

East-Enders



September 2019

Presidents Patter



It has been a busy month since returning from holidays on August 4. I had a great holiday with my family and friends in Canada – even went hiking in the Rocky Mountains for 3 days.

On Saturday, August 11 Greg and I attended the Zonta Club of Bundaberg's dinner to celebrate the 100th Anniversary of Zonta International. I was invited as a former member of the club. The evening was a great success. We were entertained by the St. Luke's Anglican School Chamber Strings Group on arrival and Year Eight student Jamelia Barnes who sang during the evening. Wow – was she ever impressive – very confident young woman at 13 years of age!

On Friday, August 16 Ros, Jacinta, Kerstin, Sarah and myself attended the Red Rose Foundation **Red Bench Launch** in Bulimba which was organised by Brisbane City Councillor Kara Cook. It was a wonderful morning and it was great to be able to show our club's support to Kara. She is very generous to the club. We heard from three speakers- Safe Haven, Open Haven and Hairdressers with Hearts. All three organizations are providing support in different ways to women in domestic violence situations.

The club hosted an afternoon tea on Sunday August 18 to thank our Hon Zons and volunteers who help raise money for the club. Our sewing volunteers were also in attendance. They made over 500 breast cushions last year. Our speakers were Anna, one of the club's scholarship winners and Ash, the Breast Care Nurse from the Mater Private. Their presentations were very informative. We had about 35 members and guests in attendance. Many thanks to Jo and Jill for organising the afternoon.

At our regular monthly meeting on August 19, we were joined by numerous guests to hear our guest speaker Dr. Barbara Hall. She talked to us about her inspiring work in Uganda repairing pelvic floor injuries from birth trauma. Everyone was very impressed with her talk and would like to hear more speakers at our meetings.

Many thanks to our members and Hon Zons for their work and support on the August 26 Bunnings sausage sizzle. It was another good day with profits around \$435.00.

Remember our next major fundraiser for the year is the High Tea on the 15 September at Belmont Bowls Club. Round up your friends for a wonderful afternoon of fashions, food and fellowship.

Until next month.

Loris

“The way we experience the world around us is a direct reflection of the world within us.” Gabrielle Bernstein

Thank you to our HonZons



Without the help of our HonZons (friends and family) at our functions we, as a Club, could not do nearly as many service projects each year to support women and children. To say thank you and recognize their valuable contribution to our Club they were invited to an afternoon tea. We also invited Ash, the Breast Care Nurse from the Mater Private Hospital to speak on how the Breast Cushions and Drainage Bags that we provide to the hospital are used and appreciated and Anna one of our Balmoral State High School

Scholarship winners who spoke how the Club's financial contribution has helped her in her studies for her Bachelor of Nursing and her practicum in Nepal.. HonZon Certificates and badges were presented to Lesley Solar and Robert Fromm. Our two other recipients sadly were an apology so will receive their recognition at a future function.

Launch of the Red Rose Foundation Red Bench in Bulimba

Loris, Kerstin, Jacinta, Sarah and Ros attended the launch of the “Red Bench” in Oxford Street, Bulimba. This seat is one of two secured by Councillor Kara Cook for the Morningside Ward – the other is in Riverside Park Bulimba. The “Red Bench Project” is an initiative of the Red Rose Foundation and each bench carries a plaque inscribed with the word “Change the Ending: Let’s Stop Domestic Violence”. Speakers at the launch included The Hon Di Farmer, Betty Taylor founder of the Red Rose Foundation who spoke of the very moving and sad story of how the red rose became the emblem of the foundation and is used at the Red Rose Rallies. Other inspiring speakers were representatives from Open Haven, Safe Haven and Hairdressers with Hearts. All great initiatives to assist women and children affected by domestic violence.



August Monthly Meeting



Our “bring a friend night” for our August Monthly Meeting was a great success. Our special guest speaker was Dr Barbara Hall. Members and friends heard from Dr Hall of the work she does, volunteering in Uganda, to help women with debilitating gynaecological conditions following birth trauma. She spoke of the positive outcomes from her work undertaken without the benefits of the modern technology which we take for granted in Australia. She also spoke of the impact on the lives of the women in Uganda.

Thank you Loris for suggesting such an inspiring speaker.

Bunnings Sausage Sizzle

Thank you to members and HonZons who helped with our August Sausage Sizzle. Our sausage sizzles are a major fundraiser for the Club enabling us to fund our agreed service projects but without the help of our Hon Zons we could not manage these and again we thank them for their assistance. We will not have a sausage sizzle in September (too many helpers away) but hope to have a date in October..



Annual High Tea

The next major function for our Club is our High Tea on 15 September 2019 at the Belmont Bowls Club. This will be a very special function as we will also celebrate Zonta's Centennial Anniversary and of course our past 30 years since Charter. The Flyer is attached to this Newsletter so it is now time to confirm attendance of you and your friends AND make payment for the function.

100 Year Celebration – District and Inter-District Conference

Time is running out for Registration at our 100 Year Celebratory InterDistrict Conference. The Conference program will include our own District 22 Conference on the Friday during which we will hear reports from our District leaders as well as elect the District Board for the 2020-



2022 Biennium. Saturday and Sunday is when we join with Zontians from the other three Districts. The program is jam packed with interesting speakers and workshops as well of course as our Gala Dinner on the Saturday night. It is also an opportunity to meet our Zonta International President Susanne von Bassewitz.

This is one Conference not to be missed. The full program and Registration Form is on the District 22 website.

History of Zonta International – down under and across the ditch

This 100+page book tracing our Zonta history from the very first Club in Sydney in 1929 through to our current structure of Districts 16, 22, 23 and 24 is now available for purchase. This book, written by Zontians from each of our four Districts, has an introduction that covers the years when we were a single District, followed by details of the development of each of our current Districts. It will be sold at Conference for \$A25 per copy but you can pre-order with payment now – Zonta Club of Brisbane East BSB 124 001 A/C 10207043 with your Family Name as Reference.



District & Zonta International Membership News

Are you registered for the membership workshop at Conference? The workshop- will be led by Belinda Moore from Strategic Membership Solutions (SMS) and include a panel of Zontians from each of our four Districts.

Membership statistics as at 30 April 2019 as provided by our Lieutenant Governor are:

Zonta International – 28,499 members, Young Professionals 318 - 11 of the total of 38 Australia-wide are in D22. At international level 13 new Clubs have been chartered with a further 14 in formation and 28 persons have Individual Membership with 2 in Queensland.

Membership for D22 as at 30 April 2019 is 952 and we have a target of 1010 by the end of this biennium ie 31 May 2020. New members are each receiving a 100 Year Centennial Membership Certificate and a 100 Year Pin. Those Zontians who did not renew for 2019-2020 are each being invited to consider Individual Membership and an Exit Survey is being undertaken.

Member Profile – Kirsten Liebchen



Kerstin migrated from Germany to Australia in 1991, completed her Bachelor of Arts and Diploma of Education at the University of Queensland (UQ) and commenced an over 20 years teaching career in German and English language teaching in primary, secondary and tertiary education settings. Kerstin has been involved with community work in Australia and in India. Kerstin was involved in setting up a school for disadvantaged children in India and is the chairperson for a small NGO ([Bodhgaya Development Association](#)) supporting literacy, health and empowerment projects in Bihar state, India. She is actively supporting a number of women's empowerment projects in India and sees education as the main vehicle for transformation and empowerment. She instigated a sister school agreement with a high school in Darmstadt, Germany and led an exchange program that brought German and Australian student and parent communities together. Her passion for intercultural understanding, networking and community prompted her to study and complete a degree in the Masters of Community Development Practice program. She has been involved in developing and publishing curriculum resources and audio support materials for teachers for the Australian Curriculum, German. She is also a member of professional associations such as the Modern Language Teachers Association, the 'German Round Table' networking group and has most recently been working as a German bi-lingual language facilitator for the [Speak My Language](#) (National Aged Care Podcasting and Radio Program). Kerstin has been a member of Zonta Brisbane East Club since 2013 and has been an executive member for three years.

"No problem can be solved from the same consciousness that created it". Albert Einstein

Diary Dates



6-8 September 2019 – InterDistrict Conference, Brisbane Convention & Exhibition Centre
9 September 2019 – Board Meeting, Carina Leagues Club
15 September 2019 – High Tea, Belmont Bowls Club (Flyer attached)
16 September 2019 – Monthly Meeting – Meeting Room under, Bulimba Library
14 October 2019 - Board Meeting

21 October 2019 - Monthly Meeting – Meeting Room under Bulimba Library

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Website: www.brisbaneeast.zontadistrict22.org Email: brisbaneeast@zontadistrict22.org

24 November 2019 – United Nations Day
 8 November 2019 – Zonta's 100th Birthday
 18 November 2019 – Zonta Says No City Walk (Combined Zonta Clubs)
 24 November 2019 – Walk Against Violence, Love Street Park, Bulimba




Zonta Club of Brisbane East Inc

High Tea, Fun and Fashion Bookings Essential

Please advise special dietary requirements when booking



Lucky door and spot prizes, raffles and a parade by Fashions on Mayfield.
 Items will be available to purchase on the day in sizes 8 – 26.
 Not all sizes may be available on the day but can be ordered.



Join the members of the ZONTA Club of Brisbane East Inc. at our Annual High Tea and Fashion Parade to raise funds for local and international service projects to advance the status of women and

Celebrate our Club's 30th Anniversary

DATE: Sunday 15 Sept 2019

TIME: 2.00pm – 4.30pm

VENUE: Belmont Bowls Club, 20 Narracott St, Carina 4152

COST: \$40 per person for delicious sweet and savoury finger food, tea and coffee.
CASH BAR WILL BE AVAILABLE

RSVP: By the 6th of September with payment
 Email: presidentbrisbaneeast@gmail.com
 Phone: 0466 082 002

PAYMENTS: ZONTA Club of Brisbane East Inc – Bank of Qld
 BSB: 124 001 Account No: 11207043 (referencing your name)

PROJECTS INCLUDE:

- Bursaries for students from Balmoral SHS and Yeronga SHS over a 3 year period to encourage them to continue with higher education
- Making and free distribution of Breast Care Cushions and Drainage Bags to men and women who have undergone breast surgery
- Providing support to women in Domestic Violence refuges
- Assembling Birthing Kits to provide a safe and clean birthing area for women in developing countries
- Providing opportunities such as education for vulnerable and excluded children particularly girls in Madagascar through education
- Assisting Syrian and Jordanian refugee women's access to sustainable employment and safety
- Supporting an accelerated program to end child marriage
- Addressing human trafficking & unsafe migration in Nepal
- Continuation of the campaign to End Violence Against Women