797
Shelleytait1309@yahoo.com.au

Attendance for Board and Dinner Meeting

Nan Hansen 47-851399

Newsletter Editors

Kerry & Veronica 4786 3451
kpicknel@bigpond.net.au

From the President's Pen

Once I used to wish that the whole world would stop so I could have a rest and not get behind. Now, I have arrived at the conclusion that all holidays should be three weeks long. Anything less is a break or a rest but that need to get off the merry-go-round is better fulfilled by a period of time which is long enough for one to get out of everyday routine but not too long to be habit forming; long enough to realize that one is not indispensable and that even though you have stopped the rest of the world has managed to continue without you ...possibly just to spite you; and long enough and remote enough to quell the urge to check on things, as distance and time prevents you from being able to deal with it anyway. While we travelled mainly to catch up with friends, we did manage to do the tourist bit (my husband calls me the trainee grey nomad). There were a lot of kilometres with a lot of nothing in between which gave me plenty of time to appreciate, reflect and plan. I certainly appreciate what a huge and beautifully, different country we have. The trip from Cloncurry to Richmond at dusk is worth a mention. As we travelled for miles along a very straight flat road through grassy plains with barely a tree to be seen, the full moon rose in front of us as the sun set behind. Just to see the colour changes in front and behind was enough to appreciate the sense of sight and reminded me of a book I used to read to my children about the monsters who fought over whether the day was falling or the night was rising. It is all a matter of perspective as are so many of the arguments or disagreements that we have in life. I was able to reflect on many aspects of my life from my need to be in control to my need to be needed or wanted. A few wisdoms or insights gained : * I don't always need to be the solution to my children's problems even though it is probably cheaper, quicker and less mentally draining for me in the long run. * Work should not be a 24/7 job. * I don't need to be good at everything. Together our different talents complete the whole. * Strive to live in peace with everybody but everybody doesn't need to like me. What other people are saying about me is none of my business until they direct it to me. * **I want to be a part of this world and not just in it.** * Grace is an undeserved favour. I can also afford to pass on some undeserved favours.

* Hospitality can happen in a messy home. It is not about the host but focuses on the needs of the guest. So basically my planning involves approaching things with two questions in mind.....Is this life threatening if I do or don't do this immediately? How important will this be in five to ten years time? Now I need to stick to it!!!! Yeah well...holidays are a great time to reflect. I just reread this after a few weeks and marvel at how quickly the euphoria and the practicality of holiday reflection wears off.

On the Zonta front, we have been busy since the last meeting. Well done with the Garage sale and Raffle. Kerry and I have been attending meetings with other service clubs and have taken on a role in the Front Beach opening on November 14th. We even managed to get a guided 'walk through' the area wearing our hard hats and fluro vests. Five Zontians accepted the Lions Club's invitation to their evening featuring guest speakers who spread a little more light on the proposed development and plans for Abbott Point and State Development Area. Our meeting nights will remain for the present on the second Wednesday of each month at the Central Hotel. See you there.

Bev Lowcock (President)

Committee Clippings

PR & Communications Report

Promotional Activities

A photograph and story appeared in the Bowen Independent highlighting our club celebrating our 15th anniversary.

The Bowen Zonta club received further exposure as part of the Inaugural Bowen Services Club Forum and Networking meeting. A photograph of club representatives and story appeared in the July 31 edition of the Bowen Independent.

Members Rhonda Nilsson and Cath Morgan are meeting with Michelle McNevin from Gem FM to organise promotion of the clubs activities. Rhonda will be speaking about the "Fashions on the Field" at the Bowen Cup Race Day.

Future Promotional Activities

- Organise an article in the Bowen Independent regarding our club's young members.
- Further discussions on Gem FM regarding upcoming events e.g. birthing kit assembly day.
- Promoting/advertising Q150 Book launch

Communication Activities

The latest edition of the "Coral Coast Chat" will be emailed to all members, FOZ, Zonta clubs and contacts prior to the August meeting. Zonta representatives along with other organisations & clubs took part in the Bowen Service Club Forum & Networking Meeting with the goal to form a Combined Services Committee/Group.

FOZ News

A new member has joined our Friends of Zonta group. We welcome Bev Wilcox, the wife of the Baptist Church Minister, Noel Wilcox. Bev is keen to assist with club activities.

Kerry Picknell

(Committee Chairperson)

OMC Committee Report

Strategies for membership have been discussed and follow up will occur.

New badges for members, where necessary to replace due to out of date details, have been ordered.

Nan Hansen

Committee Chairperson

Q150 Report

Zonta Club Historical Book Launch

Celebrating 150 years

On October 15th 1859, Captain Henry Sinclair in the ketch, the *Santa Barbara*, landed on Bowen shores and named the harbour Port Denison, in honour of the Governor of NSW. On December 10th of the same year, Governor Bowen proclaimed a separation of Queensland from NSW.

Date	Thurs Oct 15 th 2009
Time	4:30-6 pm
Place	North Queensland Cruising Yacht Club 1 Starboard Dr Bowen
Theme	historical
Dress	cocktail

A Zonta fellowship dinner will follow the book launch.

Hortense Ingram

SOW & UN Report

Discussion was held re Birthing Kits and number to be assembled. This year, funding from Ausaid has been tightened and kits will now cost us \$2 each. As a letter was apparently sent earlier in the year, which seems to have missed us, on this matter, there are only a few kits left. The number of kits to be ordered is yet to be decided.

An inventory of what we have available for Care packs will be carried out before the Board meeting and arranging for toilet bags to be stitched will be done.

We are still working on a Bursary for a University student and funding options.

Young girl's Self Esteem and development course is still in the planning mode and feasibility of Grants under RADF SCHEME is being looked into.

Hortense, on our behalf, has advised organizers of Senior Week functions that Zonta is not available to conduct a stall this year.

Bon Wharley

Acting Committee Chairperson (edited version)

Committee Clippings

Finance and Fundraising Report

Garage Sale

Our garage sale was held at 21 Powell Street Bowen on 12 July. It raised a total of \$836.30. Thank you to all those who assisted in this successful event and especially to Chris Coventry, Hortense Ingram, Kerry Picknell, Shelley Tait and Cath Morgan for assistance with pricing items for sale. Due to this successful outcome we plan to hold another garage sale next year so save up your unwanted items.

Zonta Raffle

Our raffle which raised \$901.00 commenced at the Bowen Show and was drawn on 12 July after the Garage Sale. The winner was R Savins of Bowen. Special thanks to Lynette Klukas for organising the seafood voucher and Angela Cornwall, Chris Coventry and Therese Mayhew for donations to our raffle.

Correspondence

There was no inward correspondence. Outward correspondence has been sent to June Deckert, Michael Deckert, Wendy Schuler and Sue Vail for their assistance with donations to the garage sale and to Mr Paul Lyngkuist for his donation of a seafood voucher for the raffle.

Meetings

The Committee has been unable to meet since the garage sale due to many members being out of Bowen. It may be necessary to try again for a new meeting time.

There are no events scheduled for August however assistance will be required from all Zonta members for function arrangements and to staff our stall at the Fishing Classic on 19-20 September. A roster will be circulated at our general meeting on 12 August.

The Fashion Parade has been postponed until later in the year or early next year.

Denise Lewis

Committee Chairperson (edited version)

Program Committee Report

Raffles for monthly meetings: Reminder to members to either bring \$10, or prize already wrapped to August meeting.

Attendance: Reminder to let Nan know of any apologies.

Program for monthly meetings:

August Bev will be presenting a PowerPoint on "The Girl Effect".

September PowerPoint on St Jude's school in Tanzania.

October Summary of District Conference

November 'Invite a Friend'
Venue is to be announced.
Guest speaker is to be announced.

December **5th** - Zonta Christmas party 'Zonta around the world'.
Venue - pool area at Rhonda's.
BYO - drinks and partner.
Everyone is asked to bring a plate from a country where Zonta has a project or supports one.
9th - Normal Dinner meeting at Central.

Fashions on the Field

Winners from Whitsunday Cup:

>30 Maree Pollock
<30 Courtney Hipperson
Best Hat Alyssa Whitham
Best Male Trent Carus

Next Race Meeting 10 October

A meeting will be held 11 a.m. 30 August at 360 to discuss marquee and fashions on the field. Anyone interested to help with this event is welcome to attend.

Rhonda Nilsson

Committee Chairperson (edited version)

Upcoming Events Snippets



Who's 21 Again?

Bon **7th July**
Shirley **12th August**

Quote of the Month

**Nothing is permanent in this
wicked world, not even our
troubles.**

Charlie Chaplin

Reminder

Program committee
have requested a small
gift or a monetary
donation to the value
of \$10.00 be brought
to the next meeting
for our monthly
raffles.

Q150 Update

The Q150 committee is in full swing planning our Book Launch which is set for Thursday 15th October. Watch this space for further updates.

2009 District Conference

The Townsville Zonta club will be hosting the 2009 district conference to be held from the 25th to 27th of September. Members attending the conference are busy planning the memorial service which will take place on the Sunday morning. If you would like to attend, it is not too late to get your registration in.

New Rotary Committee

Some of our members attended the 56th Changeover Dinner for the Bowen Rotary Club. All reported that an enjoyable evening was had by all. The new Board members consist of President David Higgins, Vice President Bruce Chamberlain, Secretary Lyn Hodges, Treasurer Josephine Edgerton and Sergeant Robert Gould. Club committee include Membership - Lyn Hodges, Club Public Relations - Jill Brabon, Club Administration - Helen Woodhouse, Service Projects - Mark Steen and The Rotary Foundation - Randal Crabbe.

Rotary Donation

A wonderful surprise was the donation of \$500 by Rotary to Bowen Zonta club. The donation is to assist in the purchase of birthing kits for our yearly "Birthing Kit Assembly Day". The date of this event is yet to be organised.

Bowen Service Club Forum & Networking Meeting

On Sunday 19th July three Bowen Zonta Club members, Bev Lowcock, Veronica Hickmott and Kerry Picknell attended the forum where representatives from the Lions Club, Rotary, Zonta, Freemasons, Bowen State High School and Whitsunday Regional Council provided information about their club or group and discussed working together and sharing knowledge, resources, equipment and manpower. An important outcome was identifying the concept of community groups working together for the benefit of the whole community. Plans are now underway for staging the Q150 Front Beach Opening.

SNAPSHOTS OF EVENTS



Celebrating Bowen Zonta Club's 15th Anniversary is (from left) Bev Lowcock, Bon Wharley, Veronica Hickmott & Kerry Picknell.



President Bev with our newest members (from left) Carol Carter, Aime Downham & Elise Rynn.



Members Nan Hansen & Rhonda Nilsson awaiting the start of the "Banish the Black Dog Ride", an event to raise money for mental health awareness.



Bev Lowcock, Bonnie Kohlhasse & Rhonda Nilsson organising the judging of the "Fashions on the Field" at the "Whitsunday Cup" race day.



Member Hortense Ingram joined the grandma brigade with the birth of Chloe Jean.

One Flaw in Women

Women have strengths that amaze men. They bear hardships and they carry burdens, but they hold happiness, love and joy.

They smile when they want to scream. They sing when they want to cry. They cry when they are happy and laugh when they are nervous. They fight for what they believe in. They stand up to injustice.

They don't take "no" for an answer when they believe there is a better solution.

They go without so their family can have. They go to the doctor with a frightened friend.

They love unconditionally. They cry when their children excel and cheer when their friends get awards.

They are happy when they hear about a birth or a wedding. Their hearts break when a friend dies. They grieve at the loss of a family member, yet they are strong when they think there is no strength left. They know that a hug and a kiss can heal a broken heart.

Women come in all shapes, sizes and colours. They'll drive, fly, walk, run or e-mail you to show how much they care about you. The heart of a woman is what makes the world keep turning.

They bring joy, hope and love. They have compassion and ideas. They give moral support to their family and friends. Women have vital things to say and everything to give.

**HOWEVER, IF THERE IS ONE FLAW IN WOMEN,
IT IS THAT THEY FORGET THEIR WORTH.**

15 Years Young

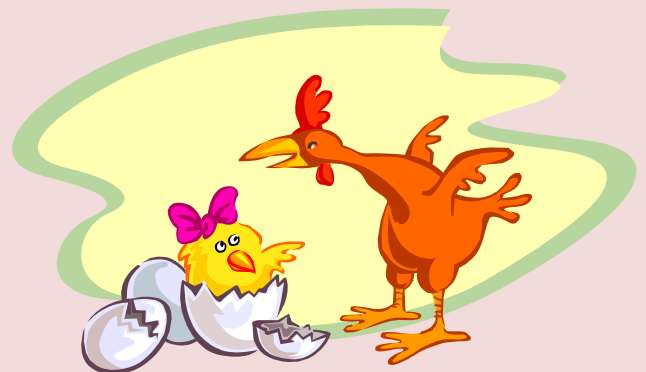
Congratulations Bowen Zonta Club on celebrating 15 years of working together to advance the status of women, locally, nationally and internationally.

The inaugural meeting was held in 1994 on the 13th June and three founding members, Jill Knight, Bon Wharley and Veronica Hickmott continue to undertake major roles within the club.

Jill, being our inaugural President is still an active member, currently serving on the OMC Committee and is our first Parliamentarian, a position introduced in 2008.

These ladies have seen many changes over the years, particularly younger business and professional women joining our club. May the next fifteen years be as positive and progressive as the past.

From the Editors



The ladies attending the Townsville conference in September will be displaying their vocal talents during the Memorial Service which our club will be presenting. A reminder to the members involved of our first rehearsal to be held at Bev Wilcox's home behind the Baptist Church, Argyle Park Rd on Wednesday 12th at 4.30 p.m. Be of fine voice, see you there.
Kerry & Veronica