

the Zonta Club of Mackay

Newsletter

July 2012



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Torino, Italy.

61st Zonta International
Convention website:
<http://torino2012.zonta.org>

President's Report

It gives me great pleasure to be writing my first report for our new Zonta Club of Mackay newsletter. The newsletter is being relaunched in part to recognise our anniversary this year of twenty years of service to both our local Mackay community as well as international service projects. Recognition must be given to our three Charter members, Vassie Comino, Judy Spannagle and Lynette Dupuy, for their twenty years of dedicated service and their ongoing commitment and leadership to ensure that the Club and our members continue to play an important service role in our community. Ladies, your efforts are outstanding and indeed an inspiration to us all.

Though our Club is small, our members are active, and I would like to thank you all for your contributions and involvement. I would also like to further encourage you to continue to embrace the opportunities that Zonta can and does provide to jump in and get involved! As Mother Theresa has said. 'We sometimes feel that what we do is just a drop in the ocean, but the ocean would be less because of that missing drop'.

Another lady that I would like to recognise is our wonderful Newsletter Editor, Eunice Shearer, for her initiative in relaunching our Club Newsletter. Eunice has so much energy, drive and passion, that she inspires me every day to try and make a positive difference in some small way.

Vassie and Judy are currently on their way to the 61st Zonta International Conference which is being held in Torino Italy from 7 to 12 July, 2012. The program schedule looks very interesting and from all accounts, Torino itself looks to be a fascinating city, with a lot of history and interesting architecture, food and wine. We look forward to hearing of their experiences upon their return

With our dear Zonta friends in Torino in mind,
'Distinti Saluti' (or, in other words, 'Best Regards')

Marie Cameron (President)



The Shine Program

One of the programs that the Zonta Club of Mackay has recently agreed to sponsor is the 'Shine' program at the Sarina High School. The program which will be conducted by the Sarina Chaplaincy will assist female secondary school students in addressing the complexities of adolescence such as low self esteem, body image, mental

'The Shine program ... will assist female secondary school students in addressing the complexities of adolescence ...'

health issues and alcohol and physical/sexual abuse.

Our Club will be providing \$1,000 to support six students from the school go through the program, and both the Sarina High School and the Sarina Chaplaincy have been very appreciative of this financial assistance.

Marie Cameron



Melody Hughes (Centre), past Principal of Sarina Primary school and current President of the Sarina Chaplaincy Committee with Gail Clark (left) and Viv Hanrahan

Mackay Women in Business Network News



Our August luncheon will be held on 19th August at 12pm at Mackay Reef Resort Motel. Claire Hubbert of Simply Systems will be the guest speaker. Claire will speak about Health and Safety in the Workplace. Don't forget to register to attend this luncheon as this is an opportunity to promote your business and hear about the latest information on health and safety in your workplace.

Gail Clark (MWIB Committee)

Editor's note: Web links to Claire and Simply Systems:
<http://www.simplysystems.com.au/>
<http://www.simplysystems.com.au/General%20Content/City%20Life%20Magazine%20Article%20Oct%202007.pdf>

DATE CLAIMERS

- * Friday, 13th July: Black Friday Networking MWiB Lunch at Ocean International (12pm)
- * Friday, 19th August: MWiB Lunch at Ocean International with Claire Hubbert of Simply Systems (12pm)
- * Sunday 26th August: Birthing Kit packing day at TAFE (10am)
- * Saturday 29th September: Zonta 20th Anniversary celebrations and launch of Zonta cookbook
- * Sunday 28th October: Global Grooves, Mackay
- * Sunday 25th November: White Ribbon Day
- * Saturday 1st December: Zonta 'Round the World' Christmas party at Peter and Marie Cameron's house



What we're doing

A Bunch of Biddies

On the 29th May we held our 2nd fundraising event for the year - a drink and nibbles pre-show in the foyer and selling lots of books of Cent Sale tickets prior to the show. Our prizes were on display as our banner and Zonta information for all the public as well as our guests to see.

After the 'Biddies' ended, all who had tickets stayed back for the draw of the prizes as they had to be there to win! It was great, we had 53 prizes and all went home with their new owners within 15 minutes of starting the draw!

Thanks to those who donated prizes for the evening - JR Hair Design, ID Dezine, Dupuy's Amcal Chemist, ABC Tropical North Radio, Hairway, Reef Resort Motel, Hamilton's Florist & Gifts, Trish Gibbons - Mary Kay, Lynne Baillie - Creative Memories, Leanne Shepherd, Gail Clark and anyone else I've forgotten to mention here. A great effort and a good result, and even though our numbers were lower than at last year's event I believe it still gave us some great exposure to the other ladies there on the evening.

Lynne Baillie (Service Committee)



Setting up our information Board in the foyer



The Biddies



The Cent Sale prizes

Relay For Life

It was wet, cold and very, very muddy so the conditions were tough and uncomfortable at this year's Queensland Cancer Council Relay For Life, which was held at Queens Park on the Saturday 26th and Sunday 27th May.

Despite the unappealing and unfriendly weather a number of our Zonta and Whitsunday Anglican School Z Club members braved the conditions to assist at the event. Handling team, survivor and carer



registrations and selling merchandise for the Cancer Council, our Club and Z Club members provided great support to the organisers.

Despite the inclement conditions, this year's event raised record funds of over \$300,000 for the QCC. Many thanks to our Zonta and Z Club members for your ongoing support of this annual community fundraiser.

Marie Cameron (Service Committee)

Photo (top): Marie Cameron and Trish Gibbons assisting with the survivors' and carers' registration.



Photo (left): Members from the Whitsunday Anglican School Z Club and the Z Club co-ordinator - Jessica Vigliante - all wrapped up and selling merchandise at the registration desk at the RFL.



The Cookbook

The cookbook, 'Mackay: Past, Present and Future - a little book of tastes and topics', which our club is producing in cooperation with the George St Neighbourhood Centre World Café, is progressing very well and on-course for publication in mid-September.

The book, to be produced in full colour, will contain not just recipes and photos of the food, but also information about just what exactly makes Mackay a great place to visit, live in or be associated with. In addition, all of this will be complemented by beautiful full-page photos of scenery, industries and places of interest in Mackay. We anticipate the book will be sought after by anyone associated with this wonderful city, and will make an excellent souvenir gift for family or friends around Australia or overseas.

We have had keen interest in the book from local sponsors, with around 30 sponsors so far and more on the way.

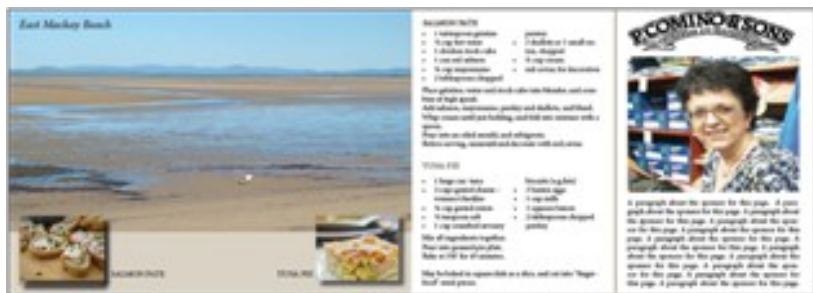
We have received approximately 70 recipes, from Zonta members, World Café members and from our sponsors. These recipes cover soups and starters, mains (including a number of vegetarian recipes) and cakes and desserts. With traditional Australian recipes, tried and true family favourites, and exotic contributions from our multicultural residents as well, the recipes cover a wide selection of tastes.

To photograph and taste some of these recipes we held a 'cookoff day' with great success on 2nd June, and are planning to hold another one on 22nd July.

The book's sub-committee members - Marie, Eunice, Viv, Gemma, and Lyn Gargano from the World Café, have been working very hard on its production and will continue to do so until the concept becomes a reality two months from now.

Eunice Shearer (Cookbook Sub-Committee)

What we're doing



The book layout



The subcommittee - (from left) Eunice, Viv, Gemma, Marie



The photographer - Lynne Baillie



The food (some of it)



World Café people - (from left) Lyn Gargano, Lida, Kim (with Eunice)

Kartini of Indonesia

Raden Ajeng Kartini (or Kartini) was born on 21st April 1879 in Jepara, Java, into an aristocratic family. Her father was an assistant for the district chief of the city. Her mother, one of her father's wives, was a teacher of religion. Kartini was the fifth child in a family of eleven. She was to become a leading pioneer of women's rights in Indonesia, known at that time as the Dutch East Indies.

Kartini was an intelligent girl and was sent to a Dutch school for the early years of her schooling. Here, among other subjects, she learnt to speak Dutch, an unusual accomplishment for Javanese women at the time. However, when she was 12 years old her parents, according to tradition, took her out of school and put her into 'seclusion', meaning she was forbidden to leave the house until she married. In those days a noble girl was not allowed to have a higher education and her husband would be chosen for her by her parents.

During her years of seclusion, Kartini continued to educate herself on her own. Because she could speak Dutch, she acquired several Dutch pen friends. Books, newspapers, novels and European magazines fed Kartini's interest in European feminist thinking, and fostered her desire to improve the conditions of indigenous Indonesian women, who at that time had a very low social status. Kartini's concerns were not only the emancipation of women, but also other problems of her society. She saw that the struggle for women to obtain their freedom, autonomy and legal equality was just part of a wider movement. Kartini's fluency in Dutch enabled her to write many letters to her Dutch friends telling of her ambitions for women, as well as have

her articles published in magazines in the Netherlands.

At the age of 24 Kartini, in an arranged marriage, became the fourth wife of a Javanese nobleman. Kartini did not want this but she agreed to the marriage to appease the wishes of her sick father. Fortunately, Kartini's husband understood her ambitions and allowed her to establish a school for women in her town. Kartini's only son was born on 13th September 1904. A few days later, on 17th September 1904, Kartini died at the age of 25.



Inspired by Kartini's example, following her death more schools for women were built and their numbers increased until they flourished throughout Java. The publication of her letters, because they were written by a native Javanese woman, had attracted great interest in the Netherlands, and Kartini's ideas began to change the way the Dutch viewed native women in Java. Her ideas also provided inspiration for prominent figures in the fight for her country's Independence.

'Kartini ... a leading pioneer of women's rights in Indonesia.'

In 1964, Kartini's birthday, 21st April, was declared an Indonesian national holiday and 'Kartini Day', has been celebrated in schools every year since. In Jepara there is a Kartini Museum which contains a collection

of Kartini's personal belongings, including furniture from her house, several photos, letters written by her and other documents relating to her life. Kartini is honoured as well today by being depicted on Indonesia's 10,000 Rupiah note.

Eunice Shearer
(Advocacy & Awareness Committee)
(Article adapted from: <http://en.wikipedia.org/wiki/Kartini>)



Above: The 10,000 Rp note

Right: Kartini with her husband

Far right: Children celebrating Kartini Day in Indonesia.



Kartini and other women heroes - The My Hero Project:
<http://www.myhero.com/go/directory/page.asp?dir=women>

Lyn Dupuy in Antarctica



This is a photo of me on the coldest continent in the world.

In February this year my husband, Robert, and I flew to Buenos Aires with 34 pharmacists and their partners to begin a tour and conference called "Antarctica the Last Frontier."



The Chilean Antarctic Base

We flew up to Iguassu to see the falls, and then down to Ushuaia to board the MV Expedition and begin our adventure. The scenery was amazing and visiting the Chilean base, which is manned by Naval personnel, gave us an insight into their daily lives. Port Lockroy, the former British base, is now a museum and post office. Cards posted there travel by ship to the Falkland Islands and then by plane to the UK, before being distributed throughout the world. I joined the



Penguins learning to swim in the water near the base.

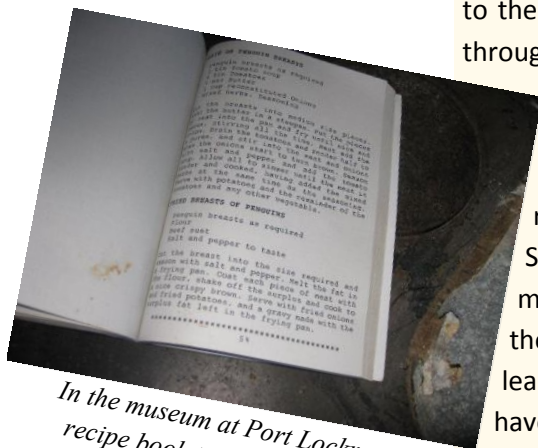


Penguins watching the MV Expedition

Antarctic Heritage Trust while at Port Lockroy and now receive a newsletter. Some of the funniest moments were watching the baby Gentoo Penguins learning to swim and trying to have a barbecue on the ship.

Watch this space – We are off to the Arctic, Greenland and Iceland next month.


Lyn Dupuy



In the museum at Port Lockroy: a recipe book telling how to cook 'Sautéed Penguin breasts'



Historic tinned food in the museum at Port Lockroy

More photos on page 8 

Link to Antarctic Heritage Trust Newsletter: <http://www.ukaht.org/downloads/pdfs/news/BergyBits33.pdf>
 Link to the Port Lockroy Blog: <http://ukaht.org/peninsula/port-lockroy/blog>

July: Eunice Shearer

Birthday: 2nd October, 1941

Joined Zonta Mackay: March 2012, but was a member of the Whitsundays Zonta Club from 2003 until then.

How I heard about Zonta: From Tiina Randmae (former member of the Zonta Club of the Whitsundays)

Positions held in Mackay Zonta

Club: Chair of Cookbook Sub-Committee, Advocacy & Awareness Committee, Newsletter Editor.

Family: I am divorced with 2 adult sons. Glen is 41 and lives in Melbourne, working at Apple, and he is a recent Master of Multimedia graduate. Iain is 36 and married, with 2 children aged 5 and 7 years old. His wife is Indonesian and they live in Semarang, Indonesia, where Iain owns a polished concrete business. I visit Indonesia and Melbourne quite a lot.

My story: My Mackay story began when I came to Queensland 12 years ago from Melbourne, seeking a 'sea change', like so many of us here have done. In order to do this I took a job teaching Indonesian language in the primary schools circuit in the Alligator Creek area, 36km south of Mackay near Sarina. During that time I rented a house at nearby Grasstree Beach.

In 2003, I moved from Grasstree Beach to Airlie Beach, where I discovered the Zonta Club there, and joined it. After about four years at Airlie Beach, during which time I was a teacher and Director of Studies at the Whitsundays College of English while simultaneously completing a Bachelor of Multimedia Studies degree from CQU, I bought my unit at Blacks Beach and briefly moved into it. This was supposed to be my dream home, where I could



drift off to sleep to the sound of the waves lapping on the shore, my reason for coming to Queensland.

But ... China was calling ... and unable to resist the challenge, I went there to teach English for three years. I lived mainly in Guilin, a beautiful city in China's south, famous for its mountain and river scenery,

where I made many Chinese friends and learned so much about their awesome culture. Throughout those years I still continued Zonta membership. After I returned to Australia from China it was logical for me to pick up the threads again by living in my unit at Blacks Beach. So here I am.

Career highlights: Apart from the satisfaction of teaching English in Australia and in China, and the delights and usefulness of the study of multimedia, another highlight was last year gaining the Graduate Certificate in Australian Migration Law and Practice, qualifying me to become a migration agent. So, with all that behind me, I am currently following employment in those three skills areas: English language, multimedia and migration advice.

Hobbies and interests: I have to confess - my HD big-screen TV, Blu-ray DVDs and videogames!

Philosophy of life: To find one's passion and then follow it, regardless.

The next chapter: Uncertain of that, but for now I am happy to be back living and working in Mackay, among friends, and with opportunities for travel to visit my family and friends around Australia and overseas. I consider myself a very fortunate person and I try to enjoy life to the full.

Eunice



With local guide on the Li river in Guilin, China

New Board



The new Board for 2012-2013 was inducted at our last dinner meeting on 19th June.

From left: Lynne Baillie (Treasurer), Viv Hanrahan (Board Member), Gail Clark (Vice-President), Vassie Comino (Board Member), Judy Spannagle (Correspondence Secretary)

Absent: Marie Cameron (President), Leanne Shepherd (Minutes Secretary)

Lyn Dupuy in Antarctica (cont'd from p. 6)



Newsletter Banner (from the Editor)

This month's newsletter banner shows Mackay's 'Town Beach' over which I have superimposed the newsletter title. However, I thought it might be fun if this photo were to change each month, showing different scenes of Mackay. I therefore invite you to email me high resolution photos you may have of Mackay and I will choose a different one each month to replace this month's picture.

Happy Birthday



Judy Spannagle:

7th July

Lynne Baillie: 1st August

Lyn Dupuy: 5th August

Gail Clark: 9th August

CONTACT DETAILS

President - Marie Cameron: peteandmars@bigpond.com

Vice President - Gail Clark: doug.gail@bigpond.com

Secretary - Leanne Shepherd: leanne_shepherd_546@hotmail.com

Secretary (Corres'dence) : Judy Spannagle: ronsid@mackay.net.au

Treasurer - Lynne Baillie: lynnebaillie@iprimus.com.au

Membership - Vassie Comino: vassie@pcominoandsons.com.au

Newsletter Editor - Eunice Shearer: euniceshearer@gmail.com

Address - PO Box 1233, Mackay. 4740. Queensland. Australia

Email: mackay@zontadistrict22.org

Website: mackay.zontadistrict22.org