



May 2013

New Member Information Evening
18th April



Presidents Report



It is really good to be back after my trips overseas in February and March....

In February I had to go over to the UK due to my sister's illness, thank you all for the lovely flowers and thoughtful card signed by all the membership... each message is cherished, and it certainly helped me knowing that I had such strong support from you all.

I went overseas again to Jordan and Israel on a three week educational and cultural tour with Robyn.

Israel is a destination like no other. The very name conjures up biblical images, endless deserts, and unique historical sites, coupled with the wonders of the Dead Sea..... a very emotional journey through Jerusalem where a bible is your map.

Jordan a romantic and epic country, home to mysterious lost cities, colorful bazaars, and of course the World Heritage Site of Petra A "rose red city", full of charm and mystery, a treasure of the ancient world...words fail me!

While I was overseas our Zonta Club was in very capable hands.... A large thank you goes to Roz our Vice President, who stepped into the Presidents position without hesitation, I knew she would be a hit! and I was right.... Also of course another thank you goes to Noelene our secretary who is always one step ahead of us all, and well organized and supportive.

I was very sorry to have missed our February dinner meeting where our guest speaker was Hilary Grant our Area Director, everyone certainly enjoyed your visit Hilary, looking forward to meeting you soon!

An extremely successful IWD Breakfast on March 10 was enjoyed by everyone. The committee led by Service Director Dawn Green, are to be congratulated for their tireless work.

Since February we have inducted Mae Secombe, Shirley Wodson and Lisa Rogalski into our club, what an asset all three will be, as our club grows from strength to strength.

And lets not to forget our membership night !! What a wonderful night it was, the membership committee excelled themselves with their lively and interactive program. Every member of the club had a chance to speak about the projects we are currently supporting and explain the Zonta objectives, while enjoying good food, conversation and fellowship. Well done everyone!!

Angela Spicer
President

Area 5 Conference in Bowen

Nine of us Whitsunday Zontians attended the fabulous sessions in Bowen on Saturday 20 April.

Six stayed overnight for the fun and fellowship: see photo of our Bowls team! (P.J. elected to talk to old friends, seen usually only once a year, instead of rolling silly little balls!)

We all agree that this was probably the 'best Area Conference yet'. The speakers were exceptional:



The keynote speaker on Saturday was Dr. Jay Iyer. He is an obstetrician and gynaecologist at the Townsville



and Mater Hospitals. He is part of a team of specialists who help women overseas also through their Fistula Program. I truly hope that one day we can ask him to visit us. He spoke of the now 'trendy' female cosmetic genital surgery that young girls

come to his practice to request, along with their mums. His practice, nor any others that he knows of in N. Qld, will do these procedures but they can be 'beautified' in most capital cities. The girls are studying themselves and compare their 'bits' to porno magazines primarily and think they should change the look of 'down there'! Who could have dreamt this up? He did relate this to fistula by making it quite clear that this does NOT even begin to be the painful, debilitating hacking of female genitalia that FGM is. He spoke with great passion, an amazing sense of humour (considering the topic) and kept us enthralled.

In the afternoon, Judith Anderson, our District Governor spoke on Advocacy. Heaps of good information.

cont.

On Sunday, we learned about the possibility of E Clubs and increasing membership Sunday through Judith Trevan-Hawke, our Lieutenant Governor. You will hear more about these E Clubs in the future.



Hortense Ingram, Bowen Zontian, gave a fabulous presentation on marketing our clubs. This was videoed and will be posted to the District 22 site in due time. She is a marketing executive and taught us that we should treat our club as any business, when it comes to marketing, by using those same skills.

Marie Cameron, President of the Mackay club and District 22 Golden Z club Committee Chair got us fired about starting Z Clubs. Again, I am sure you will hear more about this wonderful initiative to get young girls involved in volunteerism.

Talk about proud! We were all smiles when out Pam Harrison made a beautiful and entertaining presentation about our African Film Night. I is always wonderful to hear about what other clubs do for fundraising and activities.

If you EVER get an opportunity to attend one of these area or district conferences, please do. You can really grow your knowledge of Zonta, hear inspiring speakers and make new friends.

P.J. Halter

Congratulation to PJ on receiving her Speechcraft Certificate.



Date Claimers

14th May Breakfast meeting – Coffee Club-Port of Airlie
Speaker Colleen Doble, on:
How to make a difference and leave a legacy:

16th May Annual General Meeting – Reef Gateway – 6.15 for 6.30 start

23rd June Changeover day – Bogie River Bush House-10.30 am to
3.30pm

News of former Club Members.

a) Julie Boss, one of our valued younger members, has now given birth to her first child, a healthy baby boy called Hudson Peter Boss. She and Melody Cross once helped to organise the Zonta International Womens' Day Brunch and became really good friends.

b) Luella and husband" Salty" Mackay are presently looking for a house in the Whitsundays.

The Mackays sold their home here in Cannonvale as well as their later Bowen home, to help look after her daughters' family living in Melbourne. Twins Tom and Toby arrived and are now school students. Luella will be applying to rejoin us if she is lucky enough to find the right home here.

Luella was one of our first Secretaries. She worked for Pam Graham when she was President of Zonta shortly after this Club was chartered. She also brought some new skills to the production of Reef Talk and was Editor of "Reef Talk" for many years. Luella helped organise the Zonta International Women's Day when we attracted the record number of 150 guests. We made a good profit that year to distribute amongst Zonta International and the more locally focused work where we strive to raise the status of women.

Joan Watson

Membership

April was a very productive month for the Membership Committee as it included a very important event; our annual Information evening. In all aspects this was very successful occasion as twelve guests joined us on a very balmy evening in the courtyard and conference room at Marina Shores, with most wanting to be kept informed on our upcoming events. The Snapshots of our members and activities went off extremely well with everyone playing a part and speaking so informatively on projects they have been involved in. Congratulations to all of you; even a few slip-ups simply added to the merriment and the food was great as usual!



A number of guests told me how much they'd enjoyed the evening, always great to hear! Thank you to the Membership Committee who put in some extra time this month with the planning and organisation; your efforts paid off.

In May we have another induction coming up, this time for Jesse Brett, Judy's daughter. I am looking for a mentor for her so if you would like to give Jesse some help to settle in please let me (or Angela while I'm away) know. Our Book Club meeting on the last Wednesday of the month was very enjoyable as usual but this time with a bit of a difference. We had read "The Great Gatsby" last month and after sharing some of our own reading we watched the film with Robert Redford (still delicious – you don't get old in a movie) and Mia Farrow. The new movie will be out soon so we'll be able to compare!

Kerry Kenyon



Breakfast Meetings

Breakfast meetings (May venue is Coffee Club Port of Airlie - June venue to be confirmed)

These are held on the **second Tuesday** of the month **7 for 7.30am until 8 – 8.30am** so time to have breakfast and coffee and get to work afterwards.

Here is our speaker program so **mark these dates in your diary.**

Tuesday 14th May: Speaker Colleen Doble. How to make a difference and leave a legacy:

Colleen will be talking about "outliving" your life and how ordinary, everyday you and me can make a difference in the world. South African born, Colleen went with the first FCE team to Chennai in India where she lived, worked and taught for a year working with the "lower caste". The base is well established now and offers training and hope. She has also lived and worked in Uganda where she helped build a home for child soldiers and orphans from the war and mothers rescued from abandonment and abuse. She has also had experiences in Ethiopia. Colleen has an amazing philosophy on life. "No one can do everything, but everyone can do something and something can mean everything to someone."

Prepare to be inspired!!!

Tuesday 11th June: Speaker Robyn Mitchell. Honour Killings in Jordan,

Robyn has just returned from her trip to Israel and Jordan and studied those countries extensively in preparation for her trip. For this talk she would like to address the issue of honour killings in Jordan.. This is still practised in lots of areas of the Middle East but Jordan is trying to do something about it. It appears to occur across religions, ethnic/tribal groups and regional areas. This is surely a very disturbing topic but understanding the rationale and then what women's groups (like Zonta) are doing, gives hope.

Tuesday 9th July: Speaker Tanya Stewart. Extraordinary Living and how to get the most out of Life:

Tanya is a Life Coach with a background in small business predominantly in Hospitality and more recently in Nutrition and Success coaching. Coaching is a technique of questioning that explores where the individual is currently in their lives and where they want to be. Many people spend their lives well within their comfort zone only spasmodically stepping out and glimpsing their true potential Tanya will talk about the simple steps to an extraordinary life which includes 3 levels of thinking – Focus, Success language and embracing the unfamiliar.

August and September speakers are still to be confirmed. In October, breast cancer month, we will have Anna Durham and the launch of her book "Go and grow tomatoes"

These breakfast speaker sessions are such a wonderful start to the day. For more information or to let her know you are coming email or contact Roz
peteandroz@bigpond.com or 49467370 / 0402056518

Advocacy

MEET INDIRA RANAMAGAR

A YOUNG human rights activist in Nepal founded in 2000 an organization to rescue nearly 350 children from overcrowded unsanitary Nepali prisons. Indira has been recognised nationally and internationally for her work in prison reform and human rights.

In a 16 minutes documentary, English subtitled, Indira shows us what a single person with passion and love can build up and achieve: Education and literacy programs in the Kathmandu centres for women's central jail; Day care centres for small children who are too young to leave their mothers, etc.etc.

We recommend this to show at our general meeting.

Pam Graham and Guus Hermans - un committee.

LITTLE PRINCES

One Man's promise to bring home the lost children of Nepal.

Connor Grennan, writes in his book the true story the trafficking of very young children in Maoists controlled Nepal. Parents are being paid a sum and being promised that the kids are taken to the Kathmandu Valley for safety and education many miles away from them who after all will never hear or see from them again. The children, as old as even three years are told their parents have died. There are tens of thousands of children still missing in Nepal.

In Little Princes, Connor Grennan, a very young USA and Irish citizen, tells the true story of families and children, and what one person is capable of when faced with seemingly insurmountable odds. At turns tragic, joyful and hilarious.

Little Princes is a testament to the power of faith and the ability of love to carry us beyond our wildest expectations.

This book belongs to Sue Tuck Audiologist/Whitsunday and Nepal Hearing, and she gives us Zontians the chance to read it. I can highly recommend it, it is informative and very inspirational for everyone helping improving lives of people.

This book is available to circulate. Who will take it over from me? Mob: 04 299 25 199
Guus Hermans.

Advocacy

May being the month of Domestic Violence, I would like to show both these wheels to give people some idea of their choices and consequences.

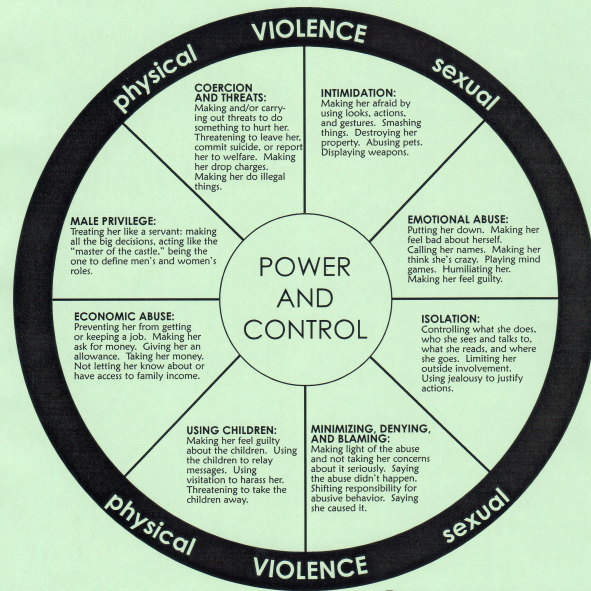
They are very important.

Janet Keppke

POWER AND CONTROL WHEEL

Physical and sexual assaults, or threats to commit them, are the most apparent forms of domestic violence and are usually the actions that allow others to become aware of the problem. However, regular use of other abusive behaviors by the batterer, when reinforced by one or more acts of physical violence, make up a larger system of abuse. Although physical assaults may occur only once or occasionally, they instill threat of future violent attacks and allow the abuser to take control of the woman's life and circumstances.

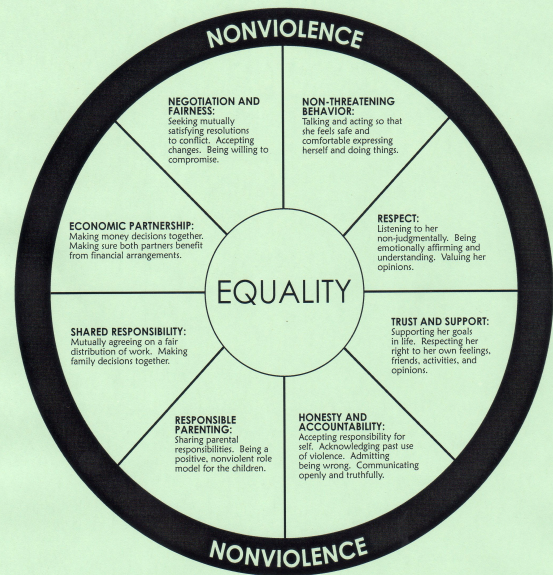
The Power & Control diagram is a particularly helpful tool in understanding the overall pattern of abusive and violent behaviors, which are used by a batterer to establish and maintain control over his partner. Very often, one or more violent incidents are accompanied by an array of these other types of abuse. They are less easily identified, yet firmly establish a pattern of intimidation and control in the relationship.



Developed by:
Domestic Abuse Intervention Project
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on Domestic and Sexual Violence
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EQUALITY WHEEL



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Profile:

Shirley Wodson: Profile

The Facts: Born in Bruton Somerset, UK on 10th January 1952. I moved to Australia at the age of 12 in 1964 with my parents and two older sisters. I continued to live in Melbourne until 1982, when I moved to Townsville with my husband and two young sons aged 12 months and 22 months.



After parting ways with my husband in 1997, I took twelve months leave of absence from my job as Faculty Head of the Arts-Fashion unit at the Barrier Reef Institute of TAFE in Townsville, to return to Melbourne to spend time with my Mother who had been diagnosed with cancer.

After spending time in Melbourne, I decided to make it more long term and resigned from my position in TAFE, to take up different roles in Corporate Training, Case Management and Counselling. It was at that point I met my present Husband Roger.

With our love of Queensland, and my sons still in Townsville with young families, six grandchildren to be exact, I had the desire to return north eventually. We travelled up and down the coast looking for an area that we would eventually retire to. Roger was not familiar with Airlie Beach so it was time to introduce him to paradise. He too fell in love with the place and it culminated with the purchase of Connie Riley's house in Nara Avenue.

It was there I met PJ and our friendship developed and she introduced me to the wonderful ladies in Zonta. I was welcomed as a guest and participated in the events and social gatherings. I was made to feel most welcome and soon realised that I this was more than just a womens' group, it was a group of wonderful women that did wonderful things for others, so this year I decided to make the commitment and join.



cont.

My interests are fitness, sailing, travel and photography. I currently run my own personal training business, working with private clients either in my own gym or one of their choice. My love of fitness led me to study for my certificate IV as a Personal Trainer and then continue on to obtain my Diploma of Fitness, In my teaching career I obtained my Bachelor of Adult and Vocational Education in 1995, and taught subjects as diverse as industrial garment production to computers, defensive driving, communication and photography. I have a love of theatre and yacht racing photography. Last year I was the photographer for the Whitsunday Sailing Club for race week, and then went onto Hamilton Island to chase the boats there. I am planning to do the same this year. You can have a look at my work on www.swphoto.com.au

A very happy birthday to Guus Hermans on 16th May

Zonta Club of the Whitsundays Contact details

President – Angela Spicer; zontaclub7@hotmail.com

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