

I S S U E 4 - 2 0 1 3

# ZONTA BRISBANE METRO BREAKFAST CLUB INC NEWSLETTER SUMMER 2013

## A Note from the President

**Zonta says No** is the call for 16 days of activism from the 25 November 2013. This is the message to stop violence against women across the world from Zonta International. The call resonates with women whose lives have been touched in some way by domestic violence and those who have become involved in supporting them.

District 22 organised a walk from Newstead Park to the Powerhouse on the 9 November, where we were all donned in orange and black Tshirts emblazoned with the call. Over 300 women and their families walked to make a very public display of our support for women who are victims of violence. Our club was well represented with 15 members and friends out walking. The photograph of **NO** was very effective and I hope a copy is in this newsletter.

Since our last magazine our members have been involved in all types of activities. Our third Breast cushion sewing day occurred with members and friends. We completed about another 20 cushions for the year which brings our numbers to about 100 for the year.

We celebrated breast cancer month in October with an afternoon tea organised and hosted by Ruth at her home. What a lovely afternoon! Our aim was to donate bras to Cambodian women through the Cancer Council and for each bra to make a gold coin donation. We raised \$120 which went to the Cancer Council for breast cancer. We joined the bras together and slung them across Ruth's front fence and certainly drew some attention from those passing by. We obviously impressed someone as the morning after Ruth received a gift of an elephant and other goodies at her front gate. Thanks Ruth for a great idea and a great afternoon.

We have held our planning meeting for 2014 and I have recorded some notes about this elsewhere in the newsletter.

The year is in its closing phase which means we will have a break from Zonta. We again will be celebrating our Christmas breakfast at the Stamford.

See you all in the New Year and I wish our members and all who you love a happy Christmas.

*Leanne*

## 2014 Planning Meeting

Our members joined together on the 19 November to discuss our plans for 2014. We decided that we would make donations of \$2000 each to Carinity Southside previously known as the Southside School, a multicultural secondary school for girls who have been disenfranchised from attending mainstream schooling, and to, The Mary MacKillop Foundation's "Aboriginal and Torres Strait Islanders Tertiary Scholarship Programme". These Scholarships assist aboriginal girls to complete Tertiary education.

We have at present over \$8000 to donate to Zonta International and we agreed to have service projects of this money put to the ZI Samoan project to protect women from violence in their community.

We planned our fundraising for the year and overwhelmingly decided to support the Zonta clubs collaboration Fashion Showcase for October 2014. We will also run a number of

activities throughout the year with the first to be led by Louise, being a film night of the stories of Half the Sky which details will be available shortly.

Our usual activities of Trash and treasure and Trivia Night will continue as will our sale of entertainment books and chocolates. A new initiative was suggested by Isobelle that we sell Wine next year for Christmas as she can source some good wine at reasonable prices direct from smaller wineries.

Our service projects of visiting the girls at the Brisbane Youth Detention Centre and sewing Breast Cushions for breast cancer patients will continue.

Our club will continue to support Zonta Awards such as Young Women in Public Affairs and the Jane M Klausman.

I hope you are looking forward to our Zonta Club's exciting year in 2014.



# Zonta International

*Advancing the Status of Women Worldwide*

## Christmas Hampers

Flora Di Lizio and Julie Blair have created this year's Christmas Hampers which we will be donating to Streetlevel and Mooyna, both Salvation Army services. They contain food items (Lions christmas cakes, puddings, biscuits, chocolates, nuts, fruit mince pies, jams and lots of varieties of special treats) and some paper items as well for the women.

We would like to acknowledge the donation of a huge carton of a variety of biscuits from Angelo Pennisi at Pennisi Cuisine at Balaclava Street, Woolloongabba which greatly assisted in bulking up the tubs. He has also supported our Club on other occasions.



## Zonta Says No

On 9 November 2013 Zontians, their families and friends walked together from Brisbane's Newstead Park. The objective was to make a visible statement to media, other organisations involved in violence prevention, and the Brisbane community that Zonta is a strong advocate for ending violence against women locally and internationally.

Around 200 gathered to walk and then listen to some inspiring speakers.

Dr Shannon Spriggs shared some interesting insights in to how to speak out about domestic violence and inspired all of us who attended by describing how she diffused a violent situation at an airport. Whilst waiting at check in a couple ahead of her were obviously having a violent argument demonstrated by the man's hand on the woman's neck, he was holding her so tightly Shannon could see all the veins and muscles bulging in his arm as he squeezed. Not too sure what to do Shannon went up and started a conversation with the couple and kept asking



# ZONTA SAYS NO

questions even though they both were giving her the vibe of "don't you realise we're in the middle of an argument". Shannon persevered and successfully had the couple relaxing and answering her many questions about the location they were all flying to whilst giving her recommendations of where to go and who to see. This was an example that we could all put in to practice. It does not put you, as the interfeerer, in danger and doesn't solve that relationship but helps diffuse a situation without causing a scene instead of staying with the masses and not getting involved.

Another powerful speaker was Tamara Wenham who shared her story of survival with us. "On his last night at home he crushed sleeping tablets into my pie that he'd made which rendered me in and out of consciousness for the night and through the course of that night he repeatedly raped me and was really verbally abusive and took photos of me in demoralising positions." Tamara took action and years later took her ex husband to court and he was successfully charged. Hers was the first case to ever get that far and gives hope to others that find themselves in similar situations.

The final act of the morning was to form the shape of a NO for a picture, which will be used to promote Zonta's activities. Thank you to all who came and thank you to the Zontians who did such an amazing job organising a truly inspiring and successful event.



## New Member Profile

### Nathalie Prince

Hi fellow Zontians

Thank you for accepting me into our club! I'm looking forward to meeting and working with you all.

I've been asked to write a bit about myself so here's a quick synopsis. I grew up in Belgium to British parents and was a concert harpist by age 16 alongside my European school studies, I then moved to the UK to go to university where I learnt how to drink, found out that languages helped me to get better paid jobs, took up cheerleading and hip hop/street dance that took me to the world championships where I and my crews won a lot of titles through the years of competing whilst working full time in the events, marketing and digital industry. After having a mini crisis at 27 where I was working 24/7 and not getting much life vs work benefits, I took the decision to move from the UK. I settled on Australia and was told that visas could take up to 6 months to get processed. 48 hours later I had a visa and had given my company, where I managed the digital marketing Citroen UK team that I'd tripled profits and revue with in the last 18 months, 6 months notice and we started our plan of action to keep the account ticking over and hand over to capable hands.

Australia has been a wonderful move for me, I am now the marketing specialist for Australia's CEO Challenge, a charity, and our domestic violence prevention program is the only one that has businesses directly helping those most traumatised by domestic violence - small steps and a lot of work with no budgets, which has been a challenge after having money to spend at my fingertips. However my hard work is finally paying off and results are happening, which I'm proud of with amongst other things our social media reach of over 15 million from zero as we ask people to speak out about domestic violence.

True to form I also keep busy with other activities including a business that covers events, fashion and marketing with an amazing friend, jive dancing, and much more that keeps me out of too much mischief.

I am truly looking forward to spending more time with my fellow Zontians and contributing to the wonderful work that you do.

JOIN THE CAMPAIGN TO END VIOLENCE AGAINST WOMEN

ZONTA SAYS NO



## Project NOW update

Following the Sod Turning ceremony in June 2013, the site has been cleared & the bulk excavation complete. The basement walls are structurally complete. The first floor is being prepared & will be poured before the Xmas break.

Building completion is expected in October 2014.



# Area 1 & 3 Meeting

22 March 2014

Norths Leagues & Services Club  
1347 Anzac Avenue,  
Kallangur, Qld, 4503

**YWPA winner**

Shaylee Rafter



**Jane M Klausman winner**

Elise Giles



**Octobra High Tea**



## District 22 Conference

Leanne, Amena, Elaine and Leida attended the 3<sup>rd</sup> Biennial District 22 Conference at Noosa, on 27 to 29 September.

In addition to voting on motions and the new District Board and Nominating Committee, attendees listened to many informative speakers. These included Liz Davenport (fashion designer), Dr Joy O'Hazy (founder of the Birthing Kit Foundation), Carla Pearse (a Tibetan Buddhist nun), Dr Shannon Spriggs (Mentors in Violence Prevention program), and Maria Stefanova (international Zonta representative).

Zontians were also able to hear the experiences of a number of Young Women in Public Affairs winners and Jane M Klausman Scholarship winners.

The formal dinner (featuring fashion parade, fundraising idea, and silent auction) plus opening night networking event was well attended and enjoyed by all.

## Elected Candidates

- **District Governor:** Judith Trevan-Hawke
- **Lieutenant Governor:** Amena Reza
- **Treasurer:** Elaine Harrington
- **Area 3 director:** To be determined

Download **conference presentations** at:  
<http://zontadistrict22.org/2013-district-conference-presentations/>



# Date Claimer Area 1 & 3 Meeting 22 March 2014 Visibility & Credibility

Area Meeting to be Held at Norths Leagues & Services  
Club 1347 Anzac Avenue, Kallangur, Qld, 4503  
Time – 9am – 4.30pm

4.30pm - 5.30pm Fellowship Drinks

## UPCOMING EVENTS

**Sunday 29 December**

Our Club's Charter Date

**Saturday 11 January**

Amelia Earhart Day

**Wednesday 5 February**

Breakfast meeting,  
United Services Club

**Saturday 22 March**

Area 1 & 3 meeting,  
Kallangur