



AUGUST 2015

PRESIDENT'S REPORT

I am so proud of this club. All but a handful of our members, {who will be away on work commitments}, have now paid up and registered already for the October District conference. How fantastic is that!! Thanks so much to Catherine and PJ for collating names, collecting money and registering on our behalf. Well done everyone.

At conference, we will have the opportunity to listen to inspirational speakers, participate in interesting workshops, enjoy meeting many of our fellow Zontians from all over Qld and have a great time, all in the breathtaking setting of Coral Sea Resort. The conference sets the direction for our district for the next biennium and so there will be some business to discuss at the conference eg by laws, budgets and motions which need to be put to the attendees. These motions, all ten of them, will be emailed to our club members prior to our August meeting for your perusal so that at the August meeting we can proceed smoothly through with our club's acceptance /non acceptance of these motions. The 2 delegates appointed by our club at the August GM will then be voting at the conference on behalf of our club.

Wonderful to have Sue Tuck present a Powerpoint presentation about her POP (uterine prolapse) program in Nepal at the July meeting and also to be inspired by Cassie and Mel (Thumbs Up award recipient) and their work at Proserpine Youth Space. Thanks to all those members who helped out at our community festivals in July. Thanks to the members who manned the water stations and the Zonta Zorros who participated in the Whitsunday Running Festival, to those of you who gave Rotary a helping hand during the Reef Festival as well as those who supported Ethan Davies at the family fund raiser and dog wash. July was also birthday month with a record number of Zonta birthdays celebrated. Party month!!

We have our film night in August at Laura's (see later in the newsletter) and another Knock Knock dinner planned. At the August meeting, Belinda Hassan, Mackay Club president, will be talking to us about the Mackay club's success with Z clubs, as well as 6 of our members entertaining us with a debate. Should be a great meeting.

You can see from our newsletter how busy and active all our directors and committees are.

Happy Reading.

Roz Jennings, President



CONFERENCE

It is now about eight weeks away from the conference and everything seems to be falling into place.

Roz, Connie and I have had some discussions with the events co-ordinator at Coral Sea and while there have been a few hiccups, generally everything is good.

As you may have already seen the note, there will be a silent auction during Saturday night dinner— all funds from this go to Z1 Fund so hopefully it will be very successful.

A sub-committee chaired by Kerrie Adam and Judy Brett has been formed to organise the welcome bags for delegates, and they will be contacting members for help with the packaging when needed. Another sub-committee has been formed to prepare the special welcome kits for VIP's, and when we have more details about delegates needing to be picked up at the airport. Yet another group will be organised for this.

Libby Edge will be speaking at the Friday night welcome so we will be able to tell a wider audience about her great work.

I would like to thank all the members who have volunteered for the various tasks in connection with the conference and the response of members to attend the conference was amazing.

When I said earlier this year that you would be needed and "all leave would be cancelled", I have to admit I did think there would be some who would not put their hands up but I was "gob-smacked" at the response. Thank you all so much and I know you will find it very interesting and meet some wonderful Zontians.

Sorry to end with a bit of bad news but Dame Quentin Bryce is unable to attend our conference. Bad luck Wendy-you and your limousine won't be needed for the job !! - but I am sure we will find another VIP for you.

Noelene Helman, Past President





Books from Birth

What, why, where, when?????

As we have many new members I thought old and new members might be interested in some background and where we are heading.

Books from Birth began in 2011. Yes, it is our fifth year. All Zontians are invited to help in some way:

- We collect used books for 0 to 8 years and put on our Zonta sticker, box up (usually about a hundred to a box) and post or deliver them to Indigenous and needy communities throughout Queensland and N.T. Zonta pays the postage and have allocated \$1,000 a year, although rarely have we used all that.
- Our range of places where books are sent include Mother and Baby health workers in hospitals', Whitsunday Crisis & Counselling (Refuge), Community health centre, Playgroups, Kindergartens, Homework and Reader groups, After school care, Indigenous communities.

Our responses from the communities are slow but each year when I wonder whether it is worth all the effort, Zonta receives letters like this and it makes me realize if we only encourage one mother in each community to read to their child then we are helping in a small way to improve education. This response from a Child Health Nurse who we sent books to on Palm Island:

*I sincerely want to THANK YOU and the Zonta club, for their wonderful gift of books that my clinic has had the privilege to receive. The books have been a fabulous incentive for the 18month and four year olds to have their vaccinations. In the world of technology, the children still prefer books, and I simply cannot thank you enough. May your wonderful work continue and many enjoy your gifts.
THANKYOU*

Books are only sent between July and December because of the wet season

We add a few magazines and cooking books and baby and child care books if we have them.

Some of the ways YOU could help:

- Source books
- Computer work (thanks Laura and Angela)
- Collecting books from the Library, schools, Vinnies, Kindergartens, community
- Finding and collecting boxes to hold up to 15 kilos (no use if had food in)
- Chasing up new communities wanting books
- At working bees: stickering, boxing, sorting, packing books
- Making afternoon tea and making us laugh.



2015 will see us involved in a project with the Christian College during Book Week. The children will bring to school two used books....buy one....our proposal was for the money to go to the school, but they have insisted it now goes to Zonta to assist with postage, the spare books come to us, plus ongoing collection of books. A win win situation.

If you would like to be involved in this project please ring me or come to our next meeting on THURSDAY 13th AUGUST 3 TO 5PM (OR AS LONG AS YOU CAN)

Thanks for reading and listening, Judy Brett (heyjudy), Chair

AIRLIE BEACH RUNNING FESTIVAL 2015

The 3rd annual 2015 Cruise Whitsunday Airlie Beach Running Festival was a resounding success on the weekend of 18-19 July, with a massive increase in numbers of 62% on 2014. This really astounded the Whitsunday Running Club and has set the bar very high for 2016 and beyond. The event brings visitors from all over Australia and the world to spend time in the Whitsundays. Hopefully social media went viral after the event.

The event would certainly not happen without the assistance of all the clubs, organisations and individuals who make up the crucial part of the event, being health, safety and happiness. Our Zonta Club has supported this sporting event since inception and also the annual Triathlon which is now in its 16th year and are now experienced water station attendants. Our experienced local service clubs - eg Zonta, Rotary and Lions – are always the mainstay of the volunteer crew on the day and we thank them for their ongoing support.

I hope you enjoy the lovely poem that Mae wrote straight after her water station duties – a humorous and very clever rendition of the event. Thank you ladies. Wendy Downes OAM



AIRLIE RUNNING FESTIVAL 2015

Hark to the pounding of many running feet!
The Running Festival's started, planning complete.
The leading group, looking fit, passes in a flash,
followed by the casual folk, not so keen to dash.
The leaders are focused on running their best time,
to be acclaimed as speedsters as they cross the finish line.
All shapes, ages, sizes prepared to have a go
on this chilly Sunday morning, for charities they know.
The age groups vary from kids to middle age,
though age is just a number, and running is the rage.
Anyone could do it, they only have to try.
We applaud them for their efforts as they go puffing by.
Walkers are accepted too, keeping bodies on the move.
No matter how long they take, they've nothing to prove.
We hand out cups of water to those who need a treat
of liquid refreshment to boost their flagging feet
Started several years ago, by athletes very keen,
this Airlie Running Festival , the largest ever seen.

Mae Secomb, Airlie Beach, 19th July 2015



ADVOCACY

Advocacy

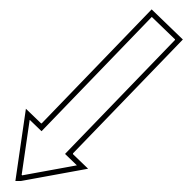
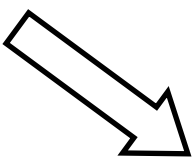


News from Nepal:

After many years of political chaos the country is at long last close to having a constitution. HOWEVER, it is a backward move for many women especially single women. It proposes that citizenship of children requires two Nepalese parents...and without citizenship a person cannot work or obtain a driving license etc. So people living near the Indian border where many families have one Indian parent will have disadvantaged children. And of course all children where there is one parent (usually the mother).

I am waiting for a response from the Kathmandu Zonta Club...Maybe they need support to make their voice heard as they are a new club.

Joanne Richardson



APOLOGIES FOR MEETINGS:

Please remember that you **MUST** apologise to Carole by Tuesday arvo before our dinner meetings on Thursday. If you do not, you **WILL BE** charged for your meal. The venues charge us and the Finance Committee met recently and found that many are not either apologising on time nor offering to pay. Our lovely Treasurer doesn't like to have to bill members so **PLEASE** fulfil your obligation and apologise timely.

(Emergencies are always given consideration!)

FILM EVENING



"The Lady" is our last film for the year. It is about Aung San Suu Kyi, one of the most photographed women in the world, Nobel Peace Prize recipient, fearless freedom fighter for Burma, human rights advocate, survivor of many years of house arrest, and arguably one of the most influential women of the twentieth century. Truly a woman of courage, conviction and commitment.

Below are 10 quotes from this amazing woman, graduate in philosophy from Oxford University, that I think you may like.

"The only real prison is fear and the only real freedom is freedom from fear".

"It is not power that corrupts but fear. Fear of losing power corrupts those who wield it and fear of the scourge of power corrupts those who are subject to it".

"I was a prisoner but I always felt free because I was not frightened. So for me, real freedom is freedom from fear".

"You should never let your fears prevent you from doing what you know is right"

"If you are feeling helpless, help someone"

"Freedom must be demanded and defended by those who have been denied it and by those who are already free".

"The true measure of the justice of a system is the amount of protection it guarantees the weakest"

"Every thought, every word, and every action that adds to the positive and the wholesome is a contribution to peace".

"When a man or a woman doesn't have a gun in their hand, he or she tries harder to use his or her mind, sense of compassion and intelligence to work at a solution".

"Please use your liberty to promote it. It would be difficult to dispel ignorance unless there is freedom to pursue the truth unfettered by fear" See you on the 11th at Laura's, **Roz**

MEMBERSHIP

- The Membership Committee would like to ask you to dig deep to either make something or buy something that we could add to two hampers. We would like to Raffle them at our Awareness evening in September. The funds from these will help to cover the cost of the hire of the venue for the night. We would like to make these hampers one for non-perishable food and one for toiletries. It doesn't have to be anything big but I know that we are all good at this and they will turn out fabulous. Please bring these to our August Meeting, A BIG THANK YOU IN ADVANCE.

Sue Hansen, Membership Chair

- Hello Zontians! Can you please put in a link on your personal Facebook page to Facebook's District 22 Conference (and ask readers to like us)? Hopefully, by the time this publication comes out I will have our logo in place: <https://www.facebook.com/zontad22conf2015?ref=hl>

Also, I'd like to ask anyone to contribute a picture of the Whitsundays that they think well represents the area.. beautiful/ quirky....just send straight to me and I'll post on the page if it fits in the space.

Cath Fernbach, Media Chair

It's ON again Our next Knock Knock Mystery Dinner

Date Saturday 22nd August **Time** 6pm for 6 30pm



Theme: "A Landlubbers and Sailors all Seafood night"

Dress: "Nautical!" Cost \$15

A fun, casual night to be had by all.

Put your name down now. Remember 1st come 1st serve.

Bring your spouse or come on your own. Mentors - why not ask the new members you are mentoring to join you for this fun event?

Please respond to zontclub7@hotmail.com to book. Once your booking is received it will be confirmed if you are successful. You will then receive an e-mail before 12:00 on the day with details of the venue and directions.





AUGUST

18th – Odette Van Der Berg

25th – Laura Morrison

25th – Sandii Hansen

THANK YOU all for the attendance and best wishes for the 50th 60th 70th and 80th birthdays.

It was an extreme effort for Guus to fly from Amsterdam and Joanne from New Zealand.

They are both busy women with many projects on the move... Guus writing a book and Joanne's Indian aid work and locum dentistry around the planet. P.J. and I had a blast planning the "once in a decade" event.

Special offer to Zonta: 6th, 7th and 8th Nov 2015: 74 bands Festival of Music. I have discounted tickets of \$220 per person. Thanks to Butto (the organiser) at the Sailing Club offering them the night of the party. (He could see we all like to party!). 10 CC, Toni Childs, the Black Sorrows, Wendy Matthews, Richard Clapton etc... please call or drop me an email I will buy the tickets. and deliver them to you. Ann Cleghorn



Women who 'became men' to get ahead (Part 1):



George Eliot, who was born Mary Ann Evans, and DJ Tatiana Alvarez, who spent a year as a man called Matt Muset.

Angry at being overlooked as a female DJ, Tatiana Alvarez spent a year posing as a man - and soon found herself fully booked. Since time began, women have dressed as men to get ahead. For some it has been a desire to see action on the front line and for others it has been to further their career at a time in which women were at even more of a disadvantage in the workplace than today.

Matt Muset, born Tatiana Alvarez

California-born [Tatiana Alvarez had spent years trying to build a career as a DJ](#). She found herself repeatedly being booked for gigs on the strength of her music, before being rejected by venue owners upon learning she was a woman. Furious at the double standards in the industry, Alvarez decided to reinvent herself - as a male DJ named Matt Muset, aka Musikillz. Through email, she set up another alter ego - that of agent Maya Feder - and started touting Musikillz around to clubs in Los Angeles. Alvarez (as Musikillz) was immediately successful. She will serve as music supervisor in the movie of her life, the rights to which were purchased by Warner Brothers last year.

Date Claimers

9 -11 October 2015: District Conference – We couldn't be happier with 31 of our 38 members registered. By signing up to participate in almost ALL sessions, we have made the hard working, VERY hard working, committee happy and proud.

AUGUST

4th - Board meeting

11th – Film Night - Laura's – 6 pm

13th – Books From Birth –Judy Brett's – 3.00 pm

20th: : General Meeting—Reef Gateway—6.15 for 6.30 start

22nd: Knock Knock Mystery Dinner – 6 pm

24th: Knitting Group—10 am—contact Carole Brauner

26th: Last Wednesday Book Club—5pm—Contact Kerry Kenyon

SEPTEMBER

1st - Board meeting

17th: : General Meeting—Awareness Night - Waterline—6.15 for 6.30 start

28th: Knitting Group—10 am—contact Carole Brauner

30th: Last Wednesday Book Club—5pm—Contact Kerry Kenyon

Zonta Club of the Whitsundays Contact Details

President: Roz Jennings: peteandroz@bigpond.com

President Elect: Connie Riley: lesterandconnie@bigpond.com

Vice President: Pam Graham: pgraham9@bigpond.net.au

Past President: Noelene Helman: helmans@bigpond.com

Secretary: Lesley Pratchett: secretaryzontawhitsundays@hotmail.com

Treasurer: Catherine Moscato: catherinemoscato@hotmail.com

ReefTalk Editors: Laura Morrison, PJ Halter

www.facebook.com/WhitsundayZonta

zontaclub7@hotmail.com

Address - PO BOX 427, Cannonvale, Queensland 4802



Here are a couple of ways you can use the Entertainment Books. Books/coupons are valid until June 2016.

Contact Connie on 0412292030 to get your book now.





Redeem at participating stores:

















Your Entertainment™ Membership is more than just a dining guide. Enjoy great value every week at participating Woolworths stores by paying for groceries, petrol, and liquor with pre-purchased Woolworths WISH eGift Cards!

Woolworths WISH eGift Cards are available online through the Entertainment™ website at 5% OFF. This month, one lucky Entertainment™ Member will WIN \$5,000 in WISH eGift Cards to spend at participating stores!

BUY WOOLWORTHS WISH eGIFT CARDS ONLINE NOW

Your Woolworths WISH eGift Card will be emailed to you – no postage required!

| | Your weekly spend | You save each week | YEARLY savings |
|---|-------------------|--------------------|----------------|
|  | \$200 | \$10 | \$520 |
| | \$300 | \$15 | \$780 |
| | \$400 | \$20 | \$1040 |

Simply purchase Woolworths WISH eGift Cards at 5% off during the Promotion Period, then tell us how you would spend \$5,000.