

ZONTA CLUB



Pine Rivers

ZONTA CLUB OF PINE RIVERS INC Newsletter MAY '11

ZONTA INTERNATIONAL DISTRICT 22, AREA 1, CLUB 1470

President: Rosalind Pestell –3285 3294

Vice President: Suzanne Strahan –3289 9297

Treasurer: Karen Fuller – 3325 1501

Directors: Grace Cochran, Kay Reid

Secretary: Dot Patrick – 3205 1441

PO Box 447 Lawnton Qld. 4501

Web: www.pinerivers.zontadistrict22.org

Email: pinivers@zontadistrict22.org



Dinner

Contact **Grace Cochrane** for all dinner cancellations no later than the Monday prior to our dinner meeting. Advise her of any apologies if you are unable to attend or to let her know of extra dinner guests that you have invited.

COST (Includes dinner)
Members/Guests \$25.00

Special Dietary Requirements:

If anyone has any special dietary requirements will they please inform Grace so that she can inform the club. The club is very happy to cater to individual needs.

Grace Cochrane

Home: 3325 1896

Mobile: 0411 783 020

gamp@inet.net.au

Diary Dates

11th May

Sausage Sizzle Fundraiser
Bunnings

11th May – 6:30pm

Dinner Meeting - AGM
Arana Leagues Club

28th May

Rodz Rock'n'Roll
Selling glowies

29th May

Dayboro Day
Info stall



Bingo Roster

May

5th Carole
12th Jan
19th Anthea, Ros & Kay
26th Bettina

June

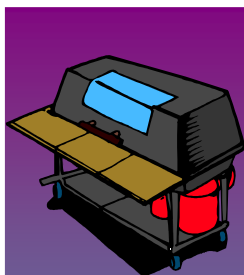
2nd Barbara
9th Ros
16th Kay
23rd Anthea & Jan
30th Bettina

July

7th Carol
14th Barbara
21st Ros
28th Anthea & Kay

I thought it would be wise to have three people on so the member can get used to either the calling or the money. I just did the money side of things for a time before I took on both.

Vicki Williams



Sausage Sizzle Bunnings (Carseldine)

Wednesday 11th May

Fundraising - Contact Karen if you can help out during the day.

Happy Birthday

goes to...

Karen Fuller 17th May

Pam Ross-Smith 27th May

Have a lovely day...



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President's Message

Dear members,

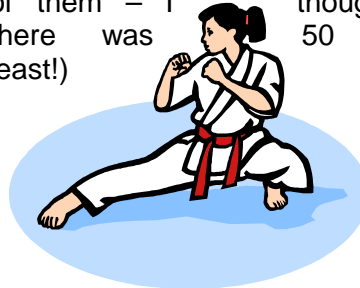
As our Zonta year draws to a close we are finishing on an extraordinarily high note with the start of our **self-protection programme** on Friday 29th April, at Pine Rivers High School.

You may remember this programme came about because in early 2010 we were debating whether to support the CEO Challenge Programme by paying for awareness sessions in two Pine Rivers workplaces, and we decided that we would rather put our funds towards a programme that would have the Zonta Club of Pine Rivers' name on it, reach out to younger people, and be aimed at the prevention of, and protection from, violence.

Karen told us about the **Erin Cash's** self defense course for girls, and after Erin attended the August dinner meeting it was decided that Suzanne and Dot would write to the High Schools in Pine Rivers inviting them to take up our offer to fund a self-protection programme for Grade 9's developed by Erin.

This offer was accepted by Pine Rivers High School and Karen and I were there to watch the first sessions unfold. Karen took photos of Erin in

action and stayed for both sessions, while I left after the first session full of admiration for Erin after watching her extremely physical first session with a load of rowdy 14 & 15 year old boys. (I needed Karen to point out there was only 20 of them – I thought there was 50 at least!)



Our Club is so lucky to have Erin as our facilitator for this programme, as members who saw Erin's run-through of her two programmes (one for girls and one for boys) at the April dinner meeting will realise. But what we didn't see then was her high rate of physical fitness. She had those rowdy boys jumping knees to chest, doing boxing moves and multiple push ups and she was doing the same moves with them every step of the way. And then without pause for breath she would go back to the programme getting them to think and talk about good role models, how to defuse aggressive behaviour, age of sexual consent, people they could turn to when they are in, or witness, bad situations, and some basic defence strategies and moves.

It was great to see Erin in action, and any member who can make the time to come to

one of the sessions will be richly rewarded to see that our funds are being used to such good effect by a woman as professional, well organised and dedicated as Erin is.

I will be going to a couple of the sessions which Erin has tailored for the girls, and I am pleased to say that Sara from the Caboolture Club has taken up our offer to observe one of these sessions also.

Meantime, our May meeting is of course both our dinner meeting and our **AGM** and change-over meeting and I look forward to seeing you all then.

Regards,
Rosalind Pestell

P.S. As I would like to include my annual report and "thank you" in the June newsletter it's not yet goodbye from me as a columnist!

Finance and Fundraising Committee

Greetings for the month of May!!

Get your rock 'n roll hats on and get ready for the Rodz Rock and Roll evening, where we will once again be flashing the night away.

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The event will run from 1pm until 9pm so put your best foot forward and think about volunteering some time to sell glowies.

Our Casino Royale evening is progressing but we still need more sponsors, so keep an eye out for opportunities.

Regards,
Simone Boersma

Organization, Classification & Membership Committee

The following is an excerpt from the **Area Workshop**.

At the Area 1/3 workshop the idea was that TEAMWORK, Caring and Co-operation was the essential ingredient. As a service club we need relevant and inspiring objectives for optimum success.

Leadership is an ingredient of teamwork and requires action not status. It is "We" not "I" that inspires, enthuses and helps members to be included in the outcomes of all clubs.

Caring and Co-operation

Members join our club for various reasons. They believe in the objectives of Zonta and are willing to support them. They stay to be part of the team. They are proud of what our club achieves as a whole and want to be part of it.

Some form great **friendships** through Zonta Membership. All members should be supported and encouraged to evolve and grow and be part of the team. The Zonta Club of Pine Rivers team.

Karen Fuller has accepted the nomination to be our new Leader, President, for the next year. Congratulations to Karen and her whole new team.

Regards,

Vicki Williams (chair)



UN Committee

UNITE

On the front cover of the latest Zontian Magazine there is a picture of a huge banner with hundreds of women behind it that says,

ZONTA SUPPORTS UNITE

It raises the question,
"What is UNITE?"

We must unite. Violence against women cannot be tolerated, in any form, in any context, in any circumstance, by any political leader or by any government.

SECRETARY GENERAL BAN KI-MOON

about UNITE:

Launched in 2008, United Nations Secretary-General Ban Ki-moon's UNITE to End Violence against Women campaign is a multi-year effort aimed at preventing and eliminating violence against women and girls in all parts of the world.

UNITE calls on governments, civil society, women's organizations, young people, the private sector, the media and the entire UN system to join forces in addressing the global pandemic of violence against women and girls.



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By 2015, UNiTE aims to achieve the following five goals in all countries:



1. Adopt and enforce national laws to address and punish all forms of violence against women and girls
2. Adopt and implement multi-sectoral national action plans
3. Strengthen data collection on the prevalence of violence against women and girls
4. Increase public awareness and social mobilization
5. Address sexual violence in conflict

Regards,

Glynnis Gartside

Diary Dates 2011

11th May Sausage Sizzle – same day as AGM!

28th May Rodz Rock and Roll concert & fireworks (glowies opportunity)

29th May Dayboro Day – information stall and raffle.

18th or 19th June Sewing Bee at Vicki's (d – but Sat or Sunday to be voted on)

17th August Sausage Sizzle – Bunnings (exhibition Wednesday)

20th August Fundraising Evening - Casino night

27th August Birthing Kits at Vicki's

8th October Sewing Bee at Karen's

1st November Melbourne Cup Day

Plus dinner meeting - 6.30 - on every second Wednesday of the month.