

ZONTA
INTERNATIONAL
DISTRICT 22
EMPOWERING WOMEN
THROUGH SERVICE & ADVOCACY

OCTOBER 2015

Kaye Lollback



October is certainly a busy month for many awareness campaigns.

Sexual Violence Awareness Breakfast was hosted by the Gold Coast Centre Against Sexual Violence at the Sharks

Leagues Club. The speakers are united in their resolve to end this unacceptable behaviour toward another person.

“It’s Time for Hope” was the theme and Rotary launched a book for survivors of sexual assault. Resources are available on their website. If you or anyone you know needs help please take a look you can find many tools to assist you about what to say and how to help.

<http://www.stopsexualviolence.com/pages/resources.php>



We are all by now familiar with Breast Care Awareness and October is also the month to remind all women to get those breasts checked.



Julia Foreman

Health Promotion Officer with QLD Health would like you to know...

“October is Breast Cancer Awareness Month, a great time to spread the word and encourage family and friends to be breast aware and keep up-to-date with regular screening. BreastScreen Queensland provides free breast screens for women from the age of 40. Women aged between 50 and 74 years are especially encouraged to attend breast screening every 2 years as research shows women in this age group gain the greatest benefits from regular screening. Services are permanently located at Helensvale, Southport and West Burleigh and some after-hours appointments are on offer. There’s no better time than now to look after your breast health and encourage others to do the same. To arrange a free appointment at your nearest BreastScreen Queensland service phone **13 20 50.**”

The Minifield of Women is also an annual event. This year it was held at Tumbulgum. The breakfast is to celebrate life. Jane Kelly organizes this event, Jane is Tweed Hospitals Breast Care Nurse. In 2015 the *Mini-field of Women* will again be a special way for the community to link people together to support and pay tribute to local women with breast cancer.

Ladies who have endured breast surgery are always thankful for Zonta’s Breast Cushions. These are donated by our club free of charge. We are very grateful to the ladies of the Broadwater Village Craft Club who continue to assist us with the making of the cushions. Zonta Breast Cushions are provided as a community service, for women, after breast surgery. The cushion is used for support while sleeping, protection while shopping or from pressure of a seat belt, and for comfort.



Blue Illusion Robina support many local community service organisations and we were lucky once again to have their support this month. The fashion parades are always great fun. Members model the fashions and strut the catwalk as well as any pro. Susie, Tanya and Lesley-Anne looked amazing wearing the latest trends. We are hopeful of adding much needed funds with 15% of sales going toward our projects.



Domestic violence within our community is at an obscene rate.

Domestic violence

accounts for between 32 and 47 percent of all homicides annually.

The majority of these victims were killed in their own homes.

Killed.

In their own homes.

By people they know and trust.

(Australian Institute of criminology)



It is important not to forget that these women are grandmothers, mothers, sisters, aunts or friends. Not just a statistic but someone whose life was cut short, that someone also has a face. The poster below says it all.

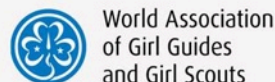
This is not a tally to be proud of. Please seek help if you or anyone you know is in this situation. Contact the Gold Coast Domestic Violence Prevention Centre (07) 55329000

VOICES AGAINST VIOLENCE

Follow our social media networks to stay up to date and get first-hand reflections as Zonta International Senior Communications Coordinator Kate Trusk Edrinn joins WAGGGS and UN Women as an observer for the third Voices against Violence workshop in New York.

Twitter: @ZontaIntl
Facebook: /ZontaInternational
Instagram: @ZontaIntl

www.zonta.org





Zonta Club of Southern Gold
Coast-Tweed Area Inc

Member of Zonta International

DIARY DATES

Coming up!

Birth Kit Assembly Day

Sunday November 1st, 2015.

Meet at 10.30am. (NSW Time) Morning tea 11.00am.

Info & Kit assembly to follow...11.30am

Venue: Sth Tweed Sports Club.

4 Minjungbal Drive Tweed Heads South.



The Zontian is available on line. Take a look click on the link below;

http://issuu.com/zontainternational/docs/zontian_sept2014/0

This month's TED talk:

Leslie Morgan Steiner was in “crazy love” — that is, madly in love with a man who routinely abused her and threatened her life. Steiner tells the dark story of her relationship, correcting misconceptions many people hold about victims of domestic violence, and explaining how we can all help break the silence.



Watch by clicking the link below:

http://www.ted.com/talks/leslie_morgan_steiner_why_domestic_violence_victims_don_t_leave

Conviction, Commitment, Courage

Go to the Welcome from our Zonta International President, Maria Jose Landeira Oestergaard, to find out more https://www.youtube.com/watch?v=HjI81x_bT-A&feature=em-sub_digst

Zonta Southern Gold Coast Tweed

<http://www.zontadistrict22.org/district-22-clubs/zonta-club-of-southern-gold-coast-tweed-inc/>



https://www.facebook.com/pages/Zonta-Club-Southern-Gold-CoastTweed/152403848166376?ref=br_tf

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