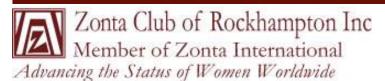
July 2013 Issue 6 ABN: 51 605 623 392

Incorporation Number: IA 13139

Club No: 1054 - Charter: 05.08.1983

Area 2 - District 22





Email: rockhampton@zontadistrict22.org

Rockhampton Webpage: www.rockhampton.zontadistrict22.org

District 22 Website: www.zontadistrict22.org
Zonta International Website: www.zonta.org

P O Box 323 Rockhampton Q 4700

President: Meredith Sutherland glendon@tpgi.com.au

Vice President: Rosalie Welburn rwelb3@eq.edu.au

Editor: Berenice Payne berenice.a.payne@bigpond.com

PLEASE NOTE!

If you are unable to attend the dinner meeting, please advise

Anna Tempest
Ph 4928 7880 (W)
Ph 4928 7125 (H)
by 10 am

on the Monday
before the meeting.
Failure to
apologize will
incur payment

of \$30.00.



30th Anniversary Celebrations R'ton Plaza Hotel 10-11 August 2013

District Conference: Noosa Convention & Exhibition Centre Australis Resort 27-29 Sept 2013

From the President:

Welcome to a new financial year. Let's hope it's a profitable one for all of us.

We have several important events on our Zonta calendar which we are working towards.

No 1 is our own club's 30th birthday celebrations on August 10 and 11. I hope you have indicated already which of the three functions being organised that you plan to attend. All the functions will be held at The Plaza Hotel. Invitations will be sent to past Zontians and to our supporters.

The second important event is the Zonta District 22 Conference. You have each received an invitation for the 28 – 29 September at Noosa. Early bird registrations are open until 15 July and we are encouraged to register on line if at all possible.

At our next meeting we will discuss Judith Anderson's suggestion that we become affiliated with the National Council of Women. Please read the letter which I forwarded to each of you before our next meeting.

Zonta's focus this month is Service. Zontians donated US\$130,000 to the Raise for Women Challenge and earned an additional US\$26,000 from the sponsors. Please be forthcoming with your ideas for events and activities for the International Day for the Elimination of Violence against Women on November 25th.

Zonta has forwarded order forms for orange T Shirts and orange ribbons to mark the day. Let's make a club order together. Thank you to Berenice who has ordered our own Zonta says NO banner.

Replies from Parliamentarians to the letter sent regarding funding for low-cost housing and shelters for women escaping violence have been posted on the District Website.

Please try to find time to read Zonta emails before meetings as you will be au fait with the topics when they appear in Correspondence.

Our new committees had some stimulating discussions at the last Committee meetings. Thank you to the Committee chairmen for your enthusiasm.

I look forward to seeing as many as possible of you at our 30th
Birthday Celebrations

Kind regards Meredith.





PAGE 2 ZONTA ON THE ROCKS

Notices:

MEETINGS.

Board Meeting:

6.30pm:

2nd Tuesday

of the month

Venue:

Rockhampton Plaza

Hotel.

Club Meeting:

6.00 pm for 6.30pm

3rd Tuesday

of the month

Venue:

Rockhampton Plaza

Hotel.

Committee Meetings.
MEMBERSHIP:

Venue:

Hotel

Rockhampton Plaza

5.30 pm—

2nd Tuesday

of the month.

ADVOCACY+Program / PR & C/ United Nations/ Newsletter /Archives:

Venue:

Rockhampton Plaza Hotel.

5.30 pm-

2nd Tuesday

of the month.

SERVICE:

Venue:

Rockhampton Plaza

Hotel.

5.30pm-

2nd Tuesday

of the month.

Calendar:

July:

09 Committee Meetings /

Board Meeting

16 Dinner Meeting

August:

10/11 30th Anniversary celebrations

13 Committee Meetings /

Board Meeting

20 Dinner meeting (At Home)

31 Breast Cushion Working Bee

Special United Nations Observances and Other Significant Days.

July:

11 World Population Day

30 International Day of friendship

If you only do what you know you can do

– you never do very much.

- Tom Krause

Dinner Raffle.

The donation of gifts for the Dinner Raffle follows the listing in the Members Directory.

June: Mary L

July: Carry L

August: Jennifer L

September: Cathy N-L

Please give your raffle prize to Elizabeth. to co-ordinate.





July:

01 Anna Tempest

08 Norma West

18 Glenys Conrade



Breast Care Cushion Working Bees.

Please add these dates to your diary.

A **cutting-out session** will be held at Patchwork Paradise (William St) on **Saturday, 31 August at 9.00 am.** All workers please bring scissors.



The sewing and stuffing working bee will be held at Deanne's residence, 324 Agnes St, on Saturday, 07 September, at 9.00 am. Could those who will bring sewing machines, please advise so that Deanne can provide power boards.



The Rockhampton Club commenced the Breast Care Cushion project in 2001. As the club has made on average 120 cushions each year, the total number donated to breast cancer patients is approximately 1440.

If you would like to contribute to your Newsletter please forward articles to Berenice Payne either by
Fax: 4922 3315 or

Email: berenice.a.payne@bigpond.com

Deadline: First Tuesday of the month.





1983–2013: 30 years advancing the status of women

JULY 2013 PAGE 3



Club members welcomed Linda Esguerra and Councillor Rose Swadling to the June meeting.

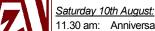
Linda's presentation highlighted her volunteer work in the Philippines where she and Rose worked with Volunteers without Borders to help local communities provide housing for the village people.

President Meredith thanked Linda for her presentation and presented her with a gift.

ZONTA

Zonta's 30th Anniversary

Three functions are planned for the Anniversary Celebrations.



11.30 am: Anniversary Lunch (with Zonta supporters) - The Plaza Hotel

6.30 pm: Celebratory Dinner - The Plaza Hotel

ROCKHAMPTON Sunday 11th August:

1983 - 2013 9.30 am: Fellowship Brunch – The Plaza Hotel 30 years of service

Rockhampton Zonta -30 years of service

1983 - 2013

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Zonta International President

Lyn McKenzie

"We can't and mustn't ignore the fact: violence against women and girls is still pervasive in all kinds of countries and societies. It's in our back yard. Zonta International has been committed to its prevention and eradication for many years. In 2013, as the UN's Commission on the Status of Women focuses on fighting violence against women, we support the initiative with "Zonta Says NO", a worldwide campaign saying no to violence against women. Do not look away. Join us!"

The club has taken delivery of its

Zonta Says NO

Banner.

JULY 2013 PAGE 5

Zonta Says NO: The 7 easiest ways for clubs to participate

(From the Zonta Says NO website)

#1 A. Many clubs already have ongoing projects such as donating to a women's shelter for example and don't consider them as part of the campaign, because they're not new activities. But they are. You make them part of the campaign by using the campaign logo

Do you have an idea as to how our club can be an active participant in the Zonta Says NO campaign?

Your ideas will be welcome at club meetings. Some ideas below for us to consider.

Click on the Logo to go to the website.



or campaign visual along with any piece of communication you produce for the project.

Also, you can use a statement, such as, "The Zonta Club of _____ supports the Zonta Says NO Campaign", on your home page. The logo allows your members and visitors to directly link to the campaign website for more information. In addition, the logo and statement can be included in your printed materials. You can download the logo and the visual from www.zontasaysno.com

#1 B. Copy a project from another club.

Or if you have to come up with something new or if you want to enhance your efforts:

#2 Wear a Zonta Says NO wristband or ribbon on 25 November and during the 16 Days of Activism and be ready to talk about violence against women with colleagues and people you meet. If you can, distribute wristbands and ribbons.

#3 - ideally combined with #2 and any other

Gather data on violence against women in your community, edit the information and add material provided on the zontasaysno.com for various communication opportunities (talk with colleagues, interview with radio station around 25 November, events dedicated to violence against women etc., please see below).

#4 - ideally combined with #2 and #3

Make a donation to a local institution that fights violence against women and get media interested in reporting on the presentation of a cheque etc.

#5 - ideally combined with #2 or #3. Can also be combined with #4

Organize a speech by a local political or scientific expert, a panel discussion etc. where the Zonta Says NO logo, see above, is displayed (invitation, roll-up banner, slide etc.) and information on the Club's and Zl's activities to fight violence against women are made available to the attendees and media. This could happen via an introduction by the club president or designated member that also reports on ZI and UN Women activities.

#6 - in combination with #2 and #3, maybe #4

Organize a charity walk or run around 25 November and the 16 Days of Activism (see example of ZC Trenton Mercer on zontasaysno.com)

#7 - in combination with #2, #3, and maybe #4

Collect women's shoes in a quantity that represents a group of victims, attach a tag to each shoe with initials and a brief information on the crime committed against the woman. On or around 25 November, display the shoes at a location with pedestrian traffic in your community, e.g. a square (in front of the city hall), a shopping center etc. Of course this will need previous checking with authorities and/or store owners. An Italian club did it successfully a few weeks ago. Please find the information and pictures at zontasaysno.com

#8 - in combination with #2, #3, and maybe #4 and #7

Use an orange band, glued or painted on the ground (compared to the bands marking a marathon or running course) in your community on 25 November to attract attention to VAW. The length might differ: either you choose the length of the main street/course in your town or you link the length to the number of victims. For example: in Hamburg/Germany there are more than 2,000 reported victims of violence against women and girls, so the length of the band will be at least 2,000 meters. Let Zontians from your club accompany the band or have an information booth at a prominent place right beside the orange band, where you inform about Zonta Says NO. Of course this will also need previous checking with authorities, but you'll have good press coverage and a lot of people stopping by.

PAGE 6 **ZONTA ON THE ROCKS**

COMMITTEES

The President is an ex-officio member of all committees.

The members of our club's three committees are listed opposite.

Committees are formed to assist the effective functioning of the club.

Service

Karen Sisley (Chair & Board) Deanne Smith Margaret Anderton (Board)

Kaye Clark (Board) Glenys Conrade Wendy Christie

Trish Collins Janet Young Shirley Francis

Advocacy

Elizabeth Acton (Chair) Lynn Jamieson Berenice Payne Norma West Judie Pettitt (Board)

Cathy Neilsen-Lee (Board) Jacki Manning

Membership

Rosalie Welburn (Chair & Board)

Anna Tempest Chris Putman Jennifer Loscher Valda Fitzgerald Jan Landsberg Carry Lee

Mary Lawrie Katherine Lord (LOA)

BOARD & COMMITTEE Structure of The Zonta Club of Rockhampton Inc. - 2013

CLUB BOARD

President, Vice President, Treasurer, Minutes Secretary, Correspondence Secretary, 3 Directors
(3 Board members = Chairmen of each committee)

Reporting Via Chairmen

SERVICE ADVOCACY PROGRAM / PUBLIC RELATIONS & Chairman, Club Members COMMUNICATION / UNITED NATIONS / ARCHIVES President

Chairman, Club Members, President

MEMBERSHIP

Chairman, Club Members President

Identification of potential

Balance of classification

different professional and

and identification of

business groups

classification

new members, eligibility &

International Women's Day Breakfast / Zonta Rose Day -Zonta Capricornia Living Treasure Award

Young Women in Public Affairs Award

JMK Award

CQU Encouragement Awards (Paramedic Science & Engineering)

CQU STEPS Award

CTC - "Jobs Have no Gender" Award

ZISVAW awareness

Support Women's Shelter pamper packs / Christmas hamper

Breast Care Cushions

Rape Crisis Centre support

Girls' Time Out support

Other agreed service activities as decided at club planning

Advocacy

Identify Advocacy opportunities

Legislative Awareness

Legislative awareness for members

Program

Arrange dinner meeting program & menus incl. At Homes

Arrange guest speakers and maintain register of speakers

Collect apologies & monies

Record & monitor club attendance

Table name tags & dinner

Member welfare & fellowship opportunities

PR & Communications Newsletter

Member directory Club brochures

Congratulatory letters to women in community

Maintain register of club supporters and function attendees

Maintain club calendar

Press releases

TV & radio interviews

Website administrator/ encourage member registration

Receiver of email from club email address - disseminate as appropriate

Zonta signage

United Nations

Acknowledge & celebrate significant UN dates

Archives

Manage club archive

Club history

new to community providing information about Zonta

Welcome letter to women

Buddying & mentoring of new members

Maintain membership records & trends -complete Report Form ZI

Preparation of new member orientation kits & badges & organize induction of new members

Potential members information sessions & follow-up, incl. invitation to dinner meetings and recommendations to Board

New member intro to club

FUNDRAISING/FUNCTION SUPPORT

Representation from each committee Formed for each agreed fundraising activity/function

Ongoing fundraising projects

Activity Person Responsible

FINANCE COMMITTEE

Treasurer, President, Assistant Treasurer (or another non-executive person)

Develop & monitor Club budget-actual v planned & make recommendations for adjustments to Board & Club for approval

PAGE 7 ZONTA ON THE ROCKS

2013 District 22 Conference.

"Visible + Credible = A Viable Future" – the Theme of our 2013 District Conference at the Noosa Convention and Exhibition Centre, 28-29 September 2013.

For further information about the Invitation to Conference click on the link below <u>2013 District Conference – Invitation to Conference</u>

Watch the <u>Zonta Conference Invitation</u> video (click on link) and share our District Governor's enthusiasm for what promises to be a great weekend.

Register for Conference now – Early Bird closes 15 July 2013
Registration – Zonta District 22 Conference 2013 (click on link)



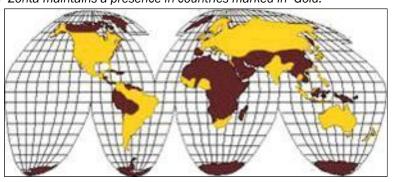


There were **30,050 members** of Zonta worldwide as of 28 February 2013.

The 2012-2014 Membership Goal for Zonta worldwide is **31,000 members**.



Zonta maintains a presence in countries marked in Gold.



District 22

- A Queensland Australia
- B Northern Rivers Inc. New South Wales Australia

