

Coral Coast Chat

Address PO Box 916 Bowen Queensland 4805

www.bowen.zontadistrict22.org

IN THIS ISSUE

- 1 From the President's Pen
- Diary Dates
- 2 Upcoming Events
- 3,4 Snapshots of Events
- 5 From the Editors

Diary Dates

*Club meets every 2nd Wed
of the month at 7.00 pm Central Hotel*

12 th May	Board Meeting - 5.30 p.m. Dinner Meeting - 7.00 p.m.
19 th May	Handover Night
TBA	OMC - 9.00 a.m.
TBA	Program - 3.30 p.m.
TBA	SOW, UN - 7.00 a.m.
TBA	F&F, PR, Comm - 7.00 p.m.
10 th June	Board Meeting - 5.30 p.m. Dinner Meeting - 7.00 p.m.

Contacts

President

Bev Lowcock 4785 0221 (h)
4785 9824 (w)
blowcock@bigpond.com

Treasurer

Angela Cornwell

Secretary

Shelley Tait 4786 4797
Shelleytait1309@yahoo.com.au

Attendance for Board & General Meeting

Nan Hansen 47-851399

Newsletter Editors

Kerry & Veronica 4786 3451
kpicknel@bigpond.net.au

From the President's Pen

As I come to the end of my two year term as president I reflect on the 'busyness' of our club. I would consider that the mentoring which is occurring within the club is allowing us to go from strength to strength with the best yet to come. We have done well with the recruitment and retention of members and I think it is extremely important that we allow for the fact that some of our members will be transient as their lives and careers take them in different directions. That does not make them any less valuable and we cherish the input and skills that each member is able to provide. Hopefully, we as a club can also equip them with some skills and experience which they can take with them on the next stage of their life journey.

There are club goals which I saw to fruition but also others which are still but a seed which will surely continue to grow under the dedicated influence of Bowen Zonta club members and supporters. Handing over the presidency is not a stop and restart process but rather a fluid and continuous process monitored very closely by the individual parts which collectively make our club a great operating team.

While we didn't manage to get YWPA up and running, the JMK awards are open for any female studying and achieving highly in business or business related subjects at university. They must be at least in their second year of an undergraduate course and are eligible right up until their final year of a master's degree. There is a prize of \$1000 available for the winner of our district with 12 prizes of \$5000 being offered at the International level. Nominations for district close on July 1 so if you know of anyone who may be eligible for this, check out the Zonta website and direct your nomination to the SOW Chair, Bon Wharley, or myself.

I would also encourage you to add your name to the 'Say No-Unite' campaign to end violence against women. You can do this through the website or through the link which has been emailed to you. From the security of our own community and friends, families, employment and education, it is often difficult to comprehend how women without such support structures manage. While, hopefully, none of us will ever experience their plight enough to truly empathize, we none-the-less must remain compassionate and sympathetic wielding the powerful tools of service and advocacy to educate and change attitudes in order to improve the status of women worldwide.

Bev Lowcock (President)

Upcoming Events Snippets



Who's 21 Again?

Bonnie	20th March
Angela	20th April
Carol	28th April
Cheryl	5th May
Colleen	15th May
Denise	21st May
Bev	21st May

Reminder

Handover Night

Invite your family and friends

Wednesday 19 May 2010

Venue: Food Freaks

Time: 6.30pm for 7 pm start

Cost of meal: \$35 p.p. (Two course meal)

RSVP: 14th May to Rhonda

0447 775 7100

nilsson2@optusnet.com.au

Tickets available at: "LOOK GOOD FEEL GOOD"

17 Gregory Street Bowen.

Tel: 47865165

leesagreene@yahoo.com.au

2010 International Convention

The countdown is on for the 3 members who will be attending the convention in San Antonio, USA. Whitsunday Regional Council Community Assistance Grant

Congratulations Christine and Bon on the success of your grant application. The \$4000.00 will be a great kickstart towards the SOW project for young women.

Binoculars Project

Progress is being made with this project. Watch this space for further updates.

Membership Fees Due

Membership fees are now due, please pay asap.

Relay for Life

Members participating in Relay for Life - tickets, money and donations must be to Cath by Thursday for banking on Friday. Don your walking shoes and prepare for a night of fun & exercise for a worthy cause. All are welcome to spend the evening with us and enjoy the camaraderie and atmosphere.

Mothers Day

*A mother brings sunlight into your life.
She warms your world with her presence,
Whether she's far away or close by your side.
A mother is a wonderful gift,
One that brings so much happiness,
And she's a treasure that money can't buy.*

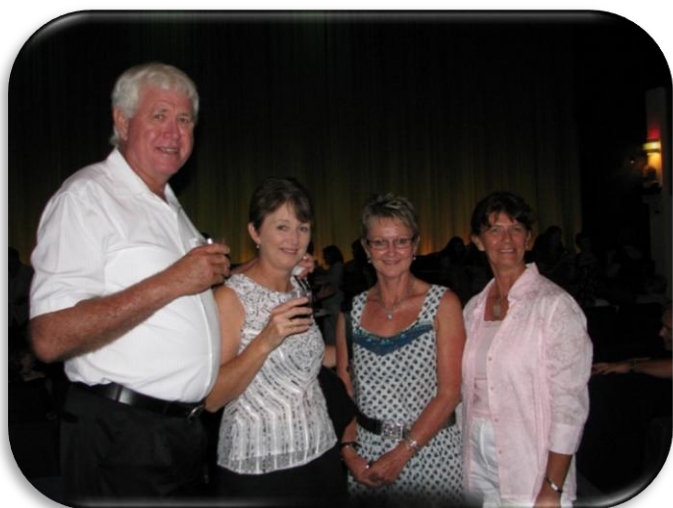
*To all our Zontion mothers,
Happy Mother's Day*

Thought of the Month

**Don't knock the weather.
If it didn't change once in a
while,
9 out of 10 people couldn't
start a conversation.**

Kin Hubbard

MOVIE PREMIER



Friends and family joined Zonta Club members at the club's movie premier night on 24th February. Laughter rang throughout the cinema as all present enjoyed the comedy "It's Complicated". Following the movie, members and guests enjoyed a social get-together over a delicious supper. Photographs top left & bottom right show Zonta members manning the ticket & raffle table, (L-R) Lynette Klukas, Angela Zyla, Veronica Hickmott & Shelley Tait. Top right photo shows members Kerry Picknell (L) & Therese Mayhew (R) with lucky door prize winners Greg & Shelana Cummins & raffle winner Raylene Willcox. Other photos show members Hortense Ingram (centre L photo), Veronica Hickmott (centre R photo) & Rhonda Nilsson (bottom L photo) with family & friends.

INTERNATIONAL WOMEN'S DAY



Buying raffle tickets.



Karyn Brazil reading a story from the Zonta historical books.



Guest Speaker Karen Read, member Lynette Klukas with Xstrata Zinc staff, Kim Beasley & Kylie Power.



Guest speakers Carol Carter (Zonta member) (L) and Karen Read (centre) with Emcee Cheryl Vennard (member) (R).



Members Hortense Ingram (L), Denise Lewis & Angela Zyla (standing) selling raffle tickets.



Members Kerry Picknell (L) & Bev Lowcock (centre R) with guest speakers Karen Read (centre L) & Carol Carter (R).

Recipe of the Week

Parmesan Crusted Barramundi Fillets

1 cup fresh multigrain breadcrumbs
1/4 cup parsley, finely chopped
1/3 cup finely grated parmesan cheese
Zest of one lemon, finely grated
2 teaspoons olive oil
Salt & pepper to taste
4 x 200gm Barramundi Fillets
Olive oil cooking spray

Preheat oven to 200oC. Combine bread-
crumbs, parmesan, lemon zest, parsley, salt
and pepper in a bowl. Drizzle with olive oil
and stir until the breadcrumbs are coated with
oil.

Press breadcrumbs onto the flesh sides of the
fish fillets to form an even topping.
Place fish, skin side down, onto a baking pa-
per lined tray. Spray with oil. Bake for 15
minutes or until crumbs are golden brown.
Serve with green beans, buttered chat pota-
toes and lemon wedges

*Recipe provided by member Lynette
Klukas*

Your Help is Needed!

Zonta Club of Bowen is providing afternoon tea for the survivors & carers at Relay for Life on Saturday 15th May 2.30pm. All members are asked to provide a plate & if possible be there to assist.

Joke of the Month

A husband & his wife were listening to the radio at breakfast. They heard "10 inches of snow will fall today; you must park your car on the even side of the street, so the snowploughs can get through." The wife goes out and moves her car. A week later they hear "We are expecting 10 inches of snow today. You must park your car on the odd numbered side of the street." The wife goes out and moves her car again. The next week the radio announcer says "We are expecting 12 inches of snow today. You must park..." Then the power went out. The wife is very upset & with a worried look on her face she says, "Honey, I don't know what to do. Which side of the street do I need to park on so the snowploughs can get through?" With the love & understanding in his voice that all men who are married to blondes exhibit, the husband says, "Why don't you just leave it in the garage this time?"

From the Editors



The time has arrived for us to bid you farewell. Being newsletter editors has been a great learning curve for this 'little chicken' and her support team - 'mother hen'. We hope that the incoming PR committee will experience the enjoyment & satisfaction derived from this creative side of Zonta as much as we have.

Kerry & Veronica