

ZONTA
CLUB



Beaudesert Area

BeauZontian

Issue: 2833

Date: September 2012

MESSAGE FROM THE PRESIDENT:

At time of sending – no report had been received.

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Ian is having an operation Monday 17th September. We wish him all the best.



There are so many people thinking nice thoughts about you and wishing you a quick, easy recovery and I'm one of them!



Please let Denise know if you are unable to attend this month's dinner by 9 pm Monday evening 17th September. If you don't let Denise know – then you will be expected to pay \$25 for your meal (that you didn't get to enjoy!)

Denise can be contacted by phone 55413943 or 0419348466

or email: oleander@tpg.com.au



District 22 Governor: Judith Anderson
Area 3 Director: Amena Reza
District 22 Website: <http://www.zontadistrict22.org>



Kylie Parnaby 10th September
Ellen Logan 25th September
Cheryl Folley 7th October



We're Not
Gossiping.
We're Networking.



**COFFEE & CHAT
MORNING**

*Thursday 27th
September*

10am

At

Everydays Cafe!!





Free breast cancer screening at Beaudesert Beaudesert Hospital

18 September – 28 November 2012

Phone **13 20 50** now

to book your BreastScreen appointment!

Women aged 50 to 69 years strongly encouraged to attend.

Women 40 and over eligible for a free BreastScreen.

Free breast cancer screening for women at Beaudesert

Queensland Health's BreastScreen Queensland Program recommends women aged between 50 and 69 years have a regular screening mammogram (breastscreen) every two years. All women aged 40 years and over, without current breast cancer symptoms, are eligible to attend this free service.

BreastScreen Queensland has the only nationally accredited breast cancer screening services in Queensland. Screening is available in over 200 locations statewide, including permanent services at Helensvale, Logan, Southport, and West Burleigh.

Free breastscreens are being offered at Beaudesert Hospital from 18 September until the end of November 2012 onboard BreastScreen Queensland's state-of-the-art mobile breast screening unit.

An appointment is necessary and can be arranged now by phoning **13 20 50**. Appointment times at this location are available between 9.30am and 2.45pm weekdays.

For more information about the BreastScreen Queensland Program visit www.breastscreen.qld.gov.au

Some facts for all women to consider ...

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*** Most women diagnosed with breast cancer are over the age of 50**

Increasing age is the biggest risk factor for developing breast cancer.

*** 9 out of 10 women diagnosed have NO family history**

Whilst women with a family history of breast cancer are more at risk, most women diagnosed have no family history of the disease.

*** A breastscreen can detect breast cancer early**

A Breastscreen is the most effective way to detect breast cancer in its very early stages, well before anything can be seen or felt.

ZONTA BIRTHING KIT PROJECT

www.birthingkitfoundation.org.au

info@birthingkitfoundation.org.au

One Million Kits !

On Saturday 18th August 2012 the Zonta Clubs of Brisbane Breakfast and Brisbane South held a Birthing Kit Assembly Day. Their target for the day was a massive 10,000, with kit number 5,945 being the 1 millionth kit that the Foundation has sent overseas. This amazing achievement by Zonta and their supporters is no accident. It represents years of dedicated work within clubs and their engagement with the wider community. Everyone in Australia in Zonta and beyond has been part of this story. The first 100 kits were sent to PNG in 1999. They were designed by Dr Joy O'Hazy and produced with the support of the members of her Adelaide Hills Zonta Club. This club then motivated others until the Birthing Kit Project was accepted as a District Project throughout Australia. By 2006 the Birthing Kit Foundation (Australia) had been formed to manage the work load.

Photo courtesy of Northern Beaches AD (June 2012)

Today the production of kits is a well-oiled machine. The Foundation has 4 staff to handle the assembly day logistics and a board of 8 women, 7 of whom are Zontians, who oversee the broader work of the Foundation. We will never know exactly how many mothers and babies lives have been saved but it would be in the thousands. Many thousands more have avoided debilitating infections. Well done Zonta, take a moment for a toast to your dedication and achievement!

Try to make it to an event near you or set one up. Celebration events are being held by Zonta in the following places. Support them if you can.

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October's Entertainment!

The Committee looking after the 'entertainment' for the October meeting would like us to bring along to the September meeting

“a secret about ourselves (written or typed out).....something that nobody from our Zonta club would know about”. Then everyone else then has to guess who the secret belongs to!! (As I type this I am thinking that I may well be busy for the October meeting!!!!)

**TOP
SECRET**

A couple of thoughts to ponder:



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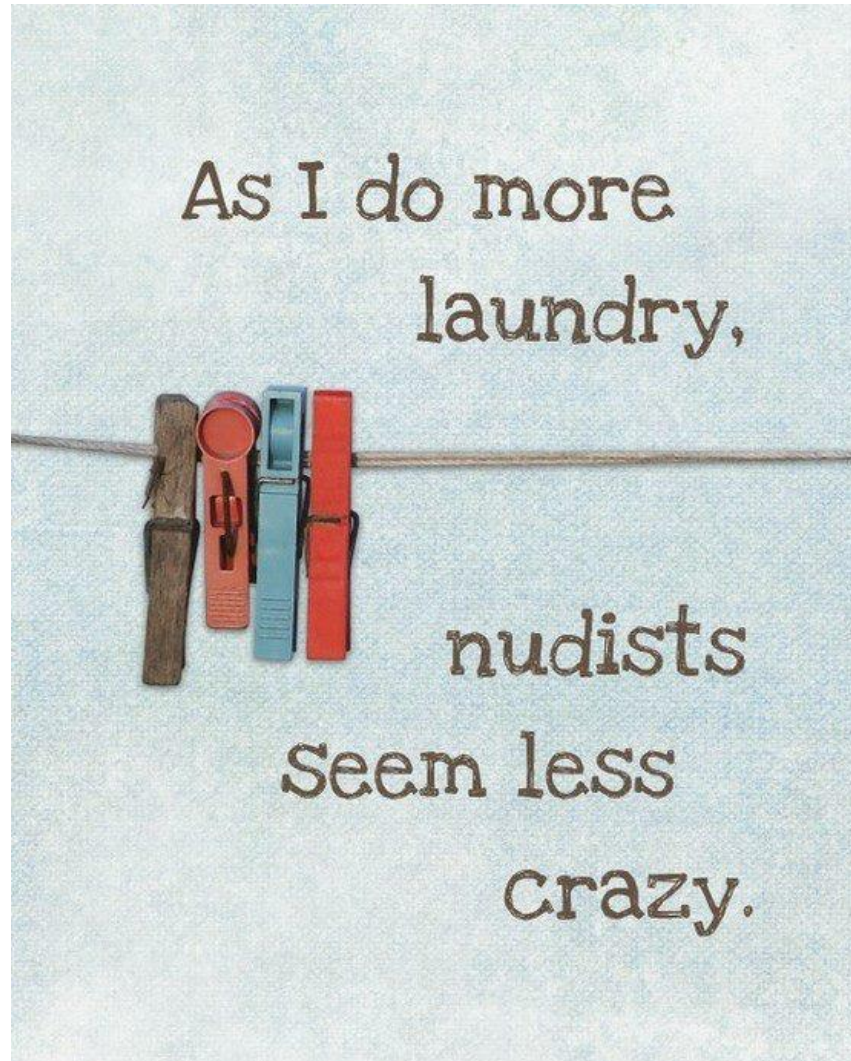
God grant me a vacation to make bearable what I can't change. A friend to make it funny and the wisdom to never get my knickers in a knot because it solves nothing and makes me walk funny.

*I finally
figured
out my
body type.*



*It's
hourglass
with extra
minutes.*





Depression is not a sign of
weakness

it means you have been strong for far too long

