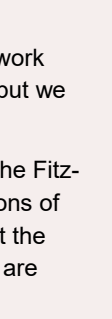




**ZONTA**  
CLUB OF  
ROCKHAMPTON INC  
MEMBER OF ZONTA INTERNATIONAL  
EMPOWERING WOMEN  
THROUGH SERVICE & ADVOCACY

# ZONTA ON THE ROCKS.



Club No: 1054—Charter: 05.08.1983  
ABN: 51 605 623 392

Area 2—District 22  
Incorporation No: 1A 13139

**President's Message:** **eNewsletter: November 2018.**

As we come to the end of another busy Zonta year, I want to acknowledge all the work done by a dedicated band of members. Our meeting attendances have been low, but we have managed to achieve our goals up to this point.

We end the year on a highpoint having been given a windfall by the generosity of the Fitzroy Club. Thank you again to all of you who supported the raffle prizes with donations of money and goods and a big thank you to the raffle ticket sellers. The 240 guests at the Fitzroy Club dinner heard about the 16 days of Activism and why many landmarks are bathed in orange at this time.

Jan and her team set up a great display at the Airport and were instrumental in having Quay St and landmarks at Emu Park and Yeppoon lit up for the 16 Days of Activism. Some of you may have tuned into ZI President, Susanne von Bassewitz, speaking on YouTube about the 16 Days of Activism. It is worth logging into <https://www.zonta.org/Media-News/Zonta-Talks> The 3 topics of discussion are

1. Keeping Young Members engaged
2. A balance of ideas from new and old members
3. Using new ways to attract interesting people

The Service Committee under Jenny's leadership has offered the Women's Shelter our usual Christmas donation. Jenny also organised a very successful Breast Cushion working bee at Valda's. We will need to have our scissors ready for another cutting session in the new year.

Highlight **March 7<sup>th</sup>, 2019** in your new year diary for our IWD breakfast with Kerry Reid-Searl as our guest speaker. While the diary is at hand, mark **27 and 28 April 2019** for the next Area Meeting at Hervey Bay. These dates are different to the original date claimer. Elizabeth and Jan have left for the US and Trish will soon fly to Chile – have a wonderful holiday. We wish Adrienne better health after various setbacks and look forward to seeing you back in the fold in the New Year.

Thank you everyone for your ongoing support this year and I look forward to well attended meetings next year.

A very happy Christmas to you and your families.

Best wishes  
Meredith.



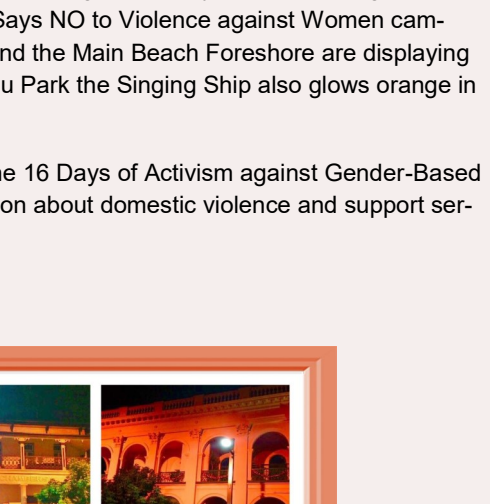
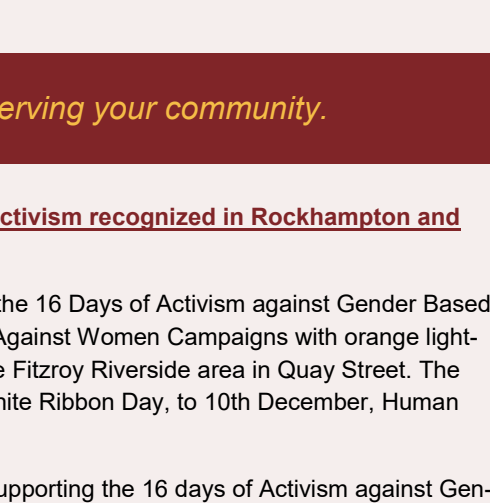
Click [here](#) to download tools which will help members to prepare publications for Zonta's Centennial Anniversary.  
*The Centennial Anniversary Brand Identity Guidelines and The Centennial Anniversary Icon files are available on this page along with many other files.*

### Meetings:

**Club Meeting:**  
6.30 pm: 3rd Wednesday of the month  
Venue: The Stirling—Albert Street  
Rockhampton.

**Board Meeting:**  
5.30 pm: 3rd Wednesday of the month  
Venue: The Stirling—Albert Street  
Rockhampton.

**All Standing Committee Meetings:**  
To be held face-to-face or electronically at date and time to suit Chair and members of the committee.



Click on the images above for updated information about Service and Advocacy

### For your Diary:

**12th December 2018** **Club Dinner Meeting.**

**25th November 2018** **International Day for the Elimination of Violence Against Women.**

**25th November—10th December 2018:** **16 days of Activism—Zonta Says NO to Violence Against Women.**

**10th December 2018** **Human Rights Day.**

**7th March 2019** **International Women's Day Breakfast: Frenchville Sports Club.**

**27th—28th April 2019:** **Area 2 Meeting: Zonta Club of Hervey Bay Inc—Host.**

**1st June 2019** **Zonta High Tea: Nth R'ton High School.**

**6th—8th September 2019:** **District Conference: D16, D22, D23 and D24.**

*As a Zontian, you are serving your community.*

### Zonta says NO Campaign and 16 Days of Activism recognized in Rockhampton and Yeppoon:

Rockhampton Regional Council is supporting the 16 Days of Activism against Gender Based Violence and the Zonta Says NO to Violence Against Women Campaigns with orange lighting focused on the heritage buildings along the Fitzroy Riverside area in Quay Street. The lighting will be visible from 25th November, White Ribbon Day, to 10th December, Human Rights Day.

The Livingstone Shire Council is once again supporting the 16 days of Activism against Gender Based Violence campaign and the Zonta Says NO to Violence against Women campaign. In Yeppoon, the Wreck Point Lookout and the Main Beach Foreshore are displaying the orange colour of the campaigns and in Emu Park the Singing Ship also glows orange in support.

A display at the Rockhampton airport during the 16 Days of Activism against Gender-Based violence, is providing awareness and information about domestic violence and support services.

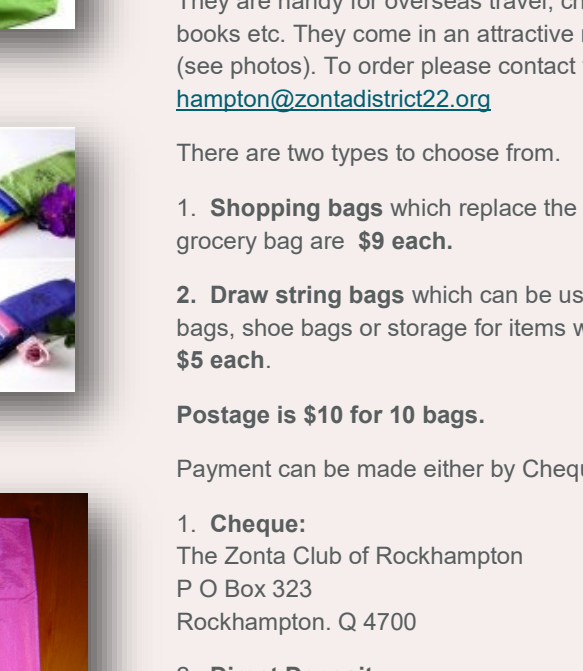


*As a Zontian, we can work together to stop domestic violence.*

### Breast Care Cushion Working Bee:

Members spent a very relaxing morning recently doing the finishing touches to a number of breast care cushions. They met at Valda's home and after completing the task, enjoyed coffee and a chat while enjoying morning tea.

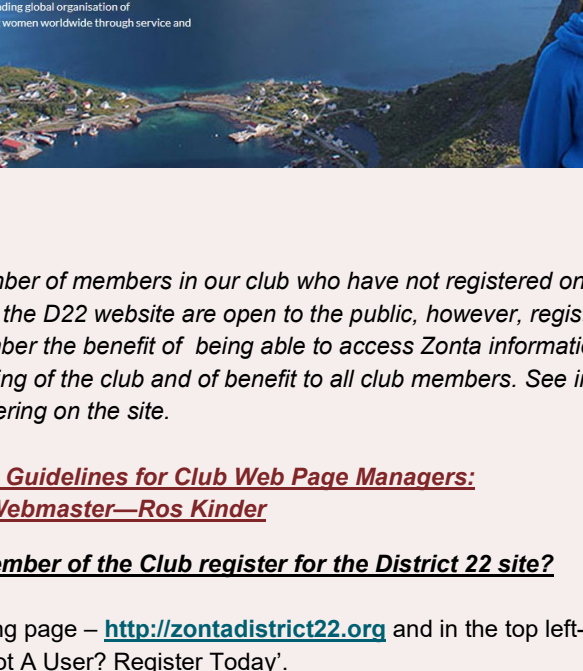
The Breast Care Cushions will be delivered to the local Breast Care Nurse to be given to women who have undergone breast surgery.



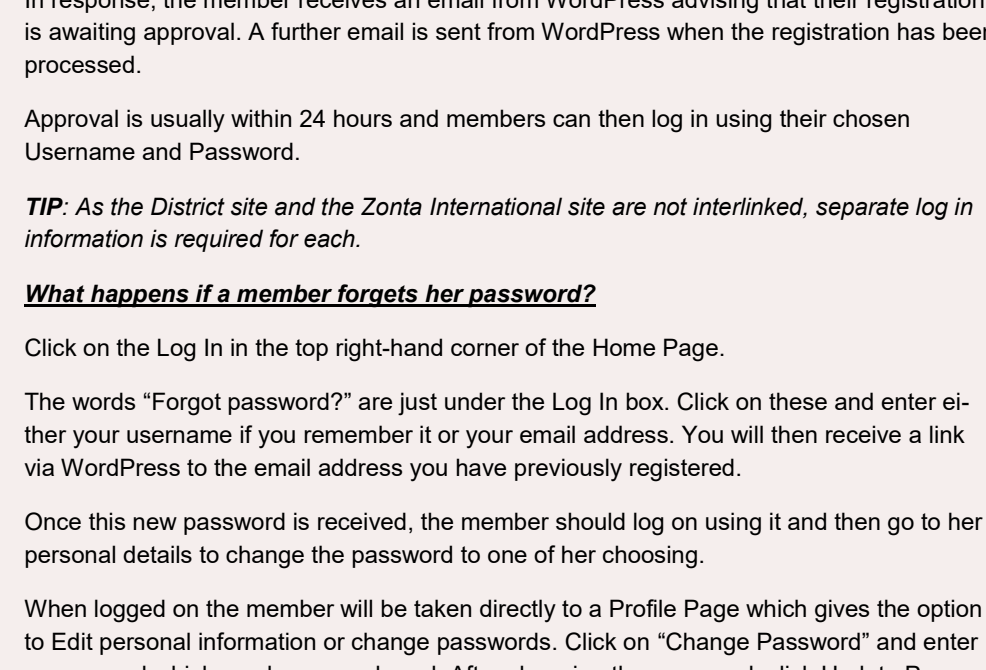
*As a Zontian, you are expanding your knowledge of gender equality issues.*

### The Morning Bulletin Business Awards:

Congratulations to our super ticket sellers, Meredith, Helen, Karen and Janelle, who worked hard at the recent Morning Bulletin Business Awards dinner, selling tickets in our well received raffle. The amount raised was phenomenal and will swell the amount of our fundraising for the year substantially. Congratulations ladies.



*As a Zontian, you are empowering women through service and advocacy, locally and globally.*



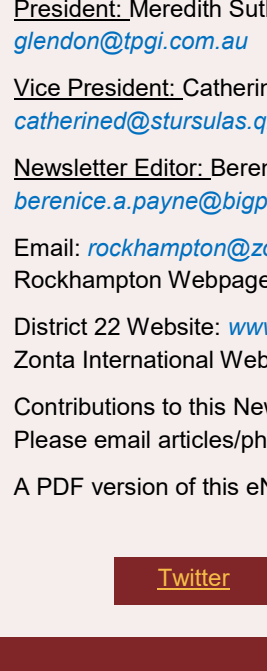
### Protect Her Rights—End Child Marriage

Make a difference for women and girls and join ZI in the competition to win US\$100,000. Make a donation to the Zonta International Foundation through the charity challenge today.

[Go to Charity Challenge](#)

*Zontians advocate for sustainable change.*

### Zonta Silk Eco Bags – Zonta Club of Rockhampton Inc:



Zonta Eco silk bags are an ideal alternative to plastic bags. They are made from 100% nylon parachute silk fabric. They are designed to fit supermarket trolleys and are strong enough to carry heavy groceries. They are light-weight, compact and machine washable, are water resistant and convenient for fridge and freezer.

They are handy for overseas travel, children's library books etc. They come in an attractive range of colours (see photos). To order please contact the club at [rockhampton@zontadistrict22.org](mailto:rockhampton@zontadistrict22.org)

There are two types to choose from.

1. Shopping bags which replace the plastic supermarket grocery bag are \$9 each.
2. Draw string bags which can be used as vegetable bags, shoe bags or storage for items when travelling are \$5 each.

Postage is \$10 for 10 bags.

Payment can be made either by Cheque or Direct Deposit.

1. Cheque:  
The Zonta Club of Rockhampton  
P O Box 323  
Rockhampton, Q 4700
2. Direct Deposit:  
The Capricornian  
A/C Name: Zonta Club of Rockhampton Inc.  
BSB: 813-049. Account No: 100026270  
(Surname & Eco Bag for identification purposes.)

*As a Zontian, you are achieving global impact through local action.*



There are a number of members in our club who have not registered on the District 22 website. Sections of the D22 website are open to the public, however, registration on the site gives each member the benefit of being able to access Zonta information which is pertinent to the running of the club and of benefit to all club members. See information below regarding registering on the site.

### Taken from the Guidelines for Club Web Page Managers: by District 22 Webmaster—Ros Kinder

#### How does a member of the Club register for the District 22 site?

Go to the opening page – <http://zontadistrict22.org> and in the top left-hand corner, click on the words 'Not A User? Register Today'.

This brings up a new page "Member Registration". There are mandatory fields which must be filled out but it is preferable to provide as much information as you can. Don't forget to submit your form once filled in.

In response, the member receives an email from WordPress advising that their registration is awaiting approval. A further email is sent from WordPress when the registration has been processed.

Approval is usually within 24 hours and members can then log in using their chosen Username and Password.

**TIP:** As the District site and the Zonta International site are not interlinked, separate log in information is required for each.

#### What happens if a member forgets her password?

Click on the Log In in the top right-hand corner of the Home Page.

The words "Forgot password?" are just under the Log In box. Click on these and enter either your username if you remember it or your email address. You will then receive a link via WordPress to the email address you have previously registered.

Once this new password is received, the member should log on using it and then go to her personal details to change the password to one of her choosing.

When logged on the member will be taken directly to a Profile Page which gives the option to Edit personal information or change passwords. Click on "Change Password" and enter a password which can be remembered. After changing the password, click Update Password.

**TIP:** The interim password from WordPress is long and complicated so it is best to copy and paste it into the form.

**TIP:** If the email from WordPress does not appear in your Inbox (it is immediate) check for it in your Trash or SPAM folder.

#### Can a member update personal details?

Yes. There are two ways this can be done.

Log in as above and when the Profile page appears, click on 'Edit My Information'. Update the information and then Click on 'Submit'; or

When logged in, click on your name in the top right corner of the page (there is a greeting 'Hello, your name'). After making the required changes (e.g. user details or password) click on the words 'Update Profile'.

Wait until a message appears at the top of the page that the details have been updated.

**TIP:** Usernames cannot be altered and email addresses can't be used twice. If you get a message that either that the Username, email address or Password is already in use OR that the system doesn't recognise you, please contact Ros Kinder at [roskind@bigpond.net.au](mailto:roskind@bigpond.net.au)

*Zontians invest in an equal future for women and girls.*

**Contacts:**  
Zonta Club of Rockhampton Inc.  
P O Box 323  
Rockhampton 4700  
**President:** Meredith Sutherland  
[glendon@tpqi.com.au](mailto:glendon@tpqi.com.au)  
**Vice President:** Catherine Dunbar  
[catherined@stursulas.qld.edu.au](mailto:catherined@stursulas.qld.edu.au)  
**Newsletter Editor:** Berenice Payne  
[berenice.a.payne@bigpond.com](mailto:berenice.a.payne@bigpond.com)  
Email: [rockhampton@zontadistrict22.org](mailto:rockhampton@zontadistrict22.org)  
Rockhampton Webpage: [www.rockhampton.zontadistrict22.org](http://www.rockhampton.zontadistrict22.org)  
District 22 Website: [www.zontadistrict22.org](http://www.zontadistrict22.org)  
Zonta International Website: [www.zonta.org](http://www.zonta.org)  
Contributions to this Newsletter are welcome.  
Please email articles/photos to Editor—Berenice Payne.  
A PDF version of this eNewsletter is available [here](#).



*As a Zontian, you are an advocate for women and girls.*



*As a Zontian, you are one of 29,000 Zontians making a difference.*

Zonta clubs around the world.  
(Click [here](#) to find Zonta Clubs around the world).



**Zonta District 22**  
Queensland and Northern Rivers Inc. NSW

*'empowering women worldwide through service and advocacy'*