



NOVEMBER 2010

UN BREAKFAST TALK

On a bright sunny day at Capers, a small group of interested members enjoyed a very illuminating talk by our local audiologist, Sue Tuck, on the HEARING NEPAL programme. It was interesting to hear how a chance observation of a hearing deficiency led to the link and development of such a wonderful programme which identifies and assists men, women and children with quite severe hearing difficulties in their day to day living.

Sue told us of the difficulties of travel, the remoteness of the villages and simple way of living but at the same time how happy and grateful the people were to receive help and to be able to hear. Being given the chance to hear allows them to interact and, more importantly, for the children to develop and learn to their capacity.

Sue, from Whitsunday Hearing ,and her newly audio qualified husband Lew have made several trips to Nepal and this has resulted in a sustainable programme. We all enjoyed the information and some of us even headed off for a free hearing test with Sue.

Janet

More Nepal Project
Photos page 7

Hearing Nepal Project:

Testing a child in the hills even before arriving at Tawal



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Domestic Violence Prevention Month –

May 2011: I know this is a while away yet, but I wanted to give the club a heads up about our plans for DV Month next year – partly because it's exciting and partly to get everybody thinking about whether or not the club wishes to be involved and in what capacity.

Whitsunday Crisis and Counselling Service, in conjunction with the Whitsunday Outriggers, will be holding the “Inaugural ‘Act As One’ Whitsunday Outrigger Regatta” for corporate and community participation. The theme for DV month is ‘Act As One’ to encourage the whole community to take a stand against DV. Obviously, when outriggering, the team needs to ‘act as one’ in order to achieve speed and win the race – thereby modelling the concept of act as one.

This event is going to be very interesting and will take a fair bit of work, and we would like to see it become an annual event. With Christmas coming up quickly we have decided to wait until the New Year to start organising. Carmen Bekker, CEO, will be calling for a working party in January. We envisage that there will be stalls at the event including food and information stalls. It would be great if Zonta wishes to have a stall or even enter a team in the regatta! Watch this space for further information!

Jill



Christmas Events:

Carols – 5 Dec: Carols begin at 5.30 and we will be selling coffee and sweets during the evening. If you would like to make a lovely yummy to have sold, please either drop it at Suzie's shop on the 4th or bring it to the Carols around 5.00 PM.

The money raised will be for Christmas Hampers and, WOW, do we have a challenge this year! We have an elderly lady, an elderly man and ... wait for it ... a woman with 7, yes 7, children ages 7 – 16! Four girls and 3 boys all at that ‘expensive’ age. If you have any nice items that are age appropriate, we would appreciate that donation as well.

Wrapping for Hampers and Pamper Packs: All of Santa's elves will need to ride their sleighs over to Cath's on the 11 Dec. at 2.00 PM to do the massive wrapping job for not only the huge hampers mentioned above but the Pamper Packs for the women at the Whitsunday Crisis and Counselling Service refuge.

Suzie



Zonta Club of the Whitsundays

Contact Details

President - Sandii Hansen: famhans2@bigpond.net.au

Vice President - Connie Riley: lesterandconnie@bigpond.com

Secretary – Noelene Helman: helmans@bigpond.com

Treasurer – Catherine Moscato: catherinemoscato@hotmail.com

Reef Talk Editors – P.J. Halter/Eunice Shearer: Zontaclub7@hotmail.com

Address - PO BOX 427, Cannonvale, Queensland. 4802.

DATE CLAIMERS

18 November – General Meeting – 6.15 PM– Reef Gateway

22 November – UN Breakfast Meeting - 7.00 AM - Capers – Speaker: Robyn Mitchell

1 December – Board Meeting – Sandii's

2 December – Christmas Party at TAFE – Contact: Cath

5 December – Christmas Carols – 5.30 PM

11 December – Hamper & Pamper pack wrapping – Cath's – 2.00 PM

20 January 2011 - General Meeting - 6.15 PM

6 March 2011 - IWDB “No limits - reach for the sky!”

9 & 10 April 2011 – Area 5 Workshop in the Whitsundays

May 2011: Domestic Violence Prevention Month



PRESIDENT'S REPORT

I am sure you will agree that it was a fabulous meeting this month; I certainly enjoyed being "In the Pink". Thank you to our wonderful research team PJ, Annie and Noelene for their presentation on mammograms. I am just glad I have 2 years to go until my next visit! Liz Preston thoroughly enjoyed the evening. She was a little concerned that no-one would take her seriously, but I am sure you will all agree her talk was very informative and to the point and I think we all walked away with a fuller understanding of "breast care"!

For our November meeting it is the Board's intention to table the Constitution of the Zonta Club of the Whitsundays with mandatory and proposed amendments for your perusal and discussion. The motion to adopt any changes will then be put to the membership at the January meeting in 2011 (as per Article XVI Amendment to the Constitution the Bylaws may be amended by a two-thirds (2/3) vote of the Club members, present and voting at any regular meeting or special meeting called for the purpose, provided that such amendment is not inconsistent with the Bylaws or Rules of Procedure of Zonta International and further provided that notice of such proposed amendment shall have been sent to each member at least ten (10) days before the meeting.)

Mandatory: Change the wording District 24 to reflect District 22.

Mandatory: Change the wording Area 7 to reflect Area 5

Recommendation: Include the position of President Elect role: The President Elect (if included in the club bylaws as a club officer) is expected to: Perform duties as assigned by the President and to prepare to assume the Presidency. Preparations might include evaluating the growth of the club, planning for dynamic programs and effective mission-focussed service projects, helping to formulate long-range plans and considering appointments for committee chairmen.

Vice President role: The Vice President shall perform the duties of President in the absence of the President. If a President is unable to complete the term of office, the Vice President becomes President. Perform duties as designated by the President and the club Board, including serving as a committee chairman if required.

The reasoning behind this recommendation is that a "President Elect" is there to learn the role of the President and to take over as President in the following year. If you decide to take on the role you will be looking at a commitment of 2 years against the 4 year commitment that is in place now.

Given this is our last newsletter for 2010, I hope you will all have a lovely Festive Season break and we will look forward to seeing you all back for the 2011 Zonta year on Thursday 20th January 2011. It is already looking like an exciting year with International Women's Day in March and this will be followed by the Area 5 Workshop in April. I encourage you all to consider attending as the area workshops are always so informative and a chance for great networking!

Cheers, Sandii

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SERVICE AND ADVOCACY NEWS:

ADAFU Report

The AFADU knitting group had their last meeting for the year on the 25th of October. We had a superb Christmas/breakup lunch and a lovely, happy, chatty day as the photo will show. Another blanket was finished and about 9 more blankets were packaged and sent off to Sydney to go to Africa that day.

We usually begin meeting again around Easter but it is extremely late next year so we may resume at the end of March depending on the weather. Thanks will go out to all those who helped during the year.



Remember that anyone who hears of people having spare wool or wishing to knit or join the group we would welcome their help. They can be friends of Zontians as many in the group are.

Carole



As this is the final Newsletter for 2010 we would like to wish all Zontians, their families and friends a very happy, healthy and relaxing Festive Season!



*Don't Forget the Christmas Party—
December 2nd @ 6.30pm
Palmer's Restaurant*



Member News:

From your Editors: Eunice has had not one but two lovely Zontians put their hands up to learn her role in preparing our ReefTalk – Jill and Allyson. We look forward to them ‘doing it their way’.



Thanks Ladies.



Name Tags: Has your name tag gone on walk about or become blurry and hard to read, even with spectacles on? Let Noelene know as she will soon be placing an order. (If I took your name at the last meeting, Noelene has the list. PJ)

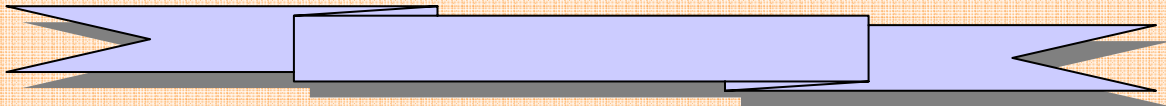


Positions Vacant:

**Zonta Club of the Whitsundays
Employment opportunities:**

No pay but much job satisfaction: ♥

Needed: Clever lady to assist with design and update quotes for club banner. All data for completion of this task in the possession of our President Sandii. Only 3-4 hours to complete assignment.



Needed:

Diligent Zontian to organize purchase of new club shirts; this includes getting quotes, working with the Board on the design, taking into account the survey of members that has been completed. Organisational skills, which all Zontians possess, the only qualification for this position.

United Nations November Breakfast Meeting – 22nd November at 7 AM:

Robyn Mitchell will be our guest speaker – she gives us a preview: This is the story of Kyrgyzstan, a small and mountainous country struggling to establish the first true democracy in Central Asia. It is doing this in the face of 2 civil revolutions in 2010, disinterest from its neighbouring ‘Stans’, a lack of international co-operation, and a legacy of impoverishment and internal ethnic tension. So why is this important to us? Its strategic location is a potential corridor for the Taliban to move from Afghanistan to northern Russia. It currently hosts American and Russian air bases, which are both pressuring for sole occupancy rights. It is a potential tinder-box, next door to Afghanistan.



This precarious political situation is now in the hands of its Interim President, Ms Rosa Otunbayeva, who is the only woman President in Central Asia. Her task ahead is to complete the transformation to democracy, develop the economy, and bring equal rights to all citizens in a Muslim country.

Come along and hear the story unfold – along with my personal experiences of being one of the few tourists to visit the country between the revolutions this year. **Robyn**

Highlights from October Breast Cancer Awareness Night

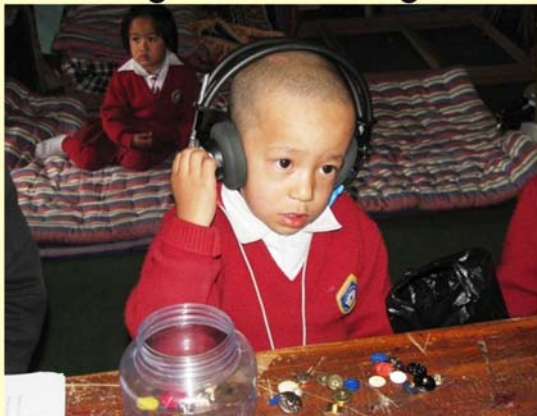
GO GET YOUR MAMMIES GRAMMED

For years and years they told me, Be careful of your breasts.
Don't ever squeeze or bruise them. And give them monthly tests.
So I heeded all their warnings, And protected them by law.
Guarded them very carefully, And I always wore my bra.
After 30 years of astute care, My gyno, Dr Pruitt,
Said I should get a Mammogram "OK," I said, "let's do it."
"Stand up here real close" she said, (She got my boob in line),
"And tell me when it hurts," she said, "Ah yes! Right there, that's fine."
She stepped upon a pedal, I could not believe my eyes!
A metal plate came slamming down, My hooters in a vice!
My skin was stretched and mangled, From underneath my chin.
My poor boob was being squashed, To Swedish Pancake thin.
Excruciating pain I felt, Within it's vicelike grip.
A prisoner in this vicious thing, My poor defenceless tit!
"Take a deep breath," she said to me, Who does she think she's kidding?!?
My chest is mashed in her machine, And woozy I am getting.
"There, that's good," I heard her say, (The room was slowly swaying.)
"Now, let's have a go at the other one." Have mercy, I was praying.
It squeezed me from both up and down, It squeezed me from both sides.
I'll bet SHE'S never had this done, To HER tender little hide.
Next time they make me do this, I will request a blindfold.
I have no wish to see again, My knockers getting steam rolled.
If I had no problem when I came in, I surely have one now.
If there had been a cyst in there, It would have gone "ker-pow!"
This machine was created by a man, Of this, I have no doubt.
I'd like to stick his balls in there, And, see how THEY come out!



PHOTO GALLERY

Hearing NEPAL Program



An elderly Tsum woman hears speech for the first time in years



Sailing on Blaze 11 with Ann!

It was fantastic to catch up with Ann with some members accepting Ann's invitation to sail back from Hamilton Island on Sunday, and then a sunset sail on Monday night. Ann will be in port for a few more days and then is Sydney bound. Pictured Robyn & Sandii in their "maiden sail", they even managed a "starboard tack" which could have quite possibly have been the sloooowest "tack" in history. Thank you so much Ann, we all really enjoyed ourselves immensely. (Sandii)

A big Thank You to Ann Cleghorn for offering us the chance to sail on the magnificent yacht, Blaze, which she skippers, and to enjoy a wonderful Whitsundays sunset. Sandii and I performed America's Cup manoeuvres at the helm, while enjoying Ann's hospitality and watching Airlie Beach light up. We all said we should do this more often. (Robyn)



November Profile: Sandii Hansen

Well hello everyone, it is time to update our profiles and our esteemed newsletter editors have asked me to submit mine this month.

All about me: I was born Sandra but am more well known as Sandii now (except when I am in trouble). Neil and I have now been married 38 years and I am happy to report that we are still really happy and looking forward to retirement ... hmhhh, maybe one day soon!

My family: of course you know how family orientated we are, with all of our three daughters living in the Whitsunday district, Michelle and Jason, along with Annaleise and Madeline (and of course Taylor who visits on school holidays) being a big part of our lives. We are extremely lucky to have our granddaughters living near us, and experiencing their development; talk about the apple of your eyes; it is fantastic to watch them grow! Of course, that can also include some embarrassing moments. For instance: Annaleise and I were sitting in front of Townsville hospital entrance when she very loudly asked: "Have you got undies on Nan Nan?" That drew quite a few looks I can tell you! Carlye is our Financial Planner with the ANZ bank and lives in Mackay and Jacqueline is our overseas traveller, but is now working on Hamilton Island with PRD as office Manager.

I joined Zonta: September 2003 in the Burdekin. I transferred to the beautiful Whitsundays late 2005. Positions that I have held to date are: member of SOW; Newsletter editor; Correspondence Secretary; Secretary; Vice President and I am now President.

My work: I have been working in the Disability Sector for 13 years now and I still wake up every day and look forward to going to work. I know the perception is that "I am so busy" but I get to share in some amazing things with some amazing people. An example is a young girl out in Moranbah, who now rides to school every day along with her friends, as well as being able to head off to the playground with them every afternoon. The LAC program has empowered our young madam. All it took was a little bit of funding for the purpose built bike she needed! The appreciation for putting on a community forum on autism from the 59 people that attended; the "hug" I got from our keynote speaker, who has now allowed me into his inner circle; the support from the community with donations in kind. Why? Because they like what we do in our community!!

My interests: Yes, still netball, but that is on hold for the moment although both Annaleise and Madeline are throwing a mean netball already!! As a recipient of an Australian medal to commemorate the year 2000 for Australian Sporting achievement in Netball, I will most probably hang around the sidelines for a little bit longer yet. Reading, yes, thanks to our wonderful Book Club, I have started social reading again (I might not be able to make it to the meetings but I am enjoying every book). Oh yes, fishing (I have to put that in just in case Neil reads this!!) and socialising with our friends and family.

How I came to the Whitsundays: We first fell in love with the Whitsundays in 1995 driving through on a holiday. We moved to North Queensland soon after that, living in Ayr, but always generated back to the Whitsundays. We bought a unit in 1998 and our block of land in 2000, built in 2003 and now living here permanently and loving it! I am looking forward to many more years being involved with the Zonta Club of the Whitsundays. **Sandii**

