

October 2007

Address: PO Box 916 BOWEN QLD 4805

www.bowen.zontadistrict24.org

Diary Dates

Club meets every 2nd Wednesday of the month at 6.45pm Castle Motel

Oct 18 Committee meeting
Finance & Fundraising
Program
PR & Communications
Oct 22 Window display
Oct 24 In the Zone - Healthy Bones
Nov 6 Board meeting
Nov 14 Monthly meeting
Nov 17 C'ville Meeting

Ticket Selling Dates:

Magees – Friday 19/10;
Thursday 22/11;
Friday 14/12
Hickmotts – Saturday 27/10;
Saturday 10/11;
Saturday 1/12

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From the President's Pen

September has seen the beginning of our **Strategic Plan**. Although we only had a small attendance at our planning day, this has since gone to committees for further comment and will be further discussed tonight. I hope most members will see the value of this exercise in setting some goals and targets.

Pleasing to see that the new committee format is working and meetings are happening.

Our information session in Collinsville is set for Saturday 17 November and will be discussed further tonight.

Looking forward to our 'Hat' Meeting in November.

**Cheers
Rhonda Nilsson**

Did You Know

The Bowen Zonta Club made the first payment to the Emergency Crisis Housing on 14th June 1996 and the second payment in October 1996.

We had a Movie Premiere in early 1995 followed by a Health Seminar and then IWD Breakfast in 1996 to provide funds. The "Gone with the Wind" dinner was held in September, 1996 to fund the second payment..

Committee Clippings

Status of Women Committee

IN THE ZONE - HEALTHY BONES
Osteoporosis Project and Luncheon

Wednesday 24th October 2007 11:30-1:30
McKenna Hall Bowen State High School

Plans are well under way for this function.
We have been successful with our grant application from Healthier Bowen Shire Partnership Inc which will assist with the catering.
A very interesting menu has been devised:

- Tofu Stir Fry
- Sushi Rolls
- Cheese, nut and fruit platter
- Banana and mango smoothies.

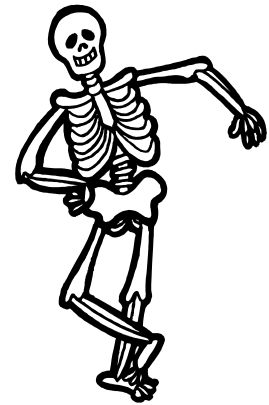


Program

- Brian Johnston, chiropractor- *Taking Care of Your Body*
- Laura Barnes, Fitness 1,2,3 - *Health and Fitness*
- Bianca Walker, nutritionist HBSP - *Innovative Cooking - Demonstration preparing stir-fry.*
- Kylie Coleman, Townsville Dietician - *You and Your Diet*

The committee will be requiring assistance on the day with food preparation and setting up. Members, if you are available please contact either Veronica or Bon.

Veronica Hickmott



Program Committee

Members are reminded to wear a hat to our November meeting.

This hat may be your special hat you bought for the Spring Racing Carnival or it can be your favourite gardening or fishing hat.

Each member will be asked to tell a short story relating to the hat.

It is that time of year again with Christmas decorations already appearing in the shops. Members are invited to put forward their ideas on how they would like to celebrate the festive season at our December meeting.

Finance & Fundraising

Plans are well under way for the Christmas Raffle. Thanks to RTM Engineering for the donation of the Esky which will be filled with all sorts of wonderful Christmas goodies. The Esky came complete with a small esky and water bottle. We already have donations of wine, bath sheet, etc. At the October meeting, members were generous in their monetary donations which Therese use to fill the esky.

Tickets are \$1 each to be drawn 15 December. Members are requested to help with ticket selling at Magees IGA and Hickmotts Corner during October and November as well as taking small books of tickets to sell.



Communications & PR with UN Committee

United Nations Day is 24 October. Plans are well underway with the window display at the Council Office acknowledging Zonta International's work with the United Nations. Our new banner will feature in this display.

Veronica is to be thanked for the work which she has put in with the organisation of the information day which is planned for 17 November in Collinsville.

The format for the day will be lunch at the Town and Country Motel followed by an information session, "meet and greet" with the Collinsville Ladies. Pam Graham, Area 7 Director for District 24 will give a presentation and there will be static display of Zonta's work both local and internationally.

A conducted tour of the Collinsville Mine Museum is being organised following the information session.

Strategic Plan and Goal Setting

At the October meeting, Goal Setting Plan - October 07 to October 08 was adopted by the Club.



Rhonda and Nan typing up the strategic plan and goal setting for October 07 to October 08



Quote taken from the Hope for the Children September 2007 Newsletter:

Love people, use things –

not the reverse.....

Meeting Our Members

Meet Angela who has been a hardworking member of the Club for several years. Angela has been secretary and is currently our treasurer.

Angela Cornwell

I was born on April 20 1959 in Peterborough, South Australia. My childhood years were relatively happy ones, with exposure to an electric mix of cultures. My father, who was a railway guard, became a naturalised Australian, having migrated to this country in the early 1950's. He was born in Poland and was accepted into Australia as a displaced person after having worked with the Americans in France at the end of World War 11. My mother, an ex-hospital matron is of English-Scottish ancestry, was a wonderful mother welcoming many people into our home to share the products of her wonderful cooking and my father's bountiful fruit and vegetable garden.

Most school holidays, I spent at the beach or on friends' farm. Peterborough is just south of the Goyder Line so water (or lack of it) played a big part in the local community. Peterborough during these years relied on the railways, mixed farming and meatworks to keep the town of 3000 vibrant. Later as the railway and meatworks were scaled back drastically, population and basic infrastructure were lost, with the town today relying on tourism and an influx of "baby boomer" retirees to reinvigorate the local economy.

At the age of 18, I left Peterborough for three and a half years and obtained a Diploma of Teaching (Primary) at Salisbury College of Advanced Education in Adelaide. I completed the first half of a Bachelor of Education and took leave from study to teach for two years at St Josephs Primary in Peterborough. These would be the last years I would be able to live so close to my family. I returned to Adelaide to continue my studies, working as a supply teacher. In June 1984, I married David who was an Education Assistant in the RAAF working in the Defence Force Special Libraries.

The next ten years from 1984-1994 were full of many changes. Our first posting was Wagga Wagga, NSW, where I spent the first year contract teaching and completing my Bachelor of Education. Ryan James was born August 6 1985 and several days later I received my B.ED degree certificate - so it was a very proud moment in time for me!

My second son, Thomas Julian, was born June 4 1987 and I was lucky during this time to be able to stay home and do "Mum" things like playgroup,

picnics in the park etc. In 1988, David was posted to Canberra to work in the Defence Force Libraries at Campbell Park and Russell Offices. Canberra was a wonderful city to explore with young children; Parliament House and Lake Burley Griffin were favourite haunts. I met many RAAF and embassy wives through the voluntary work I did with the RAAF Women's Association.

In 1990, we experienced a dramatic change of climate when David was posted to Darwin. Once acclimatised, I found Darwin to be a welcoming multicultural community. I continued my work with the RAAFWA and for a short time was president of the Darwin branch. The Defence Forces at this time were experiencing great change with rationalisation of many positions and recognition of the need for greater social support of Family Liaison Officers and Social Workers. My fondest memories of Darwin are the markets of Parap and Mindi Beach and the family holidays to Indonesia and Malaysia. During the four years in Darwin I made the first step in "re-entering the workforce" by completing Certificate Three in Office Skills. This not only made me "computer literate" but also gave me the confidence to return to teaching as a supply teacher.

By this time David had completed a Bachelor of Information Science (Librarianship) and successfully obtained a position of Chief Librarian at the Bowen Public Library. So in early 1994, I started my "new life" in Bowen. Bowen in many ways is similar to both Peterborough and Darwin with people having been very kind and hospitable towards all of our family.

My boys attended St Mary's Primary School and Columbia Catholic College, Charters Towers for their education. I completed a Graduate Diploma of Education (Teacher-Librarianship) and began work as an itinerant Teacher-Librarian at Queens Beach, Merinda, Gumlu and St Mary's primary schools. My "itinerancy" has scaled back over the last few years and I am now teaching full-time at Queens Beach State School. I continue to enjoy my work and other community interests and believe I am truly fortunate to be able to live and work in such a wonderful community.

Bon Voyage

Hortense and husband Geoff are currently enjoying a sailing holiday.

We wish them good weather and a safe return.



*The Zippy Zontians are out and about again!
10,000 Steps 2007 Team: Rhonda
Bon
Shirley
Nan*



*Have you ever considered becoming a financial member of the Healthier Bowen Shire Partnership Inc.?
If you are interested please contact the Club's secretary who has forms or contact Judy at HBSP direct.
Annual membership is \$10.*