



*Zonta Club of the Whitsundays Newsletter October 2019*

## **President's Report**

Hello everyone and welcome to all the members and friends, young and .....more mature, new and .....well healed, agile and .....taking life easy,

Octobers' newsletter has certainly come around at lightening speed this month and it's always a great feeling to know that we lead very busy and active lives.

Our 'Ladies who Lunch' outing was one of the best and well represented lunches we have had so far! Nine wonderful, interesting, vocal ladies all discussing funny and serious matters from around the globe.



The food and drinks were indeed delicious, as we expected, and the company was exceptional. The \$50 coupon went a long way to pay the drinks bill! The staff at Club Croc are always delighted that Zonta ladies are having their functions there and wanted us to take a flier for their Melbourne Cup Day Celebrations.

Anyone wishing to go with their family just get in touch with Club Croc (number

on the flier below) or if we want a table, just get in touch with Christine or myself and we'll organize a Zonta table.

As October leads up to Halloween I thought it would be good fun to come wearing a Halloween hat or mask; just to make it an evening to remember. There will be a special prize for the best headwear and a group photo for the District Newsletter. There are lots of ideas in Big W and the Dollar Shop.



## President's Report Cont.

Listen out for and watch this space for the Zonta Christmas Party ideas and our very own Airlie Beach Night Walk.

*Patsy*



CLUB CROC BISTRO

# Melbourne Cup

NOV 5 • 11:00 AM

3 COURSE LUNCH SERVED AT 12PM  
LIVE MUSIC WITH TASH FROM GYPYSOUL  
PRIZES FOR – BEST HAT, BEST DRESSED LADY & LAD!  
SWEEP STAKES, LUCKY DOOR PRIZES AND RAFFLE  
PROUDLY SUPPORTING THE WHITSUNDAY  
SUICIDE PREVENTION NETWORK  
TICKETS \$60 + VIP TABLES AVAILABLE

EMAIL CLUBCROC.CONF@MANTRA.COM.AU  
OR CALL 4940 2300

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## Christmas Party Report:



The Christmas Party is on Friday, November 29th at VMR. **The theme is “The Ship”** Everyone can wear what they like! Can be Casual or Formal. The more people who come— the cheaper the cost per person. Please be ready to let me know at the October meeting if you and your partner will be attending. If you are unable to attend the meeting, please email me.

*Christine Mayne*



# Membership Report:



I want to welcome Margaret; it was a pleasure to watch her induction at the September General meeting.



*Welcome Margaret Pavey Kennedy. Margaret is pictured with President Patsy, Membership Director Judy Brown and her Mentor Cath Fernbach.*

I also want to congratulate Amanda on her Exemplary award. Amanda has gone well above and beyond in her role as Advocacy Director. Amanda you have certainly inspired the rest of the club.

## MENTORS

Goals for the mentorship program:

1. To assist a new member in their orientation to our club and Zonta International.
2. To enhance the fellowship and engage relationships which will strengthen the  
Individuals and the organization.

Role of the Mentor:

- Facilitate a welcoming attitude for the new member
- Answer questions about the club or Zonta.
- Participate in the orientation process for the new member
- 

If you have agreed to be a Mentor now is the time for you to check that you have undertaken the above. If you would like the Mentor check list sent to you let me know.

*Judy Brown* (Membership Director)





# Advocacy Report:



Hello everyone.

From the Zonta conference - Early Marriage Panel

The panel consisted of Laura Vidal, Rebecca Hatcher Anderson and Susanne von Bassewitz. It was very informative and eye opening. It was interesting to note that every 2 seconds a girl is forced into a union and it is the leading cause of deaths in children and young adults from 15 – 19 globally. Fortunately, Zonta is represented in 7 of the 12 countries United Nations and Zonta want to focus on, which means we have a foot in the door as far as connections go.



Human Trafficking is a form of marriage recruitment of Asian girls and young adults. A rapid incline has been noted from China Nationals which has stemmed from the 1 child policy which created a shortfall of females of child bearing age. China's gender imbalances are expected to increase to 30 – 40 million! This is undermining the health, wellbeing, independence and safety of these young girls and women under the age of 25.



## Defining Forced Marriage

A **forced marriage** is when a person gets married **without freely and fully consenting**, because they have been **coerced, threatened or deceived**, or because they are incapable of understanding the nature and effect of a **marriage** ceremony, for reasons including age or mental capacity.

Commonwealth Criminal Code (1995) S.270 & 271

- Arranged or facilitated by others against the will of one or both parties to the marriage.
- Family members are often involved in coercing a person into marriage.
- Must be distinguished from an arranged marriage where a third party finds and sets up a marriage with the consent of both parties.

In Australia the legislation has now changed from “unlawful removal for purpose” to “Forced Marriage”. Forced marriage is defined as modern slavery facilitat-

ed by another and forced into a situation. It is seen as a way of control. Unfortunately, there has

## Advocacy Report Cont.:

not been any successful prosecutions yet because young people don't want to prosecute. Usually because it's the parents that are the instigators of the situation.

They are now looking at the Scandinavian model pilot program for intergenerational change, which is designed to reverse the onus. This will take the onus away from the victim to the offender who will have to prove they didn't commit the crime. Unfortunately, laws are only as strong as the process and resources that are in place.

Change can come from education. Publications, schools and community forums that will provide potential victims information to see "red flags" and have safe places to go if they have a "red flag" concern. Social norm, values and mindsets needs to change so it include parents and communities.

Zambia has already piloted educational programs that have created overwhelming hope. Empowering the young girls, boys, parents and community with education so they can take control back. It doesn't need to take 20 years; we have already seen immediate changes occurring in some countries we have been involved in. We must continue the effort.

We will be discussing Ending Child Marriage more at our next members meeting.

### ***Other news from the Office for Women and Violence Prevention.***

The 1st of October marks the commencement of Pinktober, which is breast cancer awareness month.

Breast cancer is now the most commonly diagnosed cancer in Australia. The Pinktober campaign aims to shine a spotlight on breast cancer awareness and highlight the work of the National Breast Cancer Foundation (NBCF) in funding game-changing breast cancer research. Research that will help detect tumours earlier, improve outcomes and ultimately - save lives.

Prominent sites in Queensland will be lighting up pink to raise awareness for the disease which affects too many, too often.

*For more information or donation:*

<https://www.awarenessdays.com/awareness-days-calendar/breast-cancer-awareness-month-2019/>

<https://canceraustralia.gov.au/healthy-living/campaigns-events/breast-cancer-awareness-month>

[https://give.nbcf.org.au/\\_donate/?](https://give.nbcf.org.au/_donate/?)

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***Reclaim the Night*** is still on target for the ***25<sup>th</sup> of October*** so save the date and bring out your walking shoes for this family fun event run by Zonta, the Rest and Recovery team and Salvation Army. More information to come.

That's it for this month.

***Amanda Walter. Director of Advocacy***



# Advocacy: “Our” Rally Girls

Mandy has received an email from Larisa Biggar, co driver with Melinda Bergman.

This is an excerpt from it:

***“ The final round of the Qld Rally Championships was with Mel Bergman in “Stevo the Evo” and this was going to be our last event — no more QRC season next year. We were the only other contenders for 1st QRC 2019!***

***It was a horrible finish to a fairy-tale 5 years of rallying with Mel. I relished every single second of the rally. The warming up of the tyres and brakes on the way to the first stage I had a grin from ear to ear— I was happy in my happy place. We had loads of fun and giggles and everything felt soooo right. Our times were next level— a relaxed Mel and Larry should not be underestimated. Unfortunately, stupid flat tyres, “a rock punctured the tyre” is what we told people and the 10cm slash in the side wall confirms it. But I can’t figure out what happened as we were in the middle of the road the whole time. Hit a couple of humps at the rate of knots but nothing Stevo couldn’t handle. Needless to say, that stupid puncture meant that our brake-lines and diff sensors were cut and no more rallying. If we had a service after that stage— sure fix but we didn’t. We had another 32km of competitive rallying to go with no brake or diff. Bummer!”***



**Kandanga Corner**



**That— Corner!!!**

Mandy reports that the girls still did very well with Melinda 4th and Larisa 5th but I think their disappointment shows clearly in Larisa’s email.

# Books from Birth:



## Just a REMINDER

Please everyone bring along a new children's book to the next Zonta meeting on 17<sup>th</sup> October as was agreed at our previous meeting.

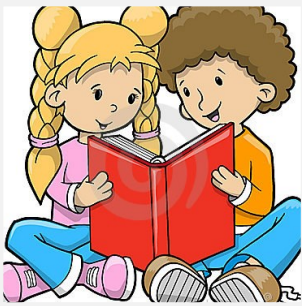
They will be wrapped in Christmas paper and labelled, age suitable and our B from B committee will make sure they are sent to Hopevale well prior to Christmas.

We send regularly to Hopevale and new books will be very gratefully received.

If you have any queries please phone Judy (Johnston)

Many thanks everyone for your support

The BOOKS from BIRTH committee





# Advocacy Spotlight:

Sandii Hansen

## Junior Diabetes Research Fund - (JDRF)



I am taking part in the JDRF One Walk Step Challenge to turn type one into type none!

This means I will be walking 120,000 steps throughout October to support the 120,000 Australians living with type 1 diabetes.

Type 1 diabetes is an autoimmune disease that can strike at any time. In Australia, 7 people are diagnosed every day.

Why am I doing this? I am walking with the #JDRFbluearmy to raise funds for research to cure, prevent and better treat type 1 diabetes. I also want to raise awareness of type 1 diabetes.

As most of you know my daughter and X Zontian Chelle Bourke was diagnosed with type 1 diabetes in 2011. What you don't know that as an adult living with this disease she does not receive any government support for her life dependent insulin, needles, sensors, pump or CGM. Therefore for an adult living with Type 1 Diabetes, their estimated expenditure each and every month is \$350.00 just to stay alive! It just doesn't make sense does it?

Our world was then further turned upside down when my granddaughter Madelyn (Chelle's 2<sup>nd</sup> born) received a diagnosis for type 1 diabetes in 2017 at the beginning of grade 1. I am happy to say, Maddy, as a child does receive a health care card to help defray the costs of her Insulin, Sensors, CGM and pump. This support disappears when she turns 21 BUT her type 1 diabetes does not!

You can check my progress out and see I have hit the halfway mark on my quest for reaching my 120,000 steps for the month of October. It is very interesting checking your steps with a pedometer, which by the way we all have in our iPhone under a health!

Some interesting statistics for me is showing how just how sedentary I can be not even making 1000 steps in a day, living in a two-story home I often within my normal day climb between 9 and 16 steps per day and the excitement making my 10,000 steps in one day!!!!

I am hoping that in some small way my challenge will change the lives of Australasian's living with T 1D and maybe that I have raised some awareness with all of you.

Gotta go go go go.....

Cheers Sandii

***You can support Sandii by donating to her cause. Give her a call . It is quite a challenge that she has given herself but a bigger challenge in life for those children with Type1 Diabetes. ED***

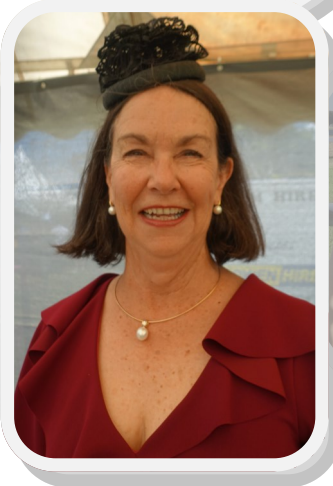


# Service: Bowen Cup

What a great day at the races! Congratulations must go to Carol Bolton and the team: Janice & Barry Lake, Janet & Bruce Goldman, Dawn Green and Marlene Reiffel.



*Best dressed male, female and best hat/fascinator*





# Bowen Cup:



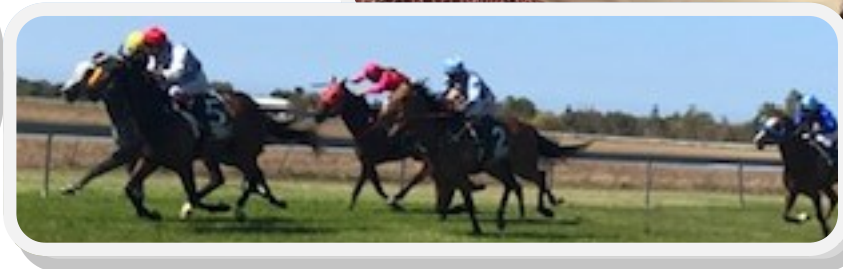
*That's the winner, Carole!*



**YOU'RE A STAR!**



*The hardworking team.*

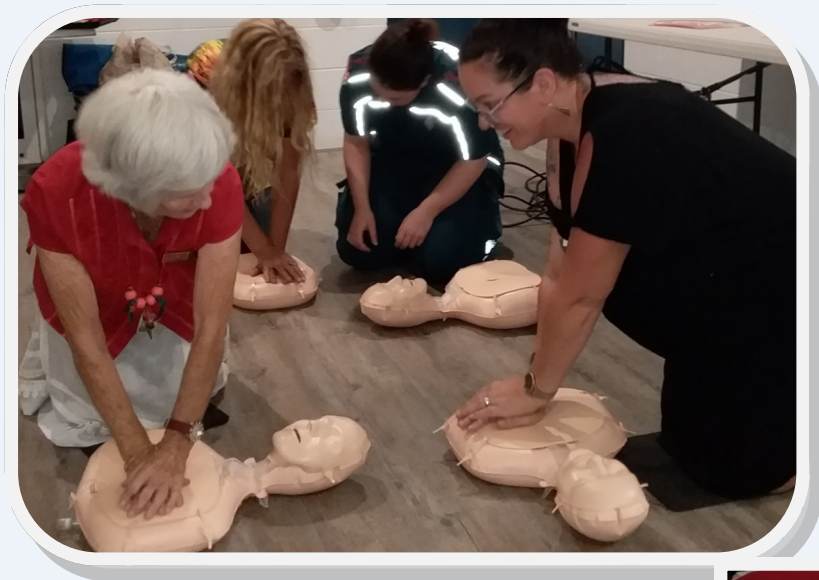




## September General Meeting:



Leanne Abbott was a guest at our meeting with her long time friend, Pammie Harrison. Leanne was featured in Reeftalk in August with her work in Zimbabwe teaching students to sew and girls to make their own sanitary needs. Leanne was also guest speaker at our July 2018 GM. A true "Friend of Zonta"



We also had Paramedic, Rhiannon Buckley as our Guest Speaker. Rhiannon taught us the fundamentals of CPR.

Although a very serious matter, there were a couple of light moments from a couple of our members!!





## Member's Moments:



Mez has had her Mother, Aileen and Father Jamie Sinclair visiting her, Murray and little Piper. They had 10 days here from Dunedin, NZ. Also visiting were her brother, Sam and nephew Domanyk.

Aileen joined Mez for our September GM.



Judy and Carl Brown have welcomed a Grandson into their lives. Bowie was born 10/9/2019

## Member's Moments Cont.:

*Noelene and Fiona have just returned from a wonderful trip—  
here is their story:*

My daughter Fiona and I are back home after 2 weeks of wandering the Sth East from Brisbane to Toowoomba, then off to Nymboida (near Grafton) to see my great-grand children, back to Brisbane along the coast, then home.

Our plane was late arriving in Brisbane and there were a few more delays at the airport and picking up our hire car but at last we were on the road. The trip to Toowoomba was uneventful and we finally arrived at our air-bnb farmhouse-- Fairy Wren Cottage in Greenmount, 25kms sth of Toowoomba-- the original farm house of the property.



*Fairy Wren Cottage*

The idea of the trip was to see the Flower Festival in Toowoomba, something we had wanted to do for some time. We spent the first day getting our bearings in the city and met Kerrie & Ken for lunch. They are very happy with their move south and already sound like locals.



The big days of the festival are Friday, Saturday and Sunday and Friday was spent checking out the gardens in the local parks. Saturday was parade day in the city and this was a very colourful affair with terrific floats and ethnic groups in their lovey costumes banging

on their drums, dancing and having a good time. There were specific areas for "disabled" and since I now have my sticker, we got front row seats. Sunday we went to Bluff Springs Railway Station where there were more beautiful gardens--- and more Devonshire Teas which were on sale at most showings!!



*One of the lovely floats in Saturday's Parade*

Monday and Tuesday were quiet days and we visited many private gardens which were open to the public for a small donation to charity. It was amazing what these home gardeners have done with their properties with hard work and perseverance. The Japanese garden was very restful and we just sat enjoying it all and chatting to other visitors to the city. It is the big event for the year and brings in about \$26million to the city. One home gardener told me that they have great soil---just plant, water and wait for the blooms! I think there is a bit more than this but it was very beautiful to see. Another beautiful sight was the old homes--- mainly restored and looked after Queenslanders and lovely views from the range top. The Darling Downs go for miles and makes you wonder what the explorers thought when they first saw it all.



## Member's Moments Cont.:

We headed south on Wednesday and called into Kerrie & Ken's new home. They have settled in well--- Kerrie has her sunny sewing area and Ken has his 3-bay shed--- HEAVEN!!! We headed sth to Tenterfield--- an interesting town with lots of history. We stayed overnight in a lovely old home --- Stannum House which had a lot of history and an interesting interior.



*One of the Topiaries on display*

Thursday we drove down on a very winding road to Grafton. My grandson Ben met us and we drove to their property at Nymboida--- sth of Grafton and a lovely spot. His family-- partner Elle, Sonny 8. Zephyr 3 and Luna 4mths-- are lovely and happy and enjoying being away from the rat-ace of Sydney.

Unfortunately Zephyr had some sort of "bug" and was not well for a couple of days. He was better on Sunday when we were leaving--- but there is nothing worse than a small child not feeling well--- so different to his welcome a few days before.



*Noelene and Fiona with Ben, Sonny, Zephyr and little Luna*

Sunday afternoon we drove nth to Ballina--- a lovely place. Breakfast at the local RSL Club by the river with the ocean and real waves not far away. If I was thinking of re-settling, Ballina would be at the top of the list-- laid back lifestyle and real beaches, perfect for a family from Sydney's Northern Beaches.

Monday we headed for Brisbane with a stopover at Redland Bay and then Tuesday we were in Brisbane CBD to hand over our hire car and head to the Airport. Once again our plane was an hour and a half late and we arrived home in the dark. Our little dog Izzy was pleased to see us even though she had bonded with Sharon & Steve while we were away. Thank you both.

We were very concerned before we left about the bushfires. From the news it seemed that many towns were in danger and this was true, but the great work from the "furies" and rescue teams meant that the actual towns, while surrounded by fires, were saved from more damage. Tenterfield for instance, looked great but about 1km from the town centre you could see where the fires had been. Also, some road signs just out of town were burnt on one side as was the grass on the sides of the road. People you spoke to could tell a story of the fires "being just over the hill", while others said they were quite safe. I can think of nothing worse than losing your home and possessions in a fire--- it would be devastating.



*Japanese Gardens*

Toowoomba should be congratulated on their festival---- lots of people from all over the country enjoying the beautiful gardens and the Devonshire Teas!!!



# Member's Moments:

Airlie Beach RSL celebrated their 20th birthday last month. The President of the RSL is our own Di Trueman. Some of us went along to enjoy this celebration.



Some even came away with the major raffle prize ! Congratulations Lauren & Doug.



*That cake looks tough Di— or was the Sabre blunt!!!*



*A job well done!*



## Dates to Remember:

**Thursday Oct. 17th: General Meeting**  
**Friday Oct. 25th: Reclaim the Night**  
**(Airlie Foreshore— 5.30pm for 6pm start)**  
**Friday Nov. 29th: Christmas Party**



## October Birthdays:



**6th: Joan Watson**  
**17th: Judy Brown**  
**30th: Maxine Thiele**





## Life's Lighter Side:

**Mother & Daughter team  
make for a VERY special day!**

**As a mother it must feel  
so good to know that  
you have such a beauti-  
ful, talented daughter**

**I DON'T KNOW  
MEAGAN: You will  
have to ask your  
Grand Mother.**



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